

Hanbuk bilong givim skul long lukautim pato

Transleson bilong buk 'Duck Farming Trainer Manual'

Markus Muntwiler

The Salvation Army
Agricultural Program
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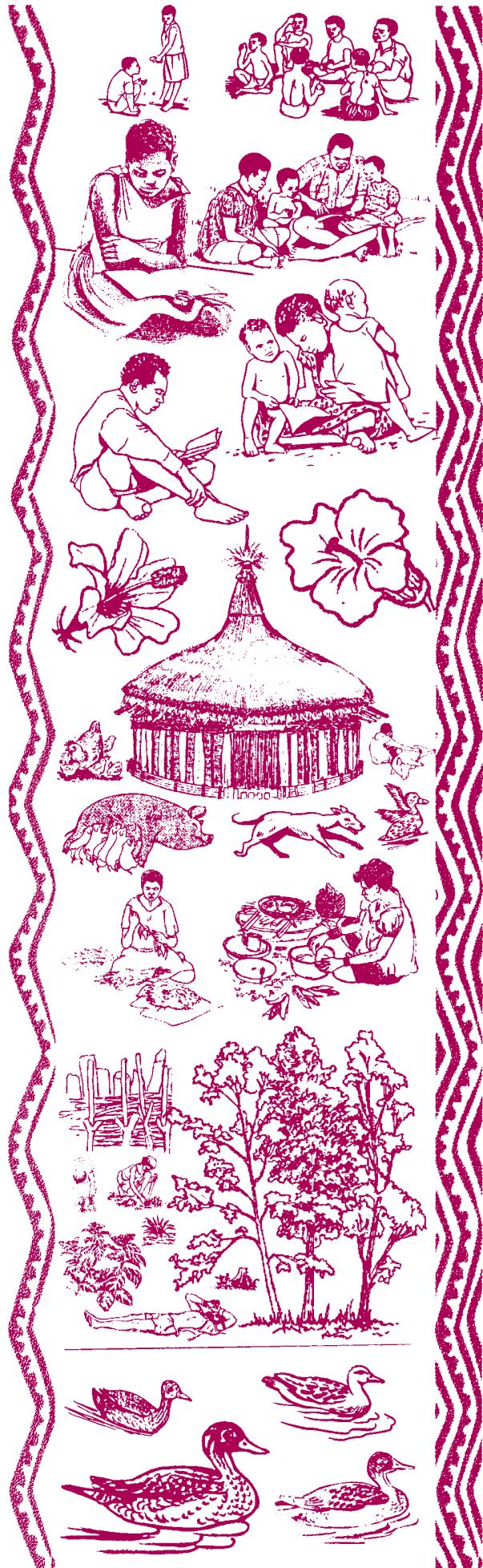
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1 Welkam

Dispela hanbuk bilong ol tisa inap long helpim yu long mekim wanpela trening skul long lukautim Maskovi Pato. I no gat nid long yu ritim planti arapela buk, tasol em i gutpela sapos yu go long wanpela trening skul ol Salvesen Ami Didiman Program o arapela ogenaisesen husat i wok long holim trening skul wantaim dispela hanbuk i save mekim.

I gat wanpela bikpela samting yu mas tingim. Ol fama bilong Maskovi pato insait long Papua Niugini i painimaute olsem, lukautim Maskovi pato i gutpela long ol ples bilong Papua Niugini we i gat planti ren. Ol fama long Hailans (1000 mita antap long solwara) i gat hatwok long lukautim ol Maskovi pato. Ol i mas givim spesel kaikai (stock feed) long ol, sapos ol i laikim ol pato i kamapim ol liklik pikinini. Sapos ol pato i no kisim kaikai tru, sampela taim ol i save kaikaim kiau bilong ol yet. Long ol ples i wet na hat liklik, ol hul wara i stap, na insait long ol dispela hul wara i gat planti moa kaikai olsem liklik binatang (maikro-ogenism olsem phytoplankton na protoplankton) i stap em abus bilong ol. Long dispela as pasin bilong lukautim gut ol pato long ol dispela eria i no hatwok tumas. Narapela as i mas dispela kol bilong Hailans i kamampim dai bilong ol yangpela pato. Tasol moa wok yet i mas kamap long painimaute as tru bilong wonem ol Maskovi pato i no kamap gut long Hailans bilong Papua Niugini.

Mipela bai amamas tru long harim ol samting yu mekim pinis wantaim dispela hanbuk. Olsem na long arere bilong dispela buk mipela putim wanpela pepa, na mipela bai amamas tru sapos yu pulimapim na salim i kam long adres i stap long dispela pepa. Ol poin bilong yu bai i helpim mipela long mekim buk i kamap gutpela moa taim mipela laik prinim gen dispela hanbuk.

God i blesim yu!

2 Tok amamas

Man husat i raitim dispela buk i soim amamas bilong en na tok tenkyu long ol lain husat i helpim long kamapim dispela hanbuk. Pastaim tru mi laik tenkyu long ol trening skul tisa (John Hagen, Janet Nehaya, Anis Libada, Sekom Kogedu na Moses Naewa) bilong Salvesen Ami Didiman Developmen Program long ol sapot yupela i bin givim na ol fil test (field-testing) yupela i bin mekim. Ol i givim planti tingting, na dispela trening hanbuk i kamap gutpela moa. Mi tenkyu tu long ol helpim bilong ol wokman bilong National Agriculture Research Institute bilong PNG (NARI) long Labu (Dr. Pika Kuhun, Andrew Thomas na Monika Mazi), long ol konsaltan bilong Australian Contribution long National Agricultural Research System (ACNARS), long wanpela program bilong AusAID i givim mani (Rob Shelton, Dr. Alan Quartermain, Dr. Ian Grant, Dr. David Askin na Sue Philpott). Salvesen Ami HIV/Aids tim i givim lesion long HIV/Aids na Elisabeth Cox i helpim mi long raitim lesion bilong tokaut long pasin bilong man na meri i stap gut wantaim (gender awareness).

Mi laik tok tenkyu tru long ACNARS Outreach na Liaison Adviser Rob Shelton. Na bikpela tenkyu i go tu long Dr. David Askin long sapotim mi wantaim bel tru na long ol gutpela na bikpela samting em i bin mekim long kamapim dispela hanbuk.

Tenkyu tu i go long Christy Wahani, Goroka, long tanim tok bilong dispela buk i go long Tok Pisin.

Oi lain bilong SIL prinsop (design and layout team) i mekim dispela buk i kamap gutpela tru. Mipela i bin amamas tru long wok wantaim ol. Joanne Totome i bin mekim gutpela wok tru. Tenkyu tru.

Las, tasol i no las tru, mipela laik tok tenkyu long PNG Incentive Fund i bin givim sapot wantaim mani long Didiman Dvelopmen Program bilong Salvesen Ami stat long krismas 2000.

Wantaim dispela buk mi laik givim biknem long papa bilong mi, Raymond Muntwiler, i bin dai pinis long dispela Kirsmas. Taim em i dai ol manmeri bungim moni long tingim dai bilong em na mipela i printim dispela buk wantaim dispela moni.

HAP 1

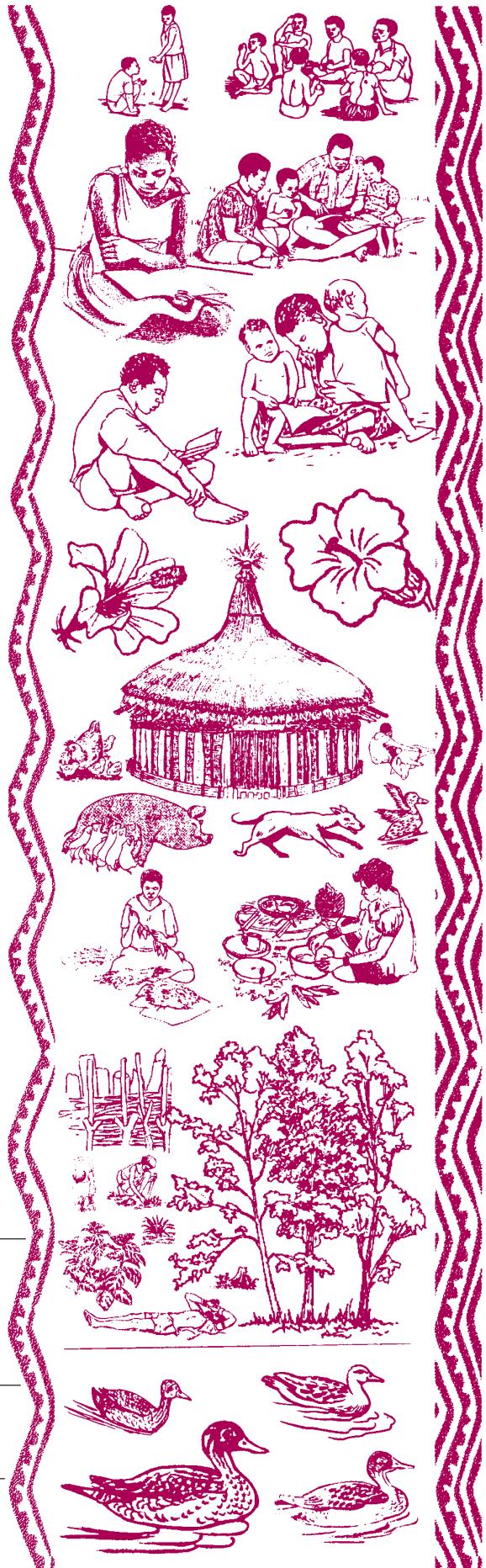
Tok i go pas long
hanbuk i soim
wanwan step ol
tisa i mas
bihainim long
taim bilong
mekim skul
bilong lukautim
Maskovi pato

As tingting na luksave bilong dispela buk

Olsem wonem bai yu yusim dispela trening skul
hanbuk

Sampela bikpela poin yu mas save na tingim

Sampela tingting bilong mekim gutpela trening skul
bilong ol fama na sampela bikpela poin



3 Tok i go pas

3.1 As tingting na luksave bilong dispela buk

Dispela buk em bilong husat?

Dispela buk em bilong ol wokman bilong didiman na wokman bilong developmen, husat i laik holim trening skul bilong lukautim Maskovi pato. Buk i soim olsem wonem yu ken mekim wanwan lesion i kamap gut na i go isi. Buk i givim yu sampela toktok bilong as tingting long lukautim Maskovi pato insait long Papua Niugini na long arapela kantri tu. Taim yu kamap klia long wanwan step bilong ol dispela lesion, bai yu no inap lukluk tumas long dispela buk, na bai yu inap mekim lesion long rot i helpim gut ol nid bilong yu na bilong ol dispela lain i kam long skul.

Bilong wonem yumi yusim dispela buk?

Hamas taim yu harim ol wokman bilong wok didiman i tok, "Ol dispela fama i longlong. Ol i no save mekim wonem samting mi tokim ol long mekim?" Ol i bin traim, tasol ol i no inap, long wonem, ol wokman bilong wok didiman i no larim ol fama i ken givim tingting bilong ol tu na traim aut ol nupela tingting. Ol i no painimaute na save gut, dispela samting ol i lainim bai i wok, o nogat. Olsem na sampela fama i no klia long tingting na ol i no yusim ol. Dispela buk i laik helpim yu long skulim ol fama gut, na bai ol inap long painimaute long wonem samting ol i laik mekim taim skul i pinis. Ol tu bai kisim save long yusim ol lesion gut na mekim wok, na olsem wonem ol i ken goan long yusim dispela save long bihaintaim tu.

Sapos yu kisim taim long ritim gut dispela buk, bai yu painimaute ol lesion i no hatwok tumas. Na sapos yu bihainim ol dispela lesion, bai yu no westim taim. Nogat. Skul bilong yu bai i kamap gut na hatwok bilong yu bai i no lus nating.

Dispela buk i laik kamapim wonem samting?

Buk bilong lukautim Maskovi pato i laik helpim ol wokman bilong didiman na ol wokman bilong developmen long

- long mekim ol fama i kamap gutpela long lukautim na kamapim gutpela pato
- helpim ol fama i ken save long ol bikpela poin ol i mas tingim, taim ol i laik lukautim sampela Muskovi pato bilong ol yet
- tokim ol fama na ol i ken klia long kain rot olsem:
 - Olsem wonem ol i ken kirapim wanpela gutpela bisnis.
 - Olsem wonem ol i ken kisim gutpela kaikai.
 - Kisim save long wonem kaikai i gutpela long man i kaikai.
 - Save long gutpela graun na graun nogut.
 - Save long HIV/Aids na long olkain sik na wok bilong ol manmeri i wok bung wantaim.

Buk bai i mekim dispela samting long rot olsem:

- Givim taimtebol bilong trening skul, givim ol lesion plan i bihainim wanwan step, na toksave long as tingting bilong lukautim Maskovi pato na ol arapela rot bilong developmen.

- Givim strong long fama na kirapim bel na tingting long redim wanpela ples long lukautim pato
- Helpim yu tisa long luksave long kisim klia tingting bipo long ol fama i ken kisim na kamapim ol nupela tingting na wok strong na mekim wok i go gut. Ol i mas gat klia tingting bilong wonem dispela em i bikpela samting long behain sindaun bilong ol.

Olsem wonem ol i bin ogenaisim dispela buk?

Dispela hanbuk i gat 21 lesion wantaim planti samting long mekim (activities). Namba wan hap bilong trening skul em lesion 1 i go long lesion 6. Long dispela hap yu bai skulim ol fama long kirapim liklik fam bilong Maskovi pato. Leson 7 i go 13 em namba tu hap, na long dispela hap yu bai soim ol olsem wonem ol i mas lukautim ol abus. Leson 14 i go 17 i gat ol arapela tok long mekim wok fam i kamap gut. Sampela tok bilong HIV/Aids na tok bilong gutpela pasin long ol man na meri i ken stap gut wantaim tu i stap. Leson 18 i go 21 em long mekim namba tu skul. Dispela skul bai i kamap 9 - 12 mun bihain long nambawan trening skul i bin kamap. Namba tu skul em bilong strongim ol tok yu bin givim long namba wan skul na long givim sampela moa gutpela tingting na save long ol fama.

Wanwan lesion i gat sampela poin yu mas skulim long ol fama na sampela samting ol fama yet i ken mekim. Long mekim ol lesion i go isi, oltaim sampela tok i stap aninit long ol dispela het tok:

- Mak lesion i sut long en na as bilong lesion, o wonem samting fama bai i lainim
- Hamas taim yu mas kisim long skulim lesion
- Ol material samting bilong yusim long taim bilong skul
- Olsem wonem bai yu mekim lesion
- Sampela toksave bilong kliaim tingting bilong yu long skulim lesion
- Sampela tingting bilong helpim tisa
- Ol foto

Long planti lesion bai yu mas yusim ol tul olsem blak bot, maskovi pato, hama na so na sampela moa ol samting, long wonem, skul tru tru insait long klas rum bai i kisim liklik taim tasol.

3.2 Olsem wonem bai yu yusim dispela trening skul hanbuk

Dispela trening skul hanbuk i laik soim yu olsem yu ken mekim wanpela skul bilong lukautim Maskovi pato. Ating yu bai mekim sampela liklik senis sapos yu no gat ol dispela samting mipela tokaut long yusim. Olsem na yu mas mekim skul long skel bilong yu yet wantaim ol samting yu gat. Tru, Salvesen Ami didiman developmen tim i bin givim sampela kaikai, ti na kopi long ol manmeri i kam long skul. Ol lain i kam long skul ol i bin baim ol abus tasol, na karim liklik kaikai na paiauwut i kam. Na tu, tim bilong Salvesen Ami i no bin askim long baim skulfi.

Mipela i bilip olsem trening skul i ken kamap long pei i daun na isi rot. Kaikai em yumi no laikim, long wonem, planti manmeri i no save kaikai long belo insait long ol ples long PNG. Sapos yupela i laik kaikai wantaim long taim bilong woksop, orait ol manmeri i ken

Iukautim ol yet na kisim kaikai i kam. Ol manmeri i ken baim tisa bilong ol wantaim kaikai, o sampela kopi bilong salim, o long narapela rot. Wanwan manmeri i ken i gat wok long painim ol material samting olsem ol nil, ol tul na ol liklik hap bilong taia na sampela moa samting. Salens tru bilong yu em long painim abus bilong ol fama na trentotim o i go long ples. Long Sapta 9.1 yu ken lukim wanpela lista bilong ol adres we yu inap kisim ol gutpela abus long gutpela prais insait long PNG.

Redim ol samting pastaim na bihain yu stat

Pastaim long yu statim wok wantaim wanpela fama grup yu mas:

- Ritim gut dispela hanbuk inap yu klia gut long wanwan lesion na as tingting bilong en.
- Yu yet i mas iukautim sampela Maskovi pato bilong kisim save na klia tingting pastaim na bai yu save long wanem samting yu toktok long em.
- Bungim olgeta samting (material) yu bai yusim long taim bilong skul olsem lista i stap long sapta 10.1 i tok.
- Sapos yu givim aut sampela Muskovi pato long ol fama, ol i mas bungim sampela mani inap long karamapim skul bilong ol, long hamas moni yu lusim long baim pato, na ol pato bai i kamap pato bilong ol stret.
- Toksave kwik long ol fama olsem bai yu kam long dispela taim o de. Bai ol i harim na redim ol yet na wetim yu. Yu no ken salim tok i go behain tumas.

Wokim ol tul bilong yu yet

Sapta 10.1 i soim rot bilong redim ol tul bilong yu yet long yusim long taim yu laik kamapim wanpela trening skul. Plis tingim olsem dispela ol lista i givim toksave long helpim na soim rot tasol.

Tul bokis i mas fit long pasin bilong wokim haus ol manmeri long hauslain i save bihainim (rot bilong wokim pato haus) na long wonem ol samting i stap raun klostu (diwai, bus material na olkain samting olsem).

Makim husat na hamas manmeri bai stap insait long grup

Taim yu yusim pasin bilong mekim skul olsem dispela buk i soim (planti wok na toktok wantaim ol lain i stap long skul), grup i no ken winim 20 manmeri. Em i bikpela samting long ol marit lain i ken wok bung wantaim. Insait long kantri PNG ol meri i save iukautim ol abus, olsem na kam bilong ol long trening skul em bikpela samting tru.

Mipela i painimaute pinis olsem, mobeta mipela ronim skul long wanwan hauslain yet. Sapos sampela liklik lain bilong wanpela hauslain i kam lainim samting long trening skul, ol bai i save haitim gut tru ol toktok bilong iukautim Maskovi pato ol i bin lainim. Taim ol i kam bek long ples, ol i no save tokaut long ol arapela manmeri bilong hauslain na lainim ol tu. Dispela i mekim na kain kain tingting nogut na pasin mangal i save kamap, na dispela i bagarapim hatwok bilong fama. Sapos planti manmeri bilong wanpela hauslain (samting olsem 50 % na moa) i kam lainim samting long trening skul em bai hat tru long haitim save ol i bin kisim, na toktok bilong iukautim pato bai i go raun moa moa yet long ples. Sapos

wanpela o tupela fama tasol long wanpela hauslain i lukautim ol pato, bai i gat bikpela warilong pasin bilong stil. Olsem na mipela i tok strong long skulim ol fama bilong wanpela hauslain tasol long wanwan skul, na bai planti manmeri insait long hauslain i laik lukautim pato na i save gut long mekim dispela wok.

Visit bilong redim skul

Wanpela o tupela visit bilong redim skul i mas kamap long hauslain pastaim long trening skul i kamap, inap long ol manmeri husat bai i kam long skul i ken save long wonem ol samting ol bai i mekim. Long dispela visit bilong redim skul yu mas toktok long ol dispela poin wantaim ol manmeri:

- Skul fi
- Ples bilong holim trening
- Kaikai bilong ol manmeri i kam long skul
- Haus bilong ol tisa
- Ol manmeri i mas redim ol yet gut long trening skul. Sampela samting ol bai mas tingim pastaim na kam long skul:
 - Husat bai lukautim ol pikinini bilong ol lain manmeri i kam long skul?
 - Husat bai kisim kaikai long gaden na lukautim ol manmeri long skul?
- Wonem hap bai ol i laik wokim wanpela haus na banis bilong pato?
- Sampela samting ol manmeri i mas tok orait na wanbel long mekim pastaim long skul i stat:
 - Man na meri tupela i mas kam long skul na stap long 6-pela de olgeta.
 - Ol i mas redim kaikai na paiawut.
 - Ol i mas painim ol diwai samting bilong wokim haus pato long taim bilong skul.
 - Wanwan manmeri i laik kam long skul i mas painim ol diwai samting bilong wokim bokis bilong putim kiau na bokis bilong ol bebi pato (nest box and brooder).

Ating mi mas bihainim ol lesон long oda?

Dispela hanbuk i gat 21 lesон na wanwan lesон i gat tupela hap, wanpela hap bilong skulim samting na narapela hap bilong wokim samting. Yu mas bihainim gut ol lesон long oda, long wonem, wanwan lesон i givim fama ol tingting na save em i mas kisim long narapela lesон na i helpim em long kamap gutpela pato fama. Yu ken surukim trening skul na putim sampela lesон i kam insait, sapos yu laik.

Trening skul i kisim hamas taim?

Trening skul i kamap long tupela hap. Namba wan hap i kisim tripela de, na hap tu i kisim narapela tripela de gen. Tasol, sapos ol fama i gat liklik material i stap long wokim haus bilong pato long namba wan hap bilong trening skul, yu ken surukim wanpela o tupela de moa.

3.3 Sampela bikpela poin yu mas save na tingim

As tingting

Long kirapim tingting na surukim laikim bilong God i go aut, didiman tim bilong Salvesen Ami i wok long go insait long bus ples long helpim ol manmeri long luksave long wanwan rot ol i ken kamapim gutpela kaikai na kisim long helpim bodi bilong ol i ken kamap gut na strong. Dispela tim i wok strong insait long Isten Hailans provins bilong PNG.

Oi hausik wokman bilong Salvesen Ami i bin painimaut olsem, long ol eria ol i bin sekim 67% bilong ol pikinini i no winim 5-pela krismas yet, ol i gat dispela sik bun nating. Olsem na didiman tim i lukluk long kamapim moa gutpela kaikai (protein) long ol ples we ol i wok long en.

Inap long 1998 didiman tim i holim pinis moa long 30 wan wik trening skul bilong lukautim rebit, muskovi pato na kakaruk. Taim skul i pinis ol i save go visitim ol fama na sekim wok bilong ol i go gut o nogat, na ol i save skulim ol moa yet. Long dispela as dispela trening program bilong didiman tim i kamap gutpela tru na i karim kaikai.

Salvesen Ami Divelopmen Sevis i kamapim tu ol skul long ples level long olkain arapela samting olsem Ples Lida Trening, lukautim ples na toilet (tromoi pipia gut long ples bilong en na kain samting olsem), wokim toilet, samapim klos, painim rot bilong kirapim wara saplai, helpim mama taim nupela bebi i kamap, na skul bilong kisim save long rit na rait. Sapos rot i op, ol hanbuk bilong trening skul i karamapim ol dispela eria bai i kamap long bihaintaim tu.

Oi toktok i bikpela tru insait long skul

Pasin bilong ol man na meri i ken stap gut wantaim, HIV/AIDS, pasin bilong lukautim ol samting i stap raun long yumi, samting long sait bilong lotu pasin na pasin bilong kisim mani, dispela ol samting em ol bikpela toktok bilong olgeta man.

Long planti lesion bilong ol dispela skul sampela skul i save kamap long pasin bilong ol man na meri i ken stap gut wantaim na long pasin bilong lukautim gut ol samting i stap klostu long yumi olsem na bus na wara. Na moa yet, wanelpa spesel lesion long wanwan topik mipela bin tokaut antap long en, i stap insait long trening skul.

Kisim mani em wanelpa bikpela tok insait long olgeta hauslain. Olsem na dispela ol treining skul bilong Salvesen Ami i laik skulim ol manmeri long kisim mani long gutpela rot. Sampela skul long ol sabsek bilong helt na ol skul bilong skulim pasin bilong rit na rait tasol i no gat dispela as tru long kisim mani. Olgeta trening skul i laik skulim Kristen pasin, na long wanwan trening skul sampela lotu o moning lotu bai i kamap.

Mipela i tok strong long kirapim tinting bilong yu ol tisa long surukim tok save. Em i bikpela toktok.

Kamap strong long Kristen laip

Kamap strongpela Kristen em i bikpela samting long Salvesen Ami. Mipela ol manmeri i gat tripela samting olsem bodi, sol na spirit. Long mekim laip bilong yumi i kamap strong na ol samting i stap raun long yumi i ken i stap gut, yumi mas tingting gut na lukautim gut ol dispela tripela samting. Mipela i bilip olsem ol manmeri i laikim stia na helpim bilong God bilong kamapim gutpela laip. Olsem tasol komyuniti na ol samting i stap klostu long yumi i ken i stap gut na givim biknemi long God Papa i bin wokim olgeta samting. Mipela i bilip tu

olsem taim bilong lotu long moningtaim em gutpela samting tru long helpim ol manmeri i ken kisim strong na stap gut, na ol trening skul i ken ran gut. Mipela i laik strongim ol skul lida long redim lotu o askim pasto bilong ples o sampela long ol manmeri i stap insait long skul i ken skelim Baibel tok wantaim ol manmeri long skul wanwan moning. Sapta 7 i givim yu 6-pela as tingting bilong lotu i go fit wantaim skul.

Oi toksave bilong skul

Oi toksave bilong skul i laik kliaim tingting bilong yu long wonem samting i stap long ol lesion. Aninit long wanwan toksave i gat spes long yu ken raitim tingting bilong yu na wonem samting yu lainim na save pinis na ol arapela tingting i helpim yu wantaim lesion.

Tingting bilong helpim tisa

Oi manmeri i kamap bikpela pinis, ol i gat laik long save gut long as bilong ol samting. Oi i laik save long wonem as ol i save mekim o wokim samting. Dispela i mekim na ol i amamas long lainim ol nupela samting. Oi poin i stap aninit long ol dispela het tok ‘Tingting bilong helpim tisa’ i laik helpim tisa long mekim skul i kamap gutpela tru na givim amamas long ol lain i stap long skul. Oi i helpim long kirapim ol sumatin long lainim moa na moa samting na go het long lainim. Oi ‘Tingting bilong helpim tisa’ i save givim olkain aidia long tisa na helpim em long mekim laik bilong ol manmeri long lainim samting i go bikpela. (Wlodkowski R.J., 1999). Mipela bin yusim ol dispela tingting na aidia pinis long taim bilong mekim ol trening skul na ol i bin helpim tru.

Sampela pasin bilong lainim samting na ol trening poin

I luk olsem planti PNG manmeri na ol lain Melanesia i save lainim ol samting long narakain rot ol waitman i save lainim ol samting. Oi PNG manmeri i save lainim samting taim ol i lukim arapela i mekim samting, olsem lukim wanpela i danis na bihainim na ol yet tu i danis (mekim na lainim). Lainim samting i save kamap namel long wanpela grup na nogat lesion bilong sindaun tasol na skul.

Oi wait manmeri i save sindaun long skul na lainim samting. Oi i save lainim long rot bilong ritim buk, harim tok na raitim ol tok. Plantii skul long PNG ol tu i yusim dispela kain rot bilong skulim samting, na mipela klia long kain sistem. Skul bilong mipela i bin yusim dispela kain rot na skulim mipela, olsem na mipela tu i save skulim ol arapela long kain rot we mipela i save long en. Tasol sapos mipela i laikim skul bilong mipela i karim kaikai tru, orait em i bikpela samting tru long yusim kain stail we ol manmeri i save long en. Oi pasin bilong skul mipela yusim i mas wankain long pasin ol yusim pinis long ples taim ol i kamap bikpela manmeri. Oi bai tingim yet na yusim ol lesion, sapos ol lainim long dispela kain rot i makim stret kalsa bilong ol, long wonem, kalsa i bikpela samting tru long ol.

Mipela traim long yusim PNG kalsa stail skul planti insait long hanbuk bilong mipela. Tasol mipela i save olsem i gat rot yet long mekim sampela lesion i ken senis na kamap moa yet long stail bilong kalsa bilong PNG. Hia em ol sampela lo i helpim mipela long taim mipela i wokim trening hanbuk bilong mipela. (Rampel Robin,SIL, 1990).

- Toktok na raitim daun ol poin yumi harim (passive learning) em i mas liklik hap bilong lesion.
- Oi lesion i mas kirapim amamas. Soim planti piksa, yusim kain kain tok piksa, skelim kain kain rot bilong mekim ol samting yu skulim, soim insait bilong ol tok na mekim askim. Long dispela rot bai yu kirapim ol manmeri long harim gut na tingting

long ol samting ol i lainim. I gutpela long autim wanpela stori, mekim pilai, o wokim wanpela piksa long soim gut olgeta poin bilong samting yu skulim.

- Mekim samting long soim arapela, mekim pilai (drama), droim ol piksa, singim song, sindaun toktok wantaim, mekim resis, askim na bekim, wokim samting long han na olkain arapela rot bilong strongim tok skul. Ol dispela kain skul i mas stap bikpela hap bilong wanwan lesion.
- Statim wanwan skul long soim wonem samting yu ting long ol manmeri i mas kisim save na kamap wantaim bihain long pinis bilong skul. (Yusim ol poto na ol samting yu wokim pinis long soim ol, o go lukim wanpela fama husat i wokim pinis ol samting ol manmeri bai lainim yet.)
- Sapos yu inap, yusim trupela samting (ol abus, ol diwai na sampela samting moa) na wokim skul long ples stret we ol dispela samting i stap.
- Kisim taim bilong bekim ol askim na kliaim tingting bilong ol manmeri long samting ol i no klia long en. Sapos ol i no gat askim long askim taim yu bin givim lesion pinis, dispela i soim olsem ating ol manmeri i paul tru, olsem na ol i no save wonem samting ol bai askim. Yu yet mas mekim askim long ol tu, na dispela i soim yu, ol manmeri i klia na lainim wonem samting yu traum long skulim ol.
- Traum long mekim ol manmeri i filim fri long toktok long taim bilong trening skul. Skul i mas kamap samting bilong amamas na pilai.
- Go ova long olgeta wanwan lesion na bihain, taim skul i pinis, go visitim ol manmeri na sekim wok bilong ol na skulim ol moa yet. Dispela em i olsem ki bilong givim gutpela trening.
- Long redim gutpela lesion bilong skul we ol manmeri i ken mekim ol samting na tokaut long tingting bilong ol (active learning) i kisim planti taim na i winim taim yu laik long redim wanpela lesion we ol manmeri i harim na raitim tasol (pasive learning). Tingim dispela na kisim taim bilong yu long redim ol lesion gut (Sanders, A. 1998).

3.4 Sampela tingting bilong mekim gutpela trening skul bilong ol fama

Ol sampela bikpela poin bilong tingim:

- Laikim bilong God i mas i stap namba wan long tingting bilong yu na yu mas givim taim bilong yu long ol fama na wok bilong yu wantaim.
- Yu mas stap wantaim ol fama long ples bilong ol, kaikai wantaim ol, slip na stori gut wantaim ol. Sapos yu stap klostu long ol manmeri, dispela bai i helpim na ol manmeri i op tru long lainim ol nupela samting na ol pasin na rot bilong mekim wok yu laik skulim long ol.
- Yusim ol abus i kamap gut long PNG na ol rot bilong skulim ol manmeri i fit wantaim kalsa bilong ol.
- Askim ol fama long stap tru long skul pastaim long skul i stat. (Mipela save askim wanwan fama long baim wanpela skul fi wankain long kost bilong ol abus mipela save givim aut long taim bilong trening skul).

- Behain long sampela mun yu mas go aut gen na sekim ol fama na abus na givim sampela sot skul long helpim ol gen.

Tingting bilong helpim tisa

Mekim pastaim ol samting yu bai tokaut long en

I no gutpela long yu stap tisa tasol ... Yu mas stap man o meri bilong mekim samting tu. Dispela i gat mining olsem, sapos yu skulim ol manmeri long wanpela samting na yu laikim tru long ol i mas lainim gut dispela samting, orait pastaim yu yet mas mekim ol samting yu laik skulim ol.

1. Sapos yu laik skulim ol manmeri long wokim gaden - pastaim yu mas lukluk long gaden bilong yu yet. Ating yu save bihain olkain rot na pasin bilong mekim gaden bilong yu i kamap gut tru na dispela pasin bilong mekim wok bai i helpim ol arapela fama?
2. Sapos yu laik skulim ol manmeri long lukautim pato - lukluk long ol pato bilong yu. Sapos yu no gat pato, na yu no bin lukautim ol pato bipo, yu no ken traime long skulim arapela.
3. Ol samting yu bin mekim pinis bai helpim yu tru long skulim ol bikpela manmeri na ol yangpela tu. Ol i laik bilipim yu, na bilip bai i kamap sapos yu gat stori long tokim ol long ol samting yu bin mekim pinis.
4. Taim yu holim ol abus, ol manmeri bai i lukim olsem yu save pinis long holim ol gut na isi, na i no hatwok long yu holim tu ol bikpela strongpela abus.
5. Olsem na mekim pastaim ol samting yu bai tokaut long en!

Hap 2

Bihainim wanwan step bilong trening skul

Bihainim wanwan step bilong trening skul - Hap 1

Redim ol samting bilong trening skul - Hap 1

Taimtebol bilong trening skul - Hap 1

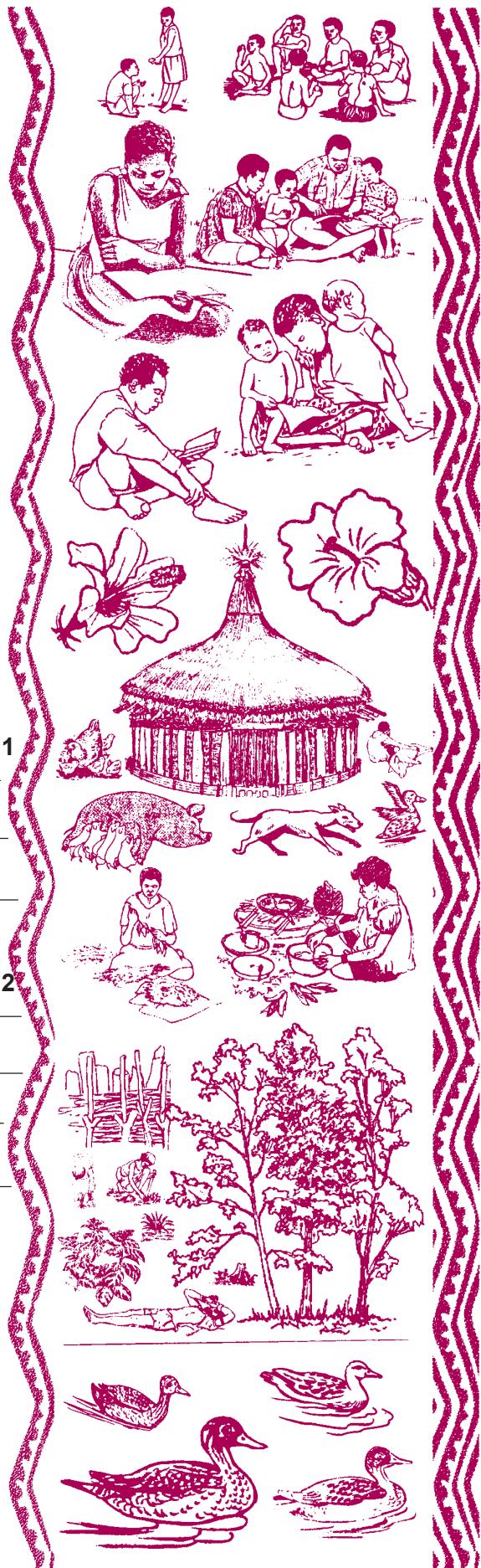
Leson plan bilong trening skul - Hap 1

Bihainim wanwan step bilong trening skul - Hap 2

Redim ol samting bilong trening skul - Hap 2

Taimtebol bilong trening skul - Hap 2

Leson plan bilong trening skul - Hap 2



4 Bihainim wanwan step bilong dispela skul

Dispela skul i gat tupela hap. Hap wan i kisim 3-pela de na hap tu i kisim narapela 3-pela de gen. Yu mas tokaut klia long ol manmeri olsem dispela skul i gat tupela hap. Em i gutpela tingting long tokim ol long stat bilong dispela skul, wonem samting bai ol i lainim long tupela hap wantaim.

4.1 Redim ol samting bilong dispela skul - Hap 1

Yu mas redim olsem:

- Ol nil
- Ol insis katim long olpela taia.

Na tu samting olsem waitbot o blakbot, nem tek, ol buk bilong pato, ol makim pen na sampela moa samting long usim insait long skul bilong pato. Dispela ol samting em bai helpim yu gut long dispela skul. Tasol yu tu inap mekim wanpela gutpela skul, maski yu nogat ol dispela samting. Wanwan lesion i gat lista bilong olgeta material samting mipela painimaut pinis i helpim tru. Wanpela bung lista i stap long sapta 10.2, pes 131.



*Redim ol skul material samting:
Ol nil na ol hinsis bilong olpela taia*



*John i raitim trening skul taimtebol
long stok fid bek ol i opim pinis long en*

4.2 Taimtebol bilong trening skul - Hap 1

Taimtebol bilong hap tu trening skul i stap long sapta 5.3, pes 47 bilong dispela buk.

Trening skul taimtebol – Hap 1

Taim	De Namba 1	De Namba 2	De Namba 3
8.00 - 8.30	Moning lotu	Moning lotu	Moning lotu
8.30 - 10.00	Leson 1 Welkam, kolim nem, toksave bilong skul, mekim ol i pilim isi, wanwan i stori long em yet.	Praktikel 1 Grup i wokim wanelpa haus bilong pato.	Praktikel 2 Wanwan fama i wokim bokis bilong putim kiau na bokis bilong ol bebi pato (nest box and brooder)
10.00 - 10.30	Kisim win	Kisim win	Kisim win
10.30 - 12.00	Leson 2 Tok i go pas long lukautim Muskovi pato	Praktikel 1 Go on long wokim haus bilong pato	Praktikel 2 Go on long wokim bokis bilong putim kiau na bokis bilong ol bebi pato
12.00 - 13.00	Belo	Belo	Belo
13.00 - 14.15	Leson 3 Olsem wonem bai yu statim liklik pato bisnis	Praktikel 1 Pinisim haus bilong pato	Praktikel 2 Pinsim bokis bilong putim kiau na bokis bilong ol bebi pato
14.15 - 14.45	Kisim win	Kisim win	Kisim win
14.45 - 16.00	Leson 4 Olsem wonem bai yu wokim haus bilong pato	Leson 5 Wokim bokis bilong putim kiau na bokis bilong ol bebi pato	Leson 6 Go ova long ol samting na wokim test

Sampela tingting bilong givim skul**Mekim taimtebol bilong skul**

Kisim wanelpa nupela stok fid bek. Katim na opim long sait na long aninit bilong em i ken kamap bikpela.

Yusim makim pen (permanent marker) na raitim taimtebol bilong trening skul antap long klinpela sait bilong dispela bek. Nau yu ken rolim o brukim dispela bek wantaim trening skul taimtebol na yusim gen na gen long ol skul bilong lukautim muskovi pato. Redim dispela taimtebol paslain long trening skul i kamap.

4.3 Leson plan bilong trening skul – Hap 1

Leson 1: Opim trening skul



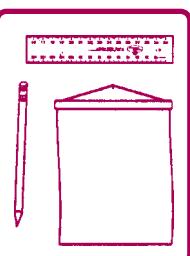
Mak yu laik sut long en na as tingting

- Kisim save long ol manmeri i kam long skul, mekim stori bilong yu yet long ol na mekim ol i ken sindaun isi na pilim gut.
- Tokim ol long wonem mak yu laik sut long en na long as tingting bilong dispela trening skul.
- Tokim ol klia wonem samting ol bai mas kisim i kam, wonem samting yu laikim ol bai mekim, wonem samting yu bai givim long ol na mekim bilong helpim ol.
- Givim tingting long ol manmeri wonem samting bai ol i lainim long skul.



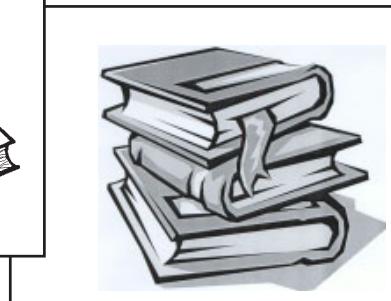
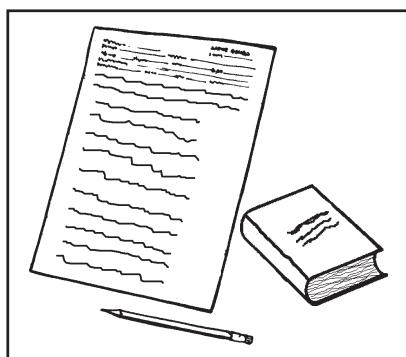
Taim

- 1 - 2 aua



Ol samting bilong yusim

- Lista long nem bilong ol lain i stap long trening skul.
- Nem tek (tags) bilong ol lain i stap long trening skul na bilong ol lain i givim trening.
- Ol buk i gat stori bilong lukautim pato, ol eksesais buk na pen bilong ol manmeri.
- Wanpela rol stiki tep
- Taimtebol bilong skul i redi pinis (lukim 4.2, pes 18)





Samting long mekim

1. Statim skul wantaim tok bilong God

Opim na pasim ol skul wantaim beten na sotpela lotu. Ol manmeri bilong PNG i save long pasin bilong lotu na em i hap bilong bilip bilong ol.

2. Kolin nem

Olgeta manmeri husat i givim nem long kam long skul i mas kam i stap. Yusim lista long ol nem bilong sekim ol dispela lain i kam i stap pinis.

3. Tokaut o stori long yu yet na ol tisa

Toksave na stori gut long yu yet na ol arapela lain skul tisa. Dispela i bikpela samting long ol manmeri i ken kamapim gutpela tingting long bilipim tok bilong yu na i gat laik long stap klostu long yu. Taim ol manmeri i bilipim tok bilong yu, ol bai kisim ol nupela tingting yu laik skulim ol long en. Tokim ol manmeri long ol dispela samting.

- Ples yu kam long en
- Famili bilong yu
- Wok bilong yu na ol samting yu bin mekim pinis
- Ol abus na fam bilong yu yet
- Bilong wonem yu laik holim dispela skul wantaim ol

Wanwan memba bilong tim bilong yu (ol tisa) i mas tokaut long ol dispela samting.

4. Stori bilong ol manmeri

Askim wanwan man na meri long kam long fran na stori long ol yet, givim nem bilong ol na stori liklik long ol yet. Em i bikpela samting long wanwan man o meri i givim sotpela stori long ai bilong ol arapela bilong grup. Dispela bai strongim ol long toktok bihain long taim bilong skul, na ol bai no pret tumas long askim ol askim. Em i helpim tu long mekim ol manmeri i sindaun gut na ol i amamas long toktok wantaim yu na ol arapela tisa. Em i helpim ol manmeri long tingim ol yet olsem hap bilong tim, taim ol i lainim samting wantaim.

Givim wanwan manmeri wanelpa eksesais buk, wanelpa pen, wanelpa nem tek na wanelpa buk i gat stori bilong lukautim Muskovi pato.

Raitim dispela ol askim long blakbot o long wonem samting yu bin kisim i kam bilong raitim long en, na askim wanwan man o meri long kam long fran na givim bekim long ai bilong ol arapela insait long grup:

- Yu kam long wonem hap?
- Yu marit na yu gat ol pikinini? Stori liklik long famili bilong yu.
- Yu save laikim tumas wonem kain kaikai?
- Yu lukautim wonem kain abus nau?
- Bilong wonem yu laik lukautim ol pato?



Wanelpa i stori long em yet long fran bilong grup

5. Ol as (goals) bilong skul

Raitim ol as bilong skul long wait/blakbot o redim ol long wanpela stok fid bek (lukim 4.2, pes 18). Pastaim larim ol manmeri i tokaut long ol gol. Bihain tasol yu putim lista bilong yu i go antap. Ol as bilong skul em bilong lainim ol dispela samting:

- Olsem wonem yu wokim wanpela haus pato
- Olsem wonem yu givim kaikai long ol pato
- Olsem wonem yu ken mekim ol pikinini pato i kamap
- Olsem wonem yu kilim ol pato na redim ol long kaikai
- Olsem wonem yu wokim bokis bilong putim kiau na bokis bilong ol bebi pato

Na tu:

- Wanwan treni bai wokim pato haus na banis wantaim bus material
- Wanwan treni bai wokim bokis bilong putim kiau na bokis bilong ol bebi pato
- Wanwan treni bai wokim wanpela samting bilong givim wara long ol pato bilong em
- Wanwan treni husat i pas long test i kamap taim trening skul i pinis, em bai kisim setifiket na ol pato bilong en

6. Taimtebol bilong skul

Soim taimtebol bilong trening skul (lukim 4.2, pes 18) yu bin redim long ples na raitim antap long stok fid bek, na tokaut long ol samting i stap long taimtebol.

Tokim ol manmeri na ol i mas klia gut olsem trening skul i gat tupela hap.

Long namba wan hap ol i wokim haus pato na bokis bilong putim kiau na bokis bilong mekim ol bebi pato i kamap.

Paslain long trening skul hap tu i ken kamap, wanwan manmeri i mas pinism pinis pato haus bilong en wantaim banis raunim em, na tupela bokis, wanpela bilong putim kiau na narapela bilong ol bebi pato. Taim ol manmeri i pinisim dispela wokmak bilong namba wan hap

bilong skul. Em taim bilong yu long go na mekim namba tu hap bilong skul na givim aut pato em sapos ol i wok hat na strong na pinism dispela wokmak bilong hap wan.



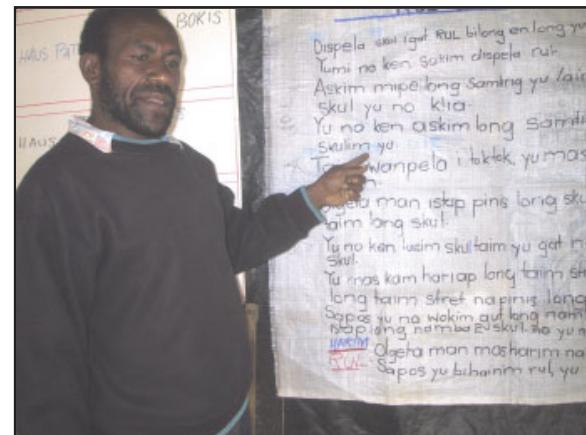
Tokaut long trening skul taimtebol long ol manmeri

7. Ol rul bilong skul

Ol skul rul i helpim ol manmeri long save long wonem samting mipela laik ol bai mekim. Hia em ol sampela rul mipela painimaute ol i helpim tru. Yu inap raitim ol rul long wait/blakbot o redim ol antap long stok fid bek (lukim 4.2., pes 17) na klaim gut long ol manmeri.

- **Tupela marit inap kam long skul.** Sapos wanpela marit man o meri i kam stap long skul, meri o man bilong em i mas kam long skul tu. Ol man em ol husat i save go raun long olkain trening skul. Askim ol dispela askim: Husat i save lukautim ol pikinini? Husat i save lukautim ol pik? Husat i save lukautim gaden? Em ol meri! Long dispela as ol marit lain i mas kam wantaim, long wonem, ol meri bai wokim planti wok bilong lukautim ol pato. No ken lusim tingting long tok welkam long ol meri na tok amamas long ol i kam i stap long skul.

- **Oi i welkam long askim kain kain askim.** Husat i laik mekim askim, i ken askim wonem taim em i laik. Mekim em i ken stap wanpela rul olsem: em i orait long askim ol kain kain askim, na i no wanpela askim bai mipela ting em nogut o kranki. Kirapim ol manmeri long mekim askim. Oi manmeri bai lainim moa samting sapos ol i askim planti askim. Taim trening skul i pinis, ol tisa bai i go pinis na bai ol i no moa stap long bekim ol askim. Tingim: Yu no nid long save long olgeta samting! Sapos yu no save long bekim, askim ol manmeri i stap long skul na lukim, sapos wanpela i save long bekim o ol i save long wanpela i save long bekim. Sapos yu no inap painim wanpela bekim, tokim ol manmeri long wet na yu bai painimaut long dispela na tokim ol bihain.
- **Harim tok bilong wanwan.** Toktok namel long ol tisa na ol manmeri em bikpela samting tru. Tasol toktok namel long ol manmeri yet em bikpela samting tu. Sapos yumi putim ia long toktok bilong ol arapela, bai yumi lainim moa long trening skul. Em isi tru long lainim samting sapos i gat pasin bilong harim tok na bihainim namel long ol manmeri. Dispela bai i helpim na olgeta i amamas na putim ia gut long toktok bilong ol arapela, na nogat wanpela i kamap olsem bos na mekim olsem em i save long olgeta samting.
- **Stap long skul em i wanpela mas.** Mekim wanpela rul olsem. Olgeta i mas stap long olgeta kain kain sesen, na ol i no ken kam wanpela taim na narapela taim nogat. Sapos ol manmeri i kam gut long olgeta sesen, em mipela i save olsem bai ol i kisim olgeta gutpela tingting na save bilong mekim samting long bihain, taim skul i pinis, na ol i ken kamap gutpela pato fama.
- **Mekim wok bilong yu.** Ol manmeri husat i no winim mak bilong skul, ol i no inap kisim abus na setifiket. Em i bikpela samting tru long ol manmeri i mas wokim gutpela pato haus wantaim banis, bokis bilong putim kiau na bokis bilong ol bebi pato na samting bilong ol pato i ken dring wara. Sapos ol dispela samting i no stap long ples bilong ol, bai ol i no inap kamap gutpela fama bilong pato. Olsem na husat i no wokim olgeta samting mipela bin tokim ol long mekim, mipela bai i no inap givim em abus na setifiket long pinis bilong skul.



*Tokaut long ol manmeri long rul bilong skul i
stap long stok fid bek*

Sampela tingting bilong givim skul

Taim yu soim pinis ol manmeri wonem samting i stap insait long skul, askim dispela askim long ol:

- I gat sampela moa samting yupela ting long lainim long lukautim Maskovi pato?

Tingting bilong helpim tisa

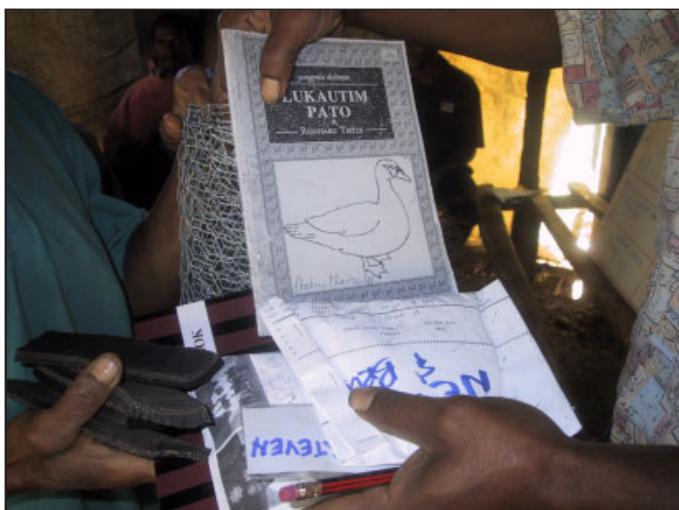
Stori long yu yet long ol manmeri na tokaut long sampela samting yu laik mekim wantaim ol

Stori long yu yet long namba wan taim yu bung wantaim wanpela grup na tokaut long sampela samting bilong yu olsem yu kam long we, samting long famili bilong yu na bilong wonem yu holim dispela skul. Bihain yu tok welkam long ol. Dispela i no mas kisim longpela taim. Em i bikpela samting long yu givim taim long ol manmeri long stori long ol yet tu. Sapos yu mekim liklik stori bilong yu yet, dispela bai i soim ol long yu gat bikpela laik long helpim ol na ol bai lukim, yu wankain man olsem ol. Em tu i helpim long ol i pilim gut na ol bai i no tingting planti long wonem ol samting bai i kamap long skul.

Mi olsem skul tisa, sampela taim mi save tokim ol manmeri olsem wonem mi bin statim long lukautim ol pato. Mi save tokaut long amamas bilong mipela taim liklik pato i kamap namba wan taim long banis pato bilong mipela. Mi tingim yet amamas mipela olgeta famili i bin gat taim dispela liklik pato i brukim kiau na kamap. Mipela kisim wanpela bokis na putim planti pipia laplap insait. Bihain mipela putim liklik pato insait long bokis na putim lam antap stret long het bilong en.

Ol tisa i mas save gut long ol samting ol bai laik skulim long ol manmeri! Sapos ol i laik skulim ol long lukautim pato, ol yet i mas i gat save long lukautim pato, na ol i bin lukautim pato pinis. Sapos ol i laik givim skul bilong lukautim kakaruk o rebit, em wankain tasol. Ol yet mas i gat save na stap gutpela fama bilong lukautim kakaruk o rebit. Sapos nogat, skul ol bai givim em olsem tok nating tasol.

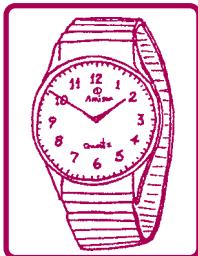
Pasin bilong mekim stori bilong yu yet em gutpela pasin planti ol tisa i save lus tingting long mekim.



Ol nem tek, ol buk bilong lukautim pato, na ol pen mipela givim long ol manmeri long stat bilong skul

Ol samting bilong yusim

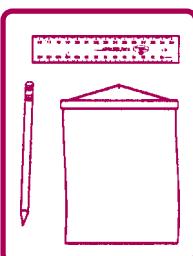
- Blakbot o waitbot
- Bikpela wait pepa
- Sok o waitbot maka na ol maka
- Sapos i gat, kisim wanpela trupela pato (Khaki Campbell, White Campbell o Rouen) na wanpela Muskovi pato wantaim i go insait long ples. Soim tupela pato long ol manmeri na tokaut long wonem samting i narakain long tupela.



Samting long mekim

1. Ol wonem kain pato i stap insait long PNG?

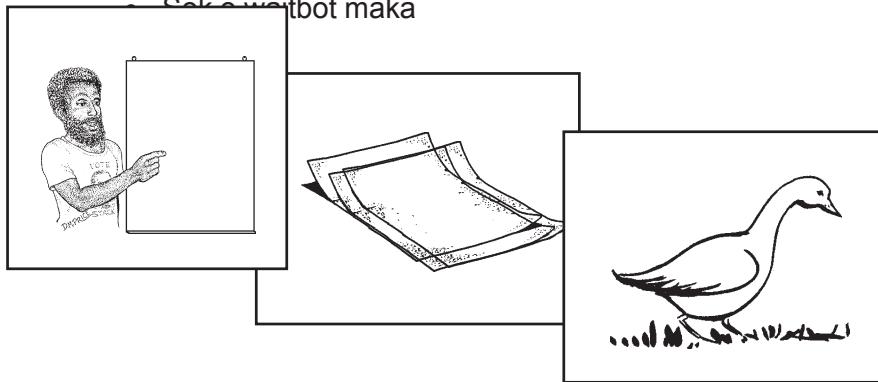
Tokaut long ol manmeri long ol kain kain pato i stap insait long PNG. Sapos i



gat rot, karim sampela pato i go long ples bilong skul na soim ol manmeri wonem samting i narakain long pato tru (Khaki Campbell o Rouen) na Maskovi pato. Tebol long hapsait i soim ol narakain narakain poin bilong ol kain kain pato.

Ol samting bilong yusim

- Blakbot o waitbot
- Sok o waitbot maka



- Wanpela Maskovi pato



Samting long mekim

1. Wonem ol gutpela samting yu kisim taim yu lukautim ol Maskovi pato?

Skelim ol manmeri long tupela grup. Askim wanwan grup long toktok na skelim tingting long dispela askim, "Wonem ol gutpela samting yu inap kisim sapos yu lukautim wanpela pato bisnis?" Tokim ol long wokim wanpela lista

Pato tru	Ol gutpela poin	Ol poin nogut	Foto
Khaki Campbell na White Campbell	Ol i givim planti kiau 200 – 250 kiau insait long wanpela krismas	<ul style="list-style-type: none"> Ol i save marit gut insait long wara tasol (long dispela as ol i laikim hul wara) I gat nid long givim stok fid inap ol i kamap gut 	
Rouen	Ol i givim planti kiau 200 – 250 kiau insait long wanpela krismas	<ul style="list-style-type: none"> Ol i save bung gut insait long wara (long dispela as ol i laikim hul wara) I gat nid long givim stok fid inap ol i kamap gut 	
Sampela arapela pato			
Maskovi pato	<ul style="list-style-type: none"> Gutpela bilong PNG ples pasin Ol i stap strong na i no kisim sik hariap Isi long mekim ol bebi pato i kamap Ol i save painim 	<ul style="list-style-type: none"> kaikai bilong ol yet Givim 90 kiau tasol insait long wanpela krismas Taim ol i stap liklik, ol i laikim stok fid 	

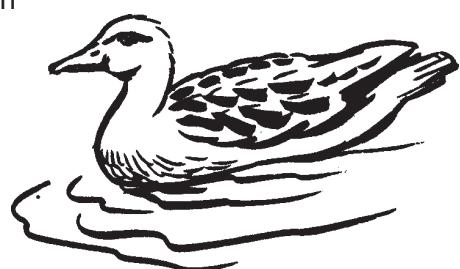
Tebol 1: Ol kain kain pato i stap insait long PNG

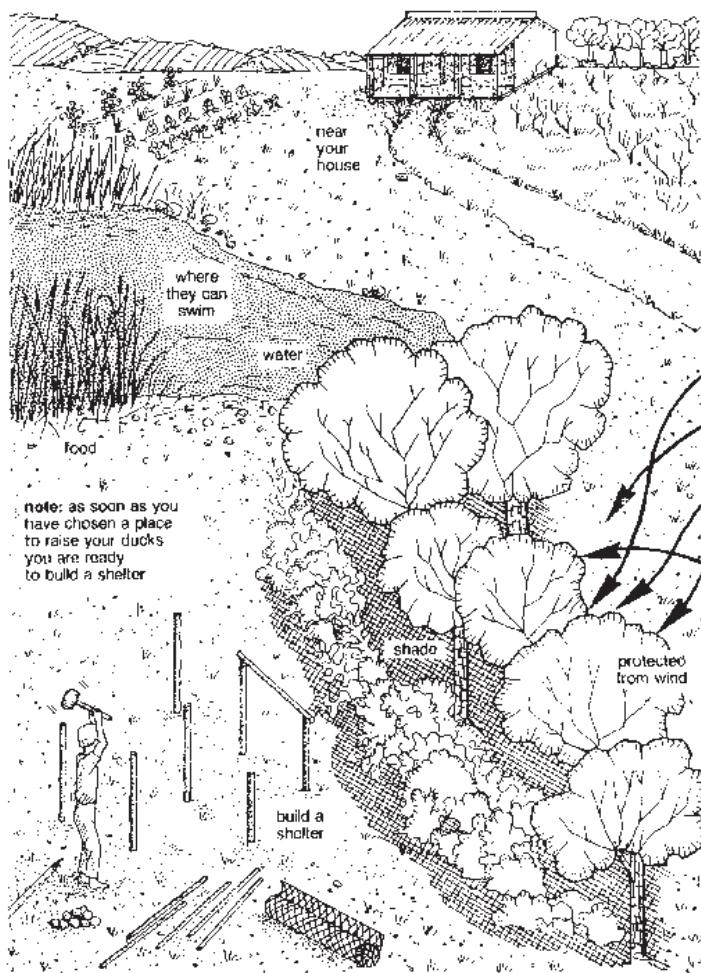
2. Wonem ples em i gutpela long lukautim pato?

Putim ol manmeri long tupela grup na askim ol long skelim tingting long dispela askim, “Wonem ol samting wanpela ples i mas i stap na em i kamap gutpela ples bilong lukautim pato?” Ol i ken raitim lista aninit long dispela het tok. Ol i ken raitim dispela lista long wanpela bikpela wait pepa o long blakbot. Givim ol 10 minit long mekim dispela wok.

Nau wanwan grup i ken tokaut long lista bilong en. Sekim ol i gat ol poin i stap aninit?

- Ples i mas i stap klostu long haus yu stap long en long yu ken lukautim ol pato isi.
- Em i mas i gat gutpela kol (sapos ol pato i stap longpela taim long san, ol inap kisim sik).
- Em i mas i gat planti gutpela grinpela gras bilong ol pato i ken kaikai na bilong ol i ken painim ol binatang.
- Em i mas i stap longwe long ol pik (sampela taim ol pik i save kilim na kaikaim ol pato)
- Em i mas i stap long ples we ol tarangau i no save flai raun tumas. (Yu ken haitim ol pato aninit long sampela sotpela diwai na ol tarangau i no kaikaim ol).
- Em i mas i gat wanpela liklik wara i stap klostu, o wanpela ples we i gat planti wara.
- Ples i no ken drai tumas na i no ken san tumas, o yu mas i gat planti kunai gras long hait.





Wanpela gutpela haus pato i stap klostu long haus, wantaim wara, ples kol na banis

Sampela tingting bilong givim skul

Em i bikpela samting long yu toktok gut wantaim ol manmeri long lukautim pato. Lukim ol poin long "Tingting bilong helpim tisa".

Karim sampela pato i go wantaim yu. Putim ol antap long tebol na larim ol manmeri i ken kam klostu tru na lukim na tasim ol tu. Em isi long ol manmeri i ken toktok long ol abus sapos ol i ken lukim, pilim na tasim ol.

3. Bilong wonem ol Maskovi pato i gutpela long ol PNG ples?

Askim dispela askim long ol manmeri, "Bilong wonem yupela ting ol pato i gutpela long ol PNG ples?" Raitim bekim bilong ol long waitbot na toktok liklik long wanwan bekim. Sekim ol i tokaut long ol poin i stap aninit?

Ol Maskovi Pato i gutpela long ples long wonem:

- Ol i ken lukautim ol yet na ol nogat nid tumas long ol fama i lukautim ol.
- Ol i gutpela tru long brukim kiau na kamapim ol liklik pato.
- Ol inap long painim kaikai bilong ol yet
- Ol inap stap gut na kamapim ol kiau na ol liklik pato, maski ol i kisim kaikai bilong ples tasol.
- Man pato i ken maritim meri pato long kamapim kiau na liklik pato antap long graun tasol. Ol i no laikim wara tumas olsem ol tru pato.

Tingting bilong helpim tisa

Pasin bilong harim tok na behainim

Long lainim samting, i mas i gat pasin bilong pasin bilong harim tok na behainim namel long tisa na sumatin. Ol sumatin i save gat laik long lainim ol samting, tasol ol i save stap redi tru na amamas moa yet long lainim ol samting, taim ol i pilim olsem yu rispektim ol. Wonem samting i kamapim dispela pasin bilong pasin bilong harim tok na behainim?



1. Pasin bilong bilip i mas stap namel long tisa na sumatin,

Ol sumatin i mas save olsem, long dispela skul ol inap kisim save long ol samting ol i laikim. Ol tu i mas save olsem tisa em i wanelpa gutpela tisa, na em i save gut long ol samting em i toktok long en. Dispela i mekim ol sumatin i amamas. Long dispela as em i bikpela samting, yu tisa, long pasin na long toktok bilong yu, yu mas soim ol olsem yu save gut long ol samting yu toktok long en na yu wanelpa gutpela tisa. Yu ken soim dispela wantaim ol buk samting (ol liklik buk bilong lukautim Maskovi pato) na long pasin yu tokaut long ol samting na skulim ol long taim yu statim skul.

2. Sumatin i mas save yumi laik sut long wonem mak.

Ol sumatin i mas save long wonem samting tisa bai i laik ol i mekim, na wonem samting tisa yet bai i mekim bilong helpim ol long trening skul. Sapos yu askim ol long wonem samting ol i laik lainim long dispela skul na yu painimaut i gat sampela moa poin ol i laik yu bai toktok long en, dispela i soim ol i ken autim tingting bilong ol tu na yu bai harim, na yu redi long senisim ol mak bilong skul.

3. Statim pastaim wantaim ol wok i isi, nabihain liklik yu ken toktok long ol wok i hat moa.

4. Tok amamas long ol sumatin long olgeta wok na toktok ol i mekim, na moa yet olsem long taim yupela statim skul. Sapos wanelpa sumatin i askim wanelpa askim o autim gutpela tingting bilong em, orait yu tenkyu long em pastaim, nabihain tasol yu givim bekim na tingting bilong yu.

5. Putim ol rul bilong grup, na tokim ol sumatin olsem wonem bai ol i ken bihainim dispela ol rul. Olgeta grup i gat rul na wanwan memba bilong grup i mas bihainim. Tokaut long ol dispela rul na toktok wantaim ol sumatin long dispela rul long stat bilong skul. Olsem na bai ol inap long save ol i mas mekim wonem. Dispela bai i kamapim filing bilong pasin bilong harim tok na behainim.



Haus pato wantaim kol ples
na wara i stap klostu

Leson 3: Inap pasin bilong lukautim Maskovi pato i kamap gutpela bisnis o nogat?



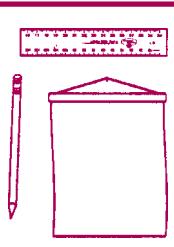
Mak yu laik sut long en na as tingting

- Kisim save long wonem ol gutpela samting yu bai kisim, sapos yu lukautim Maskovi pato
- Kisim save long kamap gutpela pato fama
- Kisim save hamas Maskovi pato wanpela fama i ken lukautim
- Makim husat bai wokim wok bilong lukautim gut ol Maskovi pato
- Yu mas i gat klia tingting long ol hevi behain bai yu painim long ol pato binis bilong yu



Taim

- 1 aua



Wanwan grup i ken tokaut long lista bilong ol. Tisa i wokim wanpela lain namei long waitbot o blakbot na skelim i go long tupela hap na raitim **ol gutpela samting** long wanpela sait na **wok bilong en** long narapela sait. Raitim ol bekim bilong grup long sait bilong **ol gutpela samting** na toktok wantaim ol long ol dispela bekim. Lukim sapos ol i tokaut long olgeta poin i stap long hapsait.

Tebol 2: Gutpela samting bilong lukautim pato



long bikpela wait pepa o long blakbot na kaunim olgeta gutpela samting ol i ting long kisim. Givim ol 10–15 minit long mekim dispela wok.

2. Wonem wok fama bilong pato i mas mekim?

Askim ol manmeri long go bek long grup bilong ol na toktok long narapela askim olsem, "Wonem wok yu mas mekim bilong kamap gutpela Maskovi pato fama?" Ol i ken raitim wanpela lista gen bilong ol wok i gat nid long mekim aninit long dispela het tok, "Wok yu mas mekim." Ol i ken raitim long wanpela hap bikpela wait pepa. Givim ol 10–15 minit long mekim dispela wok.

Askim wanwan grup long tokaut long lista bilong ol. Raitim ol bekim bilong ol long sait i gat het tok "Wok yu mas mekim" na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long ol poin i stap aninit?

Tebol 3: Wok pato fama i mas mekim

Askim 5-pela manmeri long dispela askim, "Hamas Maskovi pato yu laik lukautim?"

Ol gutpela samting	Wok yu mas mekim
<ul style="list-style-type: none"> • Ol pato i kamapim ol kiau. Pato na kiau em bilong kaikai. • Ol i gutpela long kaikai. • Ol bai givim kaikai long famili bilong yu na mekim famili i stap strong na nogat sik. • Em isi long lukautim ol, na ol i save kamapim planti pikinini pato. Hatwok bilong lukautim ol i no olsem hatwok bilong lukautim kakaruk. • Ol i strongpela pisin na i no save kisim sik hariap. • Yu ken salim ol long gutpela prais. • Ol i bikpela na winim ol kakaruk. Hevi bilong man pato inap winim 4.5 kg na meri pato inap winim 2.5 kg. • Ol i kamapim marasin bilong gaden bilong yu. 	

Planti ol bai givim yu bikpela namba (5 o moa). Ol dispela lain i laik stap “bikman”. Ol i laik kisim biknem na ol i laik kirapim bikpela bisnis. Em i orait, tasol i gat ol hevi bai i kamap, na ol i mas lukaut. Lukautim planti pato insait long ples bai i kamapim planti wok long wanwan de.

Tokim ol manmeri olsem i gutpela sapos ol i statim wantaim liklik namba. Bai ol i ken lainim gut ol wok i gat nid long mekim pastaim. Sapos ol i lainim pinis long lukautim gut ol liklik namba, orait bihain bai ol i ken kisim 10-pela o moa pato na lukautim. Em bai hat long lukautim moa long 10-pela pato sapos i no gat rot long baim stok fid.

4. Husat mas wokim ol kain kain wok long lukautim ol pato?

Wokim dispela tebol long waitbot. Askim ol manmeri olsem, “Em bai wok bilong husat long wokim wanwan wok bilong lukautim pato?”

Ol gutpela samting	Wok yu mas mekim
	<ul style="list-style-type: none"> • Ol pato i save kaikai tupela taim long wanpela de. Ol pato i save hangre olgeta taim olsem ol pik. <i>Yu redi long kukim kaikai bilong ol pato bilong yu tupela taim long wanpela de?</i> • Ol i mas i gat planti wara long olgeta taim. Sapos ol pato i no gat wara wantaim kaikai, bai ol i kisim sik. • Yu mas i gat wanpela i lukautim ol pato bilong yu, taim yu go long wanpela hap na yu no stap long ples. • Yu mas i gat gutpela haus pato na strongpela banis. • Yu mas klinim hariap haus pato na ples bilong ol bebi pato sapos ol i doti. • Yu mas lainim long lukautim Maskovi pato long rot olsem. <ul style="list-style-type: none"> ◦ Ritim buk bilong lukautim pato ◦ Toktok long ol arapela lain i gat save long lukautim pato ◦ Was gut long ol abus bilong yu ◦ Wok wantaim ol arapela pato fama

3. Hamas Maskovi pato yu inap luautim?

Makim X insait long ol bokis.

Wokim na lukautim gut haus pato wantaim strongpela banis

Kukim kaikai bilong ol pato

Givim kaikai long ol pato 2-pela taim long wanwan de

Givim planti wara long ol pato long olgeta de

Klinim hariap haus pato na ples bilong ol bebi pato taim ol i doti

Larim ol bikpela pato i go ausait long moning na putim ol bek insait long apinun

Sekim ol kiau

Lukluk long ol pato na lukim sapos ol i orait

Taim yupela pulapim tebol pinis, toktok wantaim ol long ol bekim.

Oi manmeri i mas save olsem lukautim ol Maskovi pato em i famili bisnis, na wanwan bilong

Wok	Man	Meri	Pikinini	Arapela
5. Wonem ol bikpela hevi inap painim pato bisnis bitong yu?	X			
<i>Toktok wantaim ol manmeri long ol bikpela hevi inap painim ol, taim ol i laik ranim wanpela bisnis bilong lukautim pato. Ol dispela hevi bai i olsem:</i>				
Pasin stil – Bai yu mekim wonem long				

stopim pasin stil?

Stil pasin em i wanpela bikpela hevi insait long planti ples bilong PNG. Oi yanpela husat i smukim mariwana i save hangre tru, na ol inap stilim ol pato long kaikaim ol.

Askim ol manmeri dispela askim,

“Olsem wonem yupela ken stopim pasin stil insait long ples?”

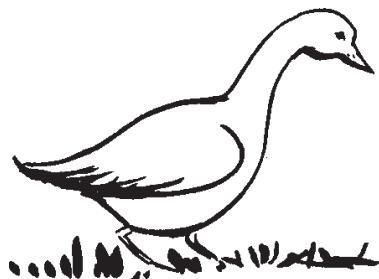
Toktok wantaim ol na kisim sampeal tingting bilong ol.

Nogut ol i ting, mobeta ol i larim ol bikpela pato i stap insait long haus olgeta de. Sapos ol i mekim olsem, ol pato i no inap painim kaikai bilong ol yet. Sapos ol i lokim ol i stap insait long haus na banis, ol pato bai i no inap kamap gut. Oi Maskovi pato i olsem ol pik, ol i mas muv raun planti long painim kaikai bilong ol long kamapim gut, karim gutpela kiau na kamapim liklik pato.

Tokim ol manmeri long tokaut long dispela hevi long taim ol ples komuniti i bung, inap olgeta manmeri i ken save long dispela hevi na painim rot long helpim .

Hia em narapela tingting olsem wonem ol fama i ken daunim pasin bilong stilim ol pato. Oi i ken wokim olkain banis wantaim ol rop i gat nil, o wantaim sampela samting i givim kaikai o paiawut long ol. Dispela ol banis inap haitim ol abus, na mekim hat long ol stilman i kam insait wantu o ranawe hariap.





Wari long kaikai – Baiyu mekim wonem long givim gut kaikai long ol liklik pato?

Yu mas givim gutpela kaikai long ol yangpela pato olsem kaukau o kon, kumu na sampela kaikai i gat protin olsem bin. Givim ol sampela stok fid sapos i gat rot. Sapos ol Maskovi pato i no kisim kaikai gut, ol bai ino inap gro gut na hevi bilong meri pato bai stap aninit long 2 kg (man pato aninit long 3 kg). Sapos ol meri pato i liklik tumas, ol bai no inap putim kiau o kiau bai liklik na ol bebi pato i no inap kamap long ol dispela kiau.

Ol bikpela pato i save kaikai olgeta samting. Em isi long ol i ken painim kaikai bilong ol yet, sapos yu larim ol i go raun raun ausait long banis wanwan de. Lokim ol insait long nait taim tasol!

Wari long ol bebi pato i stap wet na kisim kol – Long wanem rot yu inap helpim ol liklik pato long taim bilong ren na kol?

Planti manmeri i ting olsem ol liklik pato i laikim wara long swim. Dispela em rong. No ken larim ol liklik pato bilong yu i waswas long ren, na nogut samting bilong ol pato i dring wara i bagarap na wara i stap long graun. Sapos yu stap long wanelala ples i kol, bai ol liklik pato inap kisim kol sik na i dai sapos ol i wet.

Ol birua - Olsem wonem yu inap helpim ol liklik pato long taim olkain birua i laik bagarapim ol?

Ol liklik pato i gat planti birua. Yu mas helpim ol long ol dispela kain birua, ol dok, ol pusi, ol rat, ol snek, ol tarangau, na tu long ol bikpela Maskovi man pato husat bai sampela taim i laik kilim ol liklik pato bilong yu.

Sampela tingting bilong givim skul

Em i bikpela samting long tisa i mas toktok wantaim grup na i no ken tromoi ol toktok bilong en tasol na go pinis.

Sapos tisa i kisim taim long stap wantaim ol manmeri na toktok wantaim ol, dispela i opim rot long em i ken toktok long gutpela sait na long ol hatwok bilong lukautim ol pato. Ol manmeri i stap long skul i mas klia olsem, lukautim ol abus i gat hatwok bilong en, na olgeta famili i mas wok wantaim.

Mipela i putim dispela lesion long stat bilong skul long wonem mipela i bilip olsem ol manmeri i kam long woksop bilong lukautim Maskovi pato, ol i gat wanelala as na ol i laik lukautim pato. Mipela i bilip, bikpela tingting bilong ol long statim wanelala bisnis em bilong helpim ol long painim mani bilong baim skulfi na kain samting olsem, na ol i laik statim bisnis bilong helpim ol yet i ken sindaun gut na i no mas sot long ol samting. Ol i tingting long kisim sampela kain profit long dispela bisnis bihain.

Leson 3 i kamap long pinis bilong namba wan skul de. Sapos yu no mekim yet, orait nau yu mas toksave long ol manmeri long karim timba, kunai (gras) na ol arapela material samting i kam bilong wokim haus pato na banis long namba 2 skul de.

Leson 4: Baiyu wokim haus pato bilong yu olsem wonem?

Tingting bilong helpim tisa

Soim pasin bilong harim tok na behainim tingting we ol manmeri i save

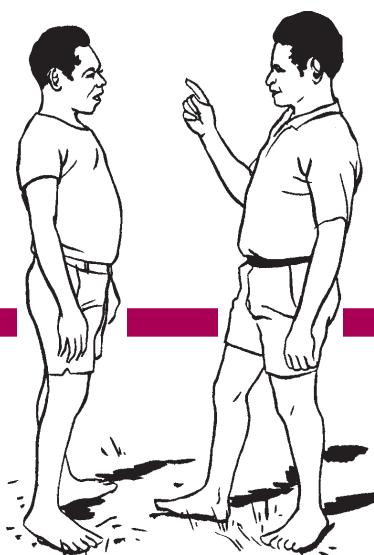
Ol bikpela manmeri i no wankaim olsem ol pikinini. Ol i save pinis long planti samting, ol i bin mekim planti samting pinis, na ol i save long wonem samting ol i laik lainim moa long en. Yu mas askim planti askim na painimaut wonem samting ol i save pinis. Putim ia long bekim bilong ol na soim pasin bilong harim tok na behainim long wonem samting ol i save pinis.

Em i bikpela samting long givim sans long ol manmeri i ken tokaut long wonem samting ol i save pinis na wonem save ol i laik kisim yet. Wanpela rot bilong mekim dispela em i olsem. Yu ken soim taimtebol long ol na tokaut long ol samting ol bai lainim long dispela skul. Na bihain yu ken mekim askim olsem long ol, "Wonem samting moa yupela ting long yupela laik lainim inap yupela bai ken lukautim gut ol Maskovi pato?" Dispela bai givim gutpela tingting long ol manmeri na helpim ol long kamap wantaim tingting bilong ol na tokaut long dispela tingting. Dispela i opim rot long ol i ken autim arapela topik ol i laik lainim long en. Na tu, ol i ken tokaut long ol topik ol i kisim save pinis na ol i no laik westim taim long en gen.

Long lesion 3 mipela ting long askim ol manmeri long wonem ol gutpela samting ol bai kisim long lukautim pato, na wonem wok ol i mas mekim long kamap gutpela fama. Mipela i bilip olsem ol manmeri i save pinis long ol poin i stap long tebol 2. Olsem na em i gutpela long yu askim ol na yusim bekim bilong ol long pulimapim tebol. Sapos ol i no raitim sampela poin yu gat long lista bilong yu, orait yu ken askim ol sapos ol i ting ol dispela poin bilong yu i bikpela o nogat. Na sapos ol i wanbel, putim ol tu long tebol. Long dispela rot ol bai lainim ol nupela samting.

Planti lesion insait long dispela hanbuk bilong tisa i yusim pasin bilong askim ol manmeri long wonem samting ol i save pinis, na tu givim ol sampela moa save. Mipela lukim pinis dispela rot i helpim gut na ol manmeri i amamas tru long lainim ol samting long dispela rot.

Wanpela bikpela poin i olsem. Yu no ken mekim samting ol manmeri yet inap mekim. Larim ol i mekim na soim yu. No ken tokim ol long wonem samting ol i save pinis. Larim ol yet i tokim yu.



Mak yu laik sut long en na as tingting

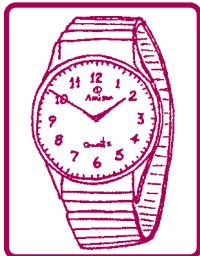
- Bilong wonem ol pato i laikim haus



- Wonem kain haus ol pato i laikim
- Husat em i birua bilong ol pato
- Wokim wanpela haus pato i stap insait long banis wantaim helpim bilong ol manmeri.

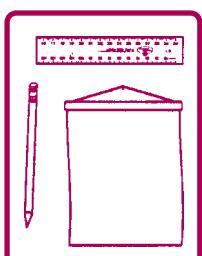
Taim

- 1 aua long skul na wanpela de bilong wokim haus

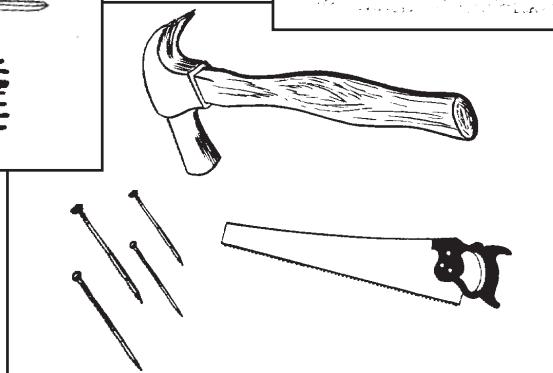
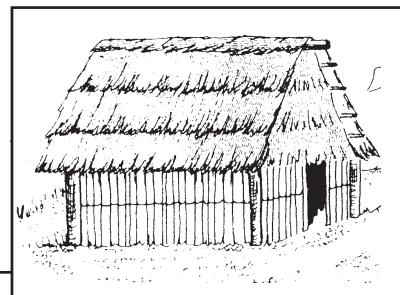
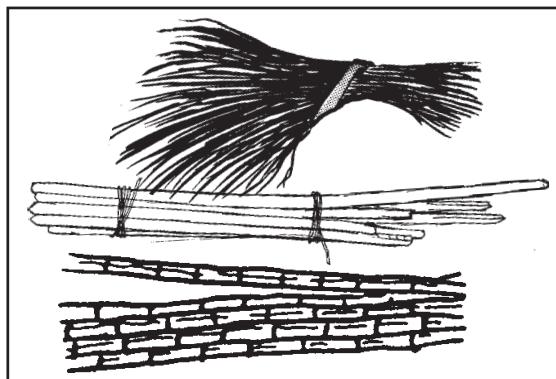


Ol samting bilong yusim

- Timba



- Kunai gras
- Mambu
- Pitpit
- Sampela nil





Samting long mekim

1. Bilong wonem ol pato i laikim haus

Putim ol manmeri long tupela grup. Askim wanwan grup long toktok long dispela askim, "Bilong wonem ol Maskovi pato i laikim haus?" Ol i ken raitim wanpela lista wantaim ol as aninit long het tok "Bilong wonem ol Maskovi pato i laikim haus?" Ol i ken raitim long wanpela bikpela wait pepa o long blakbot. Givim ol 10-15 minit long mekim dispela wok.

Nau wanwan grup i ken tokaut long ol poin i stap long lista bilong ol. Toktok wantaim ol long ol dispela poin na lukim sapos ol i behainim ol poin i stap aninit.

- Long mekim ol birua i no ken bagarapim ol long nait, taim ol i slip
- Long lukautim ol inap ol i ken sindaun gut antap na karamapim ol kiau gut
- Long lukautim ol long ol man bilong stil
- Long lukautim ol yanpela pato i no ken go lus nabaut
- Long haitim ol long kol, ren o doti graun we em bai mekim ol sik. Ol pato i save slip long graun, olsem na haus i mas i stap drai oltaim na pato i ken slip gut.
- Long haitim ol long planti san. (Strongpela san i no gutpela long ol pato)
- Long mekim ples bilong bungim kiau, long wonem ol i save putim kiau long nait taim. Yu ken bungim ol kiau long moning.

2. Husat em i birua bilong ol pato?

Ol yangpela pato i gat planti birua. Yu mas lukautim ol gut.

Askim ol manmeri dispela askim, "Husat em i birua bilong ol pato?" Raitim ol bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol dispela bekim. Sekim ol i tokaut long olgeta poin i stap aninit?

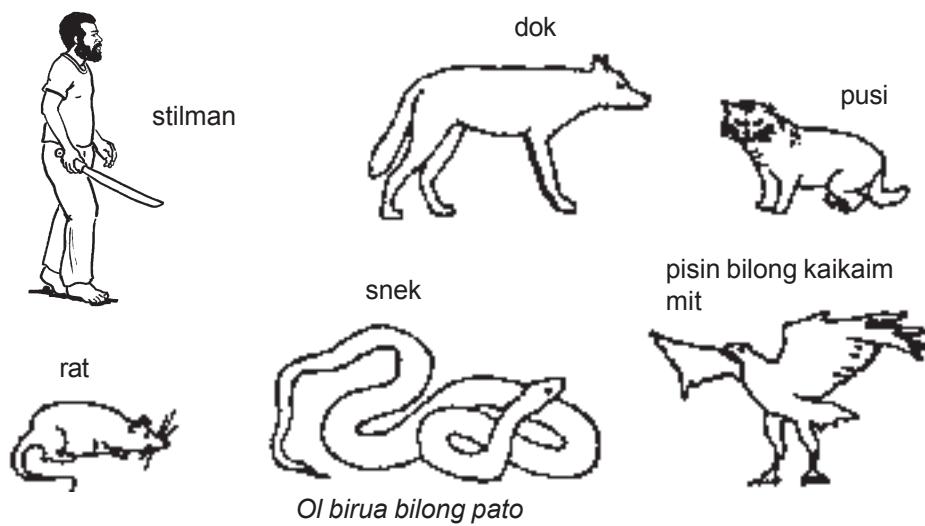
Ol dok, ol pusi, ol pik

Ol rat, ol snek

Ol tarangau

Ol stilman

Ol bikpela Maskovi man pato sampela taim i kilim ol liklik pato



3. Ol pato i laikim wonem kain haus?

Pastaim long ol manmeri i ken wokim wanpela haus pato, ol i mas askim ol yet olsem, "Hamas Maskovi pato mi inap lukautim?"

Askim ol manmeri, "Yu laik lukautim hamas Maskovi pato?"

Haus pato mipela soim long wokim insait long dispela skul em bikpela inap long 12-pela bikpela Maskovi pato i ken i stap.

Mipela ting em i gutpela sapos wanwan manmeri i ken stat wantaim 3-pela pato (1-pela man na 2-pela meri pato). Sapos ol i lukautim gut ol dispela 3-pela pato, ol inap i go antap long 6 (1-pela man na 5-pela meri pato). 6-pela pato bai putim 4-7 kiau wanwan wik.

Tingim: Lukim long lesion we em i tokaut long wonem ples em i gutpela long lukautim ol pato. (Leson 2, pes 25)

4. Wokim haus pato

Pastaim long yu go lukluk long ples bilong wokim haus pato, tokim ol manmeri long sais bilong haus pato na ol material samting ol bai usim. Sapos yu wokim dispela lesion long pinis bilong de 1, yu ken askim ol manmeri long karim ol material samting i kam ol i mas kisim long wokim haus na banis long narapela de.

Toksave bilong haus pato

Sais: Spes bilong 3-pela pato i mas kisim em 1 skwea mita (bikpela na longpela bilong haus i mas 1 mita longpela na 1 mita bikpela). Olsem na mipela ting long yu wokim 4 skwea mita sais haus (2 mita long na 2 mita wait). Dispela sais em bai inap long 12-pela pato.

Ol material samting na ol hap material

Rup: Long Hailans ol manmeri bai yusim kunai gras bilong karamapim rup. Long nambis ol fama inap yusim sago o lip bilong diwai pam.

Windo: Wokim windo long haus pato. Pato is ken kisim sampela lait na kol win

Dua: Dua em ol i save wokim long timba. Mipela save givim ol manmeri sampela hap raba ol i bin katim long olpela taia long wokim hinsis.

Banis: Long Hailans ol manmeri i yusim pitpit o ol liklik stik bilong ol yangpela diwai bilong wokim banis.

Bet: Putim drai gras o waitpela kopi skin olsem bet long graun insait long haus.



Wokim haus pato

Ol manmeri i ken makim wanpela man o meri long grup bilong ol. Dispela man o meri i ken soim wonem hap em i laik bai haus pato bilong em i stap long en. Long dispela ples grup bai i stat long wokim wanpela haus pato wantaim banis. Tisa bai i givim stia na tokim ol i mas mekim wonem samting.

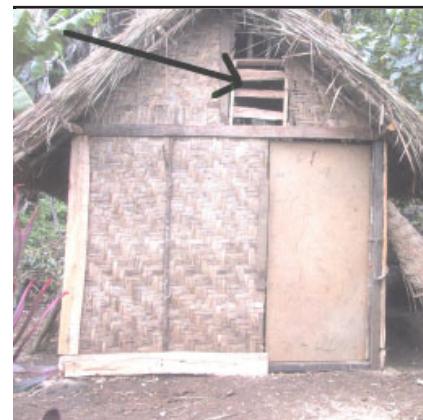


Askim ol manmeri olsem, "Ating dispela ples em i gutpela long wokim haus pato wantaim banis, a?" Toktok wantaim ol long ol poin i gutpela na ol poin i nogut long wokim haus long dispela ples. Tingim gen ol poin i stap long lesion "Wonem ples em i gutpela bilong lukautim pato?" (Leson 2, pes 25)

- Yusim ol material samting ol manmeri i karim i kam na wokim frem bilong haus.

Frem bilong haus pato

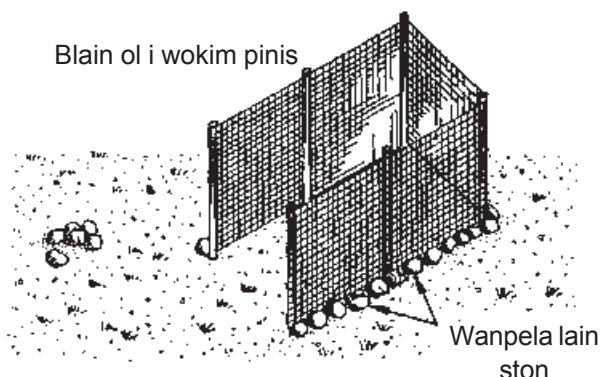
- Wokim blain long mambu, pitpit o lip bilong saksak. Katim windo long blain long ol pato i ken i gat lait na win.
- Bilong mekim ol abus olsem dok o pik i no ken digim graun aninit long blain bilong haus, mekim ol dispela samting.
 1. Planim as bilong blain i go insait long graun, na ol dok na arapela birua i no ken digim aninit long en.
 2. Putim wanpela lain bilong ston i raunim as bilong blain long ausait long mekim em strong moa.
- Yusim lip bilong kunai o diwai saksak long wokim gutpela rup. Wara bilong ren i no ken pundaun insait long haus pato na pato i ken stap gut. Graun malumalum i no ken kamap na insait long haus i mas i stap drai oltaim oltaim. Wokim gutpela baret bilong wara i ken go aut.
- Wokim dua na yusim hap raba bilong olpela taia olsem hinsis.



Mambu blain wantaim windo



As bilong blain ol i planim insait long graun na strongim wantaim timba, long ol dok na arapela birua i no ken digim na go insait



Oi as bilong blain ol i planim insait long graun na haitim gut wantaim ol ston

- Yu ken putim sampela waitpela drai skin kopi o drai gras antap long floa long ol pato i ken slip



Dua wantaim taia hinsis



Gutpela rup em bikpela samting long pato haus i ken stap drai

long drai ples. Ol pato ino save laikim sapos ples slip bilong ol i wet. Yu mas rausim na senisim bet bilong ol hariap, sapos em i kamap doti tumas o wet. Kopi skin o gras i kamap wet o doti em i olsem gutpela marasin bilong gaden bilong yu.

- Mekim longpela banis wantaim mambu blain, pitpit, lip bilong diwai saksak o ol arapela samting. No ken traim long putim planti pato tumas long haus na banis. Sapos ples i pas, em bai hariap tru kamap wet na doti na ol pato bilong yu bai kisim sik. Ol pato, em ol pisin bilong mekim ples doti.
 - Yu ken yusim tu kakaruk waia bilong wokim banis. Tasol pei bilong waia em i antap tru.
 - Yu mas wokim narapela haus o ples bilong ol yanpela pato, taim ol i lusim mama pato, long wonem ol i no inap gro gut sapos ol i stap wantaim ol bikpela pato. Sapos yu no laik wokim narapela haus, orait yu mas salim ol o kaikaim ol.



Wokim banis raun long haus pato. Givim spes gut long ol pato inap graun i no kamap malumalu tumas

Sampela tingting bilong givim skul

1. Mekim samting

Oi manmeri bai wokim wanelpa haus pato wantaim banis. Dispela wok i save kisim samting olsem wanpela de olgeta. Long apinun tru long namba 2 de bilong skul mipela i save stat long soim ol manmeri olsem wonem ol i ken wokim bokis bilong putim kiau na bokis bilong ol bebi pato. Toksave gen long ol manmeri long karim ol samting ol bai usim long narapela dei long wokim tupela bokis.

2. Wok mak

Wanwan man na meri i mas wokim haus pato na banis bilong em yet bihain long namba wan hap bilong skul. Ol i mas pinisim dispela wok pastaim, sapos ol i laik kam long namba tu hap bilong dispela skul.

Tingting bilong helpim tisa

Mekim na tingim

Oi tisa i save olsem ol bikpela manmeri i lainim samting taim ol yet i mekim samting, na i no long rot bilong tokim ol tasol long mekim samting. Taim ol i mekim samting pinis, orait ol bai lukluk long ol samting ol i bin mekim na painimaut i gat narapela rot long mekim dispela samting ol i mekim pinis. Oi bai painimaut i gat gutpela rot moa yet long mekim dispela samting. Insait long planti kantri i no dvelop tumas, planti manmeri i lainim long rot bilong lukluk na mekim samting. Dispela i tru tumas long kantri PNG.

Mekim skul long klasrum we tisa i sanap long fran na tok tasol o we tisa i askim ol sumatin long ritim samting insait long buk, dispela em pasin bilong ol waitman long lainim samting. Sapos yu yusim dispela kain rot bilong skulim samting insait long kantri PNG, ol manmeri bai painim hat na i no klia gut long wonem samting yu traim long skulim ol. Na tu em bai hat long bihain ol i go wokim stret wonem samting yu tokim ol long wokim.

Olsem na dispela skul bilong mipela oltaim i gat planti hap bilong ol manmeri ken mekim samting na lainim long dispela rot. Em i gutpela tru, sapos sampela moa lesion i ken kamap long dispela pasin. Bihainim rot olsem: Namba wan, mekim samting - na bihain lukluk long wonem samting yu mekim pinis – na painimaut sapos i gat arapela rot yet i gutpela moa bilong mekim dispela samting. Oi i mas painimaut wonem rot i gutpela tru long mekim samting, na bihain mekim samting long dispela nupela rot.



Em i gutpela long soim ol manmeri sampela piksa bilong ol kain kain haus pato (lukim aninit). Oi i ken traim sampela arapela rot na ol bai lukim olsem i gat kain kain rot bilong wokim haus. Mipela lukim pinis olsem planti manmeri i taitim bun tru long mekim wok bilong ol, na bihain ol i amamas tru long haus ol i bin wokim.



*Oi kain kain
gutpela haus
pato na
banis*



Leson 5: Wokim bokis bilong putim kiau na bokis bilong ol bebi pato



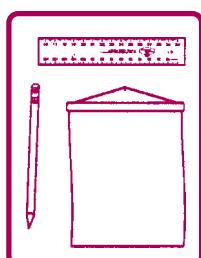
Mak yu laik sut long en na as tingting

- Bai yu lainim na save long wonem ol pato i laikim bokis bilong putim kiau
- Bai yu lainim rot bilong wokim bokis bilong karim kiau
- Bai yu lainim na save bilong wonem ol pato i laikim ples na bokis bilong hotim ol bebi pato
- Bai yu lainim we bilong hotim ol bebi pato i ken kamap strong



Taim

- 30 minit na hap ($\frac{1}{2}$) de bilong mekim samting



Ol samting bilong yusim

- Wanpela bokis bilong putim kiau ol i bin wokim pinis long en
- Timba
- Mambu
- Sampela nil



Samting long mekim

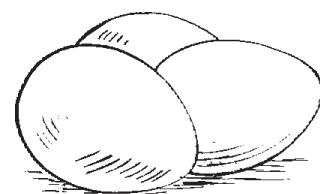
1. Bilong wonem ol pato i laikim bokis bilong putim kiau?

Askim ol manmeri long dispela askim, "Bilong wonem yu ting ol pato i laikim bokis bilong putim kiau?" Raitim ol bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol bekim. Sekim ol i tokaut long ol poin i stap aninit?

- Sapos nes bokis i no stap, mama pato bai i no inap brukim tumas kiau nating.
- Ol pato i save laikim ples i tudak na nogat nois long putim kiau bilong ol, olsem na bokis i kamapim ples ol i laikim.

2. Hamas bokis yu laikim?

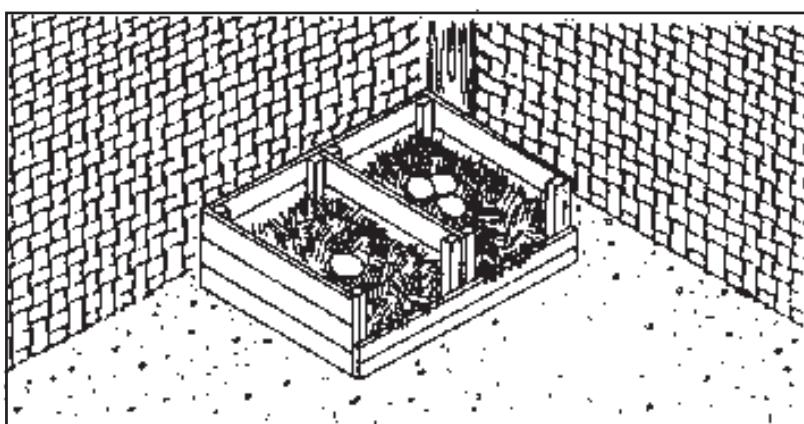
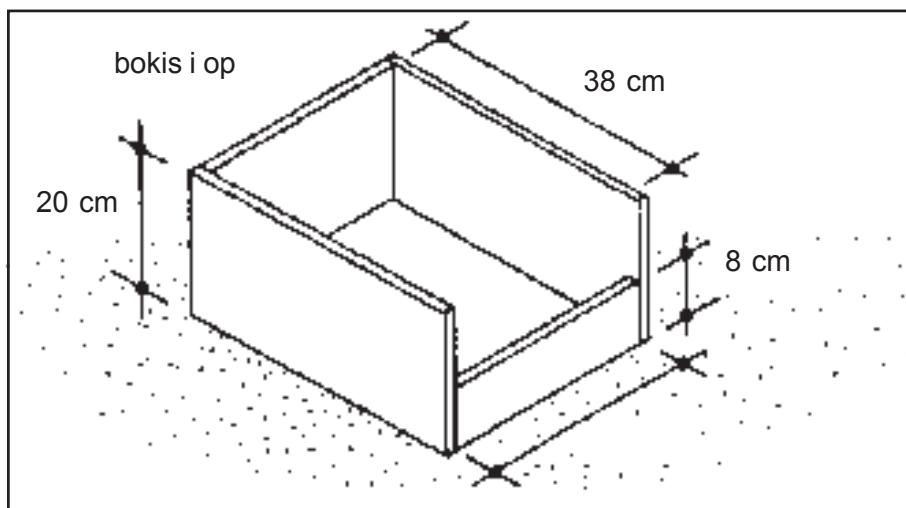
Wanwan meri pato i laikim bokis bilong em yet. Sapos tupela pato i yusim wanpela bokis, planti kiau bai bruk, long wonem, tupela bai pait long dispela bokis na long ol kiau na long ol liklik pato i kamap.



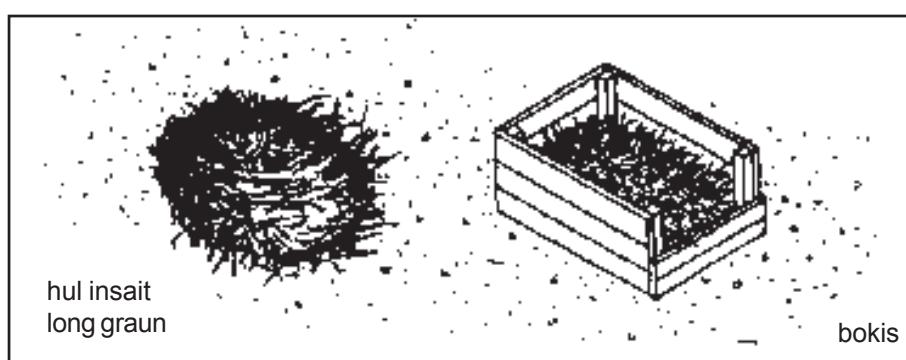
3. Olsem wonem bai yu wokim bokis bilong putim kiau?

I gat planti kain rot long wokim ples bilong pato i ken putim kiau. Wanpela rot em bilong wokim hul i go insait long graun. Tasol gutpela bokis i olsem. Bikpela bilong em i 30 cm, longpela bilong em i 38 cm, na sapos em i gat rup, dispela i mas i go antap 30 - 35 cm.

Sapos bokis yu wokim i bikpela tumas na tupela pato i go insait isi tru, bai yu kisim ol bruk kiau long pait i kamap insait. Sapos bokis yu wokim i liklik tru, ol pato i no inap yusim em, long wonem em bai nogat spes long ol i stap gut insait long em.



Piksa bilong
wanpela bokis
bilong tupela pato



4. Bilong wonem ol pato i laikim ples bilong mekim pikinini i kamap?

Askim ol manmeri dispela askim, "Bilong wonem yu ting ol liklik pato i laikim ples bilong ol long brukim kiau na kam aut?" Raitim ol bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol bekim. Sekim ol i tokaut long olgeta poin i stap aninit.

- Long lukautim ol yanpela pato long ol birua olsem ol man pato, ol tarangau, pik, dok, na ol snek
- Long holim ol long ples i hot liklik
- Long i gat ples we ol i ken kisim spesol kaikai olsem stok fid, na ol bikpela pato i no ken stilim kaikai bilong ol.

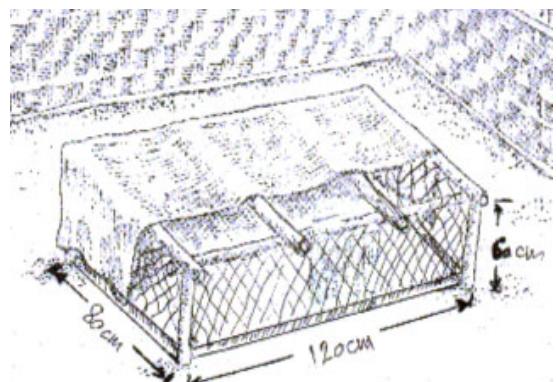
5. Olsem wonem long wokim bokis bilong ol bebi pato?

Gutpela ples long putim bokis bilong yu em insait long haus, klostu long ples paia. Em i save stap klostu long ples i hot liklik na taim yu kuk, kaikai na wara i stap klostu long ol yangpela pato na mama bilong ol.

Mipela ting long ol manmeri i ken wokim bokis wantaim banis nau. Sais i mas olsem.

Bikpela em 80 cm na longpela em 120 cm na 60 cm i go antap. Yusim mambu o kakaruk waia long mekim banis i raunim bokis.

Long Hailans putim sampela timba i krosim top long yu ken karamapim bokis wantaim hap laplap long nait, taim em i kol.



Bokis bilong ol bebi pato

Sampela tingting bilong givim skul

1. As tingting

Yu mas lukautim ol liklik pato gut tru. Em i gutpela long lukautim ol longwe long ol arapela pato, long wonem sampela taim ol man pato na ol arapela pato i save mekim nogut long ol liklik pato na kilim ol, taim ol i kam aut long bokis bilong ol. Ol liklik pato i laikim tu ples i hot liklik na sampela spesol kaikai i gat planti protin olsem stok fid inap long 2-3 wik.

2. Mekim samting

Wanwan manmeri i mas wokim bokis bilong putim kiau na bokis bilong ol bebi pato. Dispela i save kisim klostu wanpela de olgeta long ol manmeri bilong grup i ken pinisim tupela bokis. Sapos ol material samting bilong wokim bokis i redi pinis, ol bai inap pinisim hariap liklik. Taim ol i wokim tupela bokis pinis, mipela i save askim ol long putim aut ol bokis bilong ol bilong lukim wonem bokis i gutpela tru. Liklik prais i go long husat i wokim bokis nambawan tru.

Mipela i save lukluk gen long ol bikpela poin mipela bin toktok long en long dispela de na givim test sapos ol bokis bilong putim kiau na bokis bilong ol bebi pato i pinis long taim.

3. Wok mak

Sapos ol manmeri i no pinisim bokis bilong putim kiau na bokis bilong ol bebi pato, orait askim ol long pinisim bihain long hap 1 bilong dispela skul. Pastaim long ol manmeri i ken go insait long hap 2 bilong dispela skul, ol i mas pinisim bokis bilong putim kiau na bokis bilong ol bebi pato.

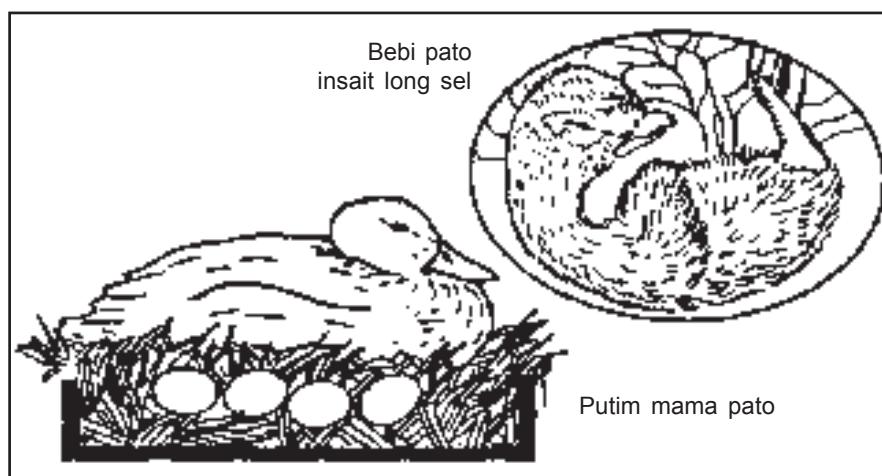
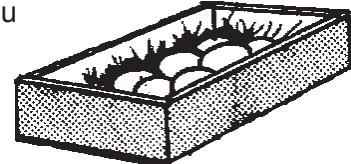
Tokaut long wok ol i bin mekim

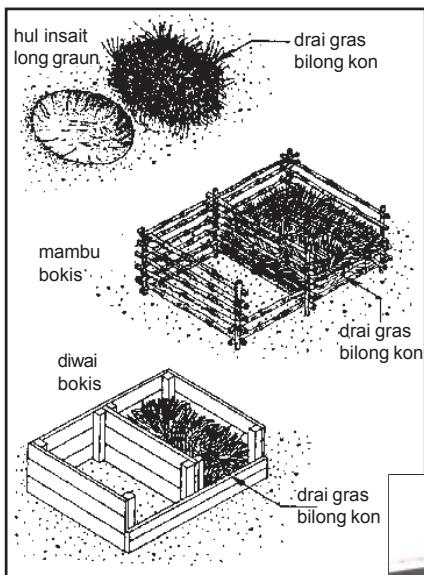
Tingting bilong helpim tisa

Yu mas tokaut long ol manmeri long gutpela wok ol i mekim. Tok amamas long wok ol i mekim i olsem wanpela tul i gat pawa we tisa o ol arapela i ken yusim bilong mekim ol manmeri i amamas moa long goan na mekim wok. Tingim ol dispela poin.

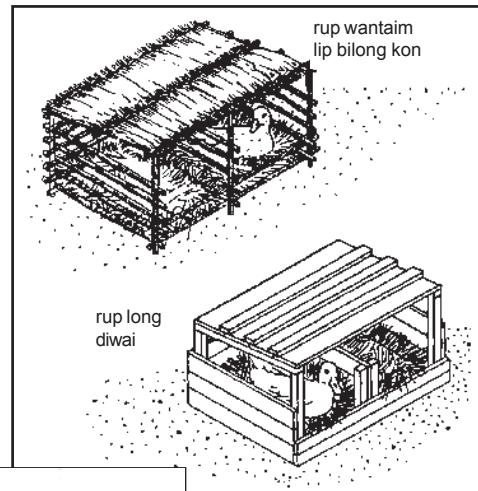
- **Tokaut klia.** Atingyu inap tok olsem, "Bokis bilong yu long putim kiau o bokis bilong yu bilong putim ol bebi pato em gutpela tru. Yu behainim stret skul yu lainim pinis"
- **Givim gutpela tingting:** Yu ken tokaut olsem, "Yu wokim bokis bilong yu long samting i stap klostu long yu. Em yu no inap peim moni. Dispela em bai helpim yu stret, bilong wonem yu no mas tromoi mani long baim ol nil o timba."
- **Tokaut kwiktaim:** Yu no ken wet long givim sampela gutpela tok. Givim stret long taim ol i mekim wanpela gutpela wok.
- **Tokaut long ol gutpela samting:** Yu no ken toktok planti long ol mistek ol i mekim. Mobeta yu tok long ol gutpela samting na olsem wonem ol i bin lainim gut ol samting yu bin skulim ol.

Mipela i save putim ples klia ol bokis bilong putim kiau na ol bokis bilong ol bebi pato ol manmeri i bin wokim. Mipela nau askim wanpela ausait man long makim wonem ol bokis i gutpela tru, na mipela save givim liklik prais long ol husat i bin wokim ol dispela bokis. Mipela save toktok wantaim ol manmeri long ol dispela bokis na tokim ol, wonem samting ol i bin mekim gutpela tru na tok amamas long ol i bin taitim bun na mekim gutpela wok tru.





*Kain kain
stail long ol
bokis bilong
putim kiau*



*Kain kain stail
long ol bokis
bilong putim ol
bebi pato*



Leson 6: Go ova long samting yu lanim pinis na traim save



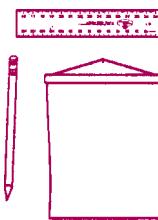
Mak yu laik sut long en na as tingting

- Go ova long ol samting lainim pinis insait long skul long 3-pela de na traim save bilong ol.



Taim

- 90 minit



Ol samting bilong yusim

- Ol askim (lukim sampa 8.1, pes 119)
- Pepa bilong traim save (lukim sampa 8.2 pes 121)



Samting long mekim

1. Go ova na askim

Skelim ol manmeri i go long tupela grup na mekim wanpela resis. Wanwan grup i ken makim spika bilong ol. Askim wanpela askim long grup 1 na givim ol liklik taim long ol ken toktok namel long ol na painim bekim. Spika bilong grup 1 i ken tokaut long bekim bilong ol (spika i no ken toktok long tingting bilong em yet, em i mas toktok wantaim ol arapela na kisim tingting bilong ol). Sapos bekim i stret, grup i kisim wanpela poin. Sapos bekim i rong, grup 2 i gat sans long givim bekim long dispela askim. Sapos bekim bilong ol i stret, orait bai ol i kisim poin. Nau grup 2 i kisim narapela askim. Wonem grup i kisim moa poin, em ol i kamap lain bilong win. Long sampa 8.1, pes 119 yu ken painim sampela askim yu ken yusim bilong mekim dispela resis.

2. Traim save (test)

Yusim traim save pepa (test) i stap long sampa 8.2, pes 121.

Tok klia gut tru long ol manmeri long test ol bai raitim, na yusim askim 1 olsem long makim klia. Oltaim wanpela bekim tasol i stret.

Yu no ken lus tingting long askim ol manmeri sapos ol i save long rit. Plant taim bai i gat sampela insait long grup bilong yu, ol i no inap long rit. Kisim ol dispela lain i go arere na askim ol askim long wanwan, na yu yet raitim traim save pepa bilong ol.

Bungim olgeta traim save pepa na makim. Givim bek ol traim save pepa wantaim mak bilong ol. Toktok long traim save pepa wantaim ol manmeri na tokaut long ol bekim i stret. Dispela em narapela rot bilong qo ova long ol samting yu bin skulim long ol manmeri insait long skul.

Sampela tingting bilong givim skul

Tingting bilang helpin tisa

Strongim save

Strongim save i gat mining olsem long go ova long olgeta poin mipela bin skulim pinis, na olgeta wok mipela i bin mekim na ol as tingting mipela i bin autim. Mipela mas strongim save long kain kain rot, inap ol manmeri i lainim samting gut tru. Insait long dispela lesson mipela bin yusim tupela rot pinis long strongim save bilong ol samting ol i bin lainim, em mipela bin go ova long ol samting ol in bin lainim na mipela bin givim traime save pepa (test).

Mak stret mipela ol tisa i mas sut long en, em long skulim ol manmeri inap ol i save gut tru long ol samting mipela skulim ol, na tu, long ol i klia gut long mekim ol wok mipela bin soim long ol. Em i helpim mipela ol tisa tu, sapos mipela painimaut ol manmeri i klia na inap long yusim ol samting mipela bin skulim ol long dispela skul. Taim Yu, olsem tisa, i lukim ol manmeri i pret long go mekim samting, na ol i no klia long tingting bilong Yu na i gat tupela tingting long ol bai go mekim wonem, dispela i soim Yu no bin painimaut ol manmeri i kisim save pinis long ol samting Yu bin skulim ol pastaim. Ating Yu bin go long narapela wok na Yu no strongim save long ol samting ol i bin lainim pastaim. I gat tok olsem: Mekim tausen taim na Yu lainim samting pinis.



*Tisa i mekim test long
toktok tasol wantaim
wanpela i no inap long rit*

5 Bihainim wanwan step bilong trening skul - Hap 2

Tupela samting i mas pinis pastaim, na bihain tasol yu ken mekim hap 2 bilong dispela skul.
Dispela tupela samting i olsem:

1. Ol manmeri i mas pinisim pinis haus pato bilong ol, banis, bokis bilong putim kiau na bokis bilong ol bebi pato. Taim ol i pinisim dispela wok ol i mas tokim yu, na yu ken stat long redim hap 2 bilong dispeal skul.
2. Yu mas redim ol abus long givim long ol manmeri. Dispela bai i hat liklik long mekim, long wonem, i no gat planti ples we yu ken baim ol pato. Sapta 9.1 i givim yu sampela adres bilong ol ples inap helpim yu long painim ol pato. Yu mas redim ol pato pastaim, na bihain tasol yu ken statim wanpela skul bilong pato. No ken statim wanpela skul sapos yu no klia tumas olsem yu bai gat rot long givim ol pato long ol manmeri.

5.1 Redim ol samting bilong trening skul - Hap 2

Yu o ol manmeri mas kisim ol dispela abus pastaim yu statim skul bilong hap 2:

- 4-5 bikpela Maskovi pato long kilim na katim
- Ol yangpela o liklik Maskovi pato long givim ol manmeri (mipela save givim wanpela man pato na tupela meri pato long wanwan man o meri husat i kam long skul)



Putim ol liklik pato antap long kar long karim i go long ples

5.2 Taimtebol bilong trening skul - Hap 2

Skul hap 2 i ken pinis insait long 2-pela de, tasol mipela i save putim 4-pela moa lesion i go insait long dispela skul (leson 10, 13, 14 na 15). Ol pato fama i no gat nid tru long dispela 4-pela lesion bilong mekim wok long lukautim ol pato. Tasol dispela ol lesion i laik helpim ol long laip bilong ol i ken stap gut. Olsem na em i gutpela long yu ken givim dispela ol lesion tu long ol.

Skul taimtebol - Hap 2

Taim	De Namba 4	De Namba 5	De Namba 6
8.00 – 8.30	Moning lotu	Moning lotu	Moning lotu
8.30 – 10.00	Leson 7 Welkam; kolin nem; toksave; sekim ol haus pato, ol bokis bilong putim kiau na ol bokis bilong ol bebi pato	Leson 10 Kain kain kaikai i gutpela long helpim bodi	Leson 14 Bungim wok fam wantaim wok gaden
10.00 – 10.30		Kisim win	Kisim win
10.30 – 12.00		Leson 11 Bai yu kilim na kukim pato olsem wonem?	Leson 15 Man na meri
12.00 – 13.00	Belo	Belo Kaikai pato mit na kumu	Belo
13.00 – 14.15	Leson 8 Holim ol pato, painimaut ol man pato na ol pato meri	Leson 12 Painim gutpela pato mama, lukautim ol bebi pato	Leson 16 Go ova na traim save
14.15 – 14.45	Kisim win	Kisim win	Kisim win
14.45 - 16.00	Leson 9 Givim kaikai long ol pato; givim pato long ol manmeri	Leson 13 HIV/Aids	Leson 17 Givim setifiket na tok gutbai

5.3 *Leson plan bilong trening skul - Hap 2*

Leson 7: Tok i go pas long namba tu hap bilong pato skul



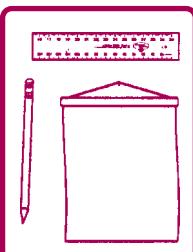
Mak yu laik sut long en na as tingting

- Lukluk na toktok long haus pato, samting bilong givim wara, bokis bilong putim kiau na bokis bilong ol bebi pato bilong ol manmeri



Taim

- 30 minit long opim na hap de bilong go lukim ol haus pato bilong ol manmeri



Ol samting bilong yusim

- Skul taimtebol



Samting long mekim

1. Sotpela tok bilong God na beten

Opim na pasim ol trening skul wantaim beten. Ol manmeri bilong PNG i save long samting bilong lotu na em i hap bilong bilip bilong ol.

2. Kolin nem

Sekim gut olgeta manmeri husat i givim nem long kam long trening i kam i stap pinis o nogat.

3. Trening skul taimtebol

Soim dispela taimtebol bilong skul yu bin redim pinis long ol manmeri na klaim ol tok bilong en long ol.

4. Go lukim ol haus pato bilong ol manmeri

Sapos klas bilong yu i no bikpela tumas, yupela stap long wanelala grup, na sapos klas i bikpela, orait askim ol manmeri long wokim tupela grup. Sapos yu gat ten o moa manmeri, em bai

gutpela long brukim ol i go long tupela grup. Sapos namba i no winim ten, ol manmeri bai amamas long stap long wapelala grup. Wapelala skul tisa i mas lukautim wanwan grup.

Nau grup i go lukluk long haus pato, banis, bokis bilong putim kiau na bokis bilong ol bebi pato na samting bilong dring wara bilong wanwan man na meri insait long wanpela grup. Yupela mas toktok long ol gutpela poin na long ol poin nogut bilong wok wanwan manmeri i bin mekim. Em i bikpela samting long toktok strong long ol gutpela poin na i no ken toktok planti long ol poin nogut. Sapos wanpela samting i nogut, yu ken tok olsem, "Ating sapos yu mekim olsem (tokim ol wonem samting ol i mas mekim), bai bokis bilong yu bilong putim kiau (o arapela samting i no gutpela tumas) i kamap gutpela moa yet." Yu no ken tokim ol olsem, "Dispela samting yu wokim em nogut na yu mas senisim em!" Ol poin long tingim taim yu sekim na lukluk long wok ol manmeri i bin mekim i olsem : -

- Haus i sanap long wanen kain ples (aninit long diwai, san, klostu long wara?)
 - Oi i wokim haus olsem wonem (strongpela, gutpela rup, windo, dua, na arapela samting)
 - Oi i wokim bokis bilong putim kiau olsem wonem
 - Oi i wokim bokis bilong ol bebi pato olsem wonem
 - Oi i wokim banis olsem wonem (strongpela, hul, longpela inap, hait gut long ol dok na ol stilman)
 - Oi i wokim samting bilong dring wara olsem wonem na
 - Sampela samting moa ol fama i bin wokim bilong mekim ol Maskovi pato bilong ol i ken i stap gut.
 - Tokaut long ol gutpela samting pastaim na tokaut isi tasol long ol samting i rong. (Lukim long ‘Tingting bilong helpim tisa’ long hapsait.)

Grup yet i mas skelim na tokaut long husat man o meri i wok gut na inap long kisim ol pato, o husat i gat laik long mekim sampela moa samting long haus bilong em pastaim long em i ken kisim ol pato.

Sampela tingting bilong givim skul

Mipela lukim pinis em helpim gut tru long ol manmeri i luksave olsem haus em bikpela samting long ol pato. Sapos ol tisa i no givim hariap ol pato long husat i no wokim gut haus pato bilong em, na em i mas stretim haus pastaim na bihain tasol em i kisim pato, dispela i helpim ol long was gut long lukaautim pato bilong ol bihain, na ol bai kamap gutpela pato fama.

Tingting bilong helpim tisa

Pasin bilong tokaut long ol rong

Tokaut long ol rong i mas helpim ol manmeri, na em i wankain liklik olsem taim yu strongim ol long wok. Taim yu tokaut long ol rong, yu no ken daunim ol manmeri na tok long wanpela wok i nogut tru. Yu no ken tokim ol sapos ol i no inap mekim gutpela wok, bai ol i no inap stap long woksop moa. Nogat. Yu mas toktok isi long ol na tokim ol long ol i bin hatwok na mekim wok, tasol i gat sampela samting i ken kamap gutpela moa yet. Yu soim ol, olsem wonem ol i ken mekim dispela wok bilong ol i kamap gutpela. Yu tokim ol olsem hevi inap painim ol bihain, sapos ol i no stretim gut wok bilong ol. Ating yu ken tokim ol olsem, "Yu wokim planti wok pinis long haus pato bilong yu, tasol dispela banis i no strong tumas na ol dok inap brukim na go insait long haus pato na kilim ol pato bilong yu. Sapos yu no laik dispela i kamap, yu ken putim sampela ston bihainim banis na ol dok bai i no inap digim hul aninit na kilim ol pato bilong yu."

Taim yu lukim wanpela banis i stap strong tru, yu ken tok, "Dispela banis em strong tru na ol dok i no inap long brukim na i go insait na kilim ol pato." Ol husat i no mekim gut wok long banis bilong ol bai kisim tingting na stretim banis. Tok amamas long wanpela wok i kamap gutpela i save givim stia na tingting long ol i no bin mekim gut tumas, na ol bai stretim, na yu no givim sem long ol.

Yu no ken tokaut tumas long ol rong, maski em i helpim o nogat. Mobeta yu tokaut long ol gutpela samting planti taim na long ol rong wanwan taim tasol. Taim yu bin givim 5-pela tok amamas, ating bihain tasol yu ken mekim 1-pela tok bilong stretim rong ol i bin mekim.



*Gutpela haus pato,
bokis bilong ol bebi pato,
samting bilong dring wara,
ol bokis bilong putim kiau*



Leson 8: Holim pato stret long we bilong holim na painimaut husat em man pato na husat em meri pato



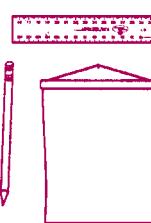
As tingting

- Bai yu holim ol pato olsem wonem?
- Yu bai luksave olsem wonem long ol man pato na ol meri pato



Taim

- 1 aua



Ol samting bilong yusim

- 1-pela o 2-pela bikpela Maskovi pato (sapos i gat, man na meri)
- 3-pela yangpela man Maskovi pato
- 3-pela yangpela meri Maskovi pato

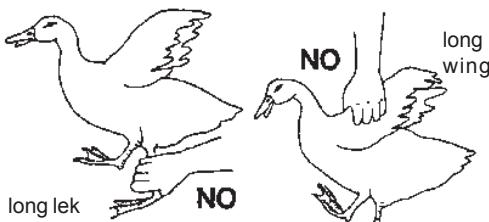


Samting long mekim

1. Soim ol manmeri long kisim, holim na karim ol pato

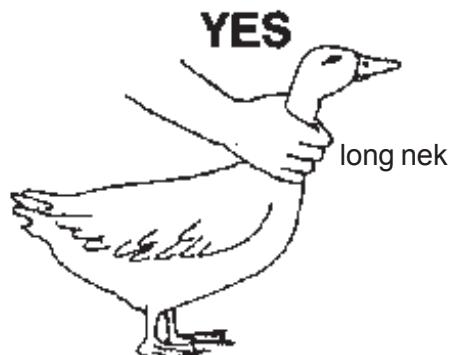
Sampela ol bikpela poin bilong toktok wantaim: -

- Lek na wing bilong pato inap bagarap isi tru. Olsem na yu no ken tru long holim pato long lek o long wing.



No ken holim ol pato olsem! No ken tru holim ol long lek na wing

- Kisim pato, holim em gut na isi long aninit long nek bilong em.



Kisim pato long nek bilong em

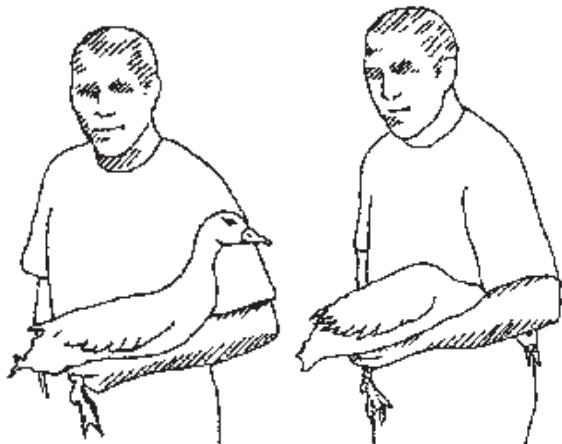
- Yu ken kisim na holim pato tu long pasin olsem. Wantaim tupela han yu holim tupela wing bilong en i go pas long bodi bilong em, na bikpela pinga i stap antap long wanwan wing bilong en.



Olsem wonem bai yu holim pato gut



- Holim pato long tupela wing i go pas long bodi bilong em
- Taim yu kisim wanpela pato pinis, surikim wanpela han i go aninit long bodi bilong em na holim tupela lek bilong en strong. Nau yu ken slipim bodi bilong pato antap long han (arm) bilong yu na karim em isi tru.



Pasin bilong karim pato



2. Painimaut husat i man pato na husat i meri pato

- Holim pato wantaim het i go daun na tel i kam antap. Benim tel i go long baksait na pasim strong tupela wing wantaim. Yusim tupela han bilong yu wantaim long holim.
- Kisim wanelala long helpim yu. Sekim rot bilong pekpek. Yu mas sekim gut insait long lukim sapos pato i gat kok na em man, o em i nogat kok na em meri pato.



Olsem wonem bai yu holim pato



*Man pato wantaim
kok (penis) olsem
sais bilong nidel*

*Meri pato
wantaim kan
(vulva)*



Sampela tingting bilong givim skul

Askim wanwan manmeri long kam long fran na soim ol arapela long pasin bilong kisim, holim na karim wanpela pato long rot mipela bin soim long antap.

Nau tokim ol manmeri long sekim ol liklik pato (meri na man). Tupela tupela wantaim i mas mekim dispela wok. Tisa i mas sekim gut olsem ol i ken mekim gut. Em i bikpela samting long ol manmeri i save gut long painimaut husat em man pato na husat em meri pato. Long dispela rot tasol ol bai save wonem kain pato ol i wok long lukautim na wonem pato ol i ken salim o kaikai, na ol i no rausim olgeta pato bilong kamapim ol bebi patobihain.

Tingting bilong helpim tisa

Go ova

Taim yu givim wanelpa bikpela toksave long ol lain i stap long skul long wanelpa nupela we bilong mekim samting, yu mas kisim taim long lukim sapos olgeta manmeri i ken mekim wonem yu bin soim ol. Askim sampela lain husat yu ting i no klia tumas yet long painimaut husat em man o meri pato long kam sekim wanelpa o tupela pato gen, na tokaut long ol i man o meri. Sapos ol i no painimaut stret, soim gen long olgeta lain olsem wonem yu ken sekim na painimaut. Bihain larim ol i sekim wanelpa o tupela pato gen, inap ol i klia gut long rot bilong painimaut husat i man pato na husat i meri pato.

Em wanelpa asua planti tisa i save mekim. Ol i no save sekim sapos ol manmeri i kisim klia tingting long ol samting ol i bin skulim ol. (Mi tu mas tokim mi gen na gen long sekim ol manmeri i kisim save pinis long wonem samting mi skulim ol).

Leson 9: Kaikai bilong ol pato na givim aut ol abus



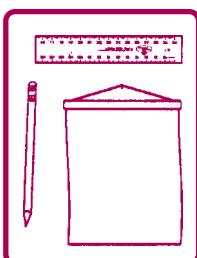
Mak yu laik sut long en na as tingting

- Soim ol manmeri wonem kain kaikai ol pato i ken kaikai
- Skulim ol long wara ol pato i laikim
- Lanim wonem samting ol pato bai mekim long gaden bilong yu.



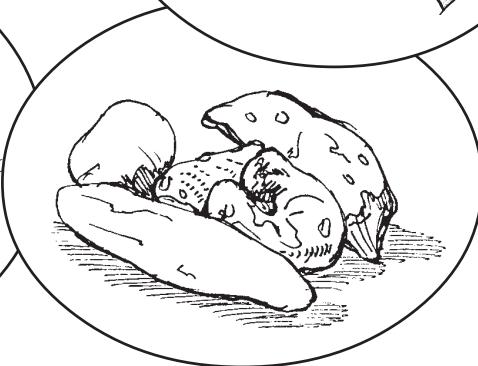
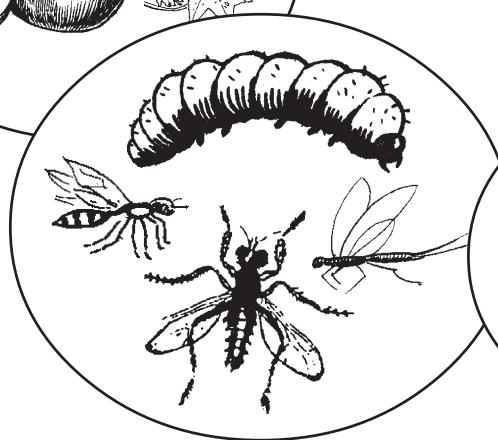
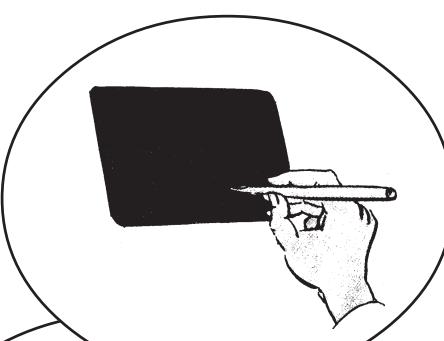
Taim

- 1 aua



Ol samting bilong yusim

- Blakbot o waitbot
- Sok o waitbot makim pen
- Sapos i gat, sampela kain kaikai ol pato i laikim olsem malumalum kumu, liklik snek bilong graun, ol sid, ol kaukau, ol kaikai na prut i mau tru na bagarap long en.





Samting long mekim

1. Oi kain kain kaikai yu ken givim long ol pato

Ol pato i save kaikai wankain kaikai liklik olsem ol kakaruk, tasol ol pato i save laikim moa kumu long ol kakaruk.

Askim ol manmeri long painim ol kaikai ol i ting i gutpela long ol Maskovi pato long kaikai. Givim ol 10 minit long bungim ol kain kain kaikai klostu raun long ples. Taim ol i kam bek wantaim kaikai ol i painim, putim kaikai aut na skelim tingting wantaim long ol kain kain kaikai. Lukim sapos ol i painim olgeta kaikai i stap aninit.

- Binatang, kain kain liklik snek bilong graun (worms, slugs, snails), rokrok
- Ol prut na arapela kaikai i mau tru o bagarap
- Kaukau, tapiok, taro, kon na olkain kaikai olsem
- Olkain sid, wit o rais (olkain eneji kaikai)
- Ol hap samting i stap long graun bihain long kamautim ol kaikai bilong yu
- Gras, gras nogut, olkain as (roots), (lip na prut bilong soko i tan pinis em gutpela kaikai tru bilong ol pato)
- Planti ol gras samting i stap long wara
- Ol hap hap kaikai long haus kuk bilong yu

Sampela lo bilong givim kaikai

Ol Maskovi pato i laikim ol kain kain kaikai na ol bai no gro gut sapos yu givim ol wanelala kain kaikai tasol.

Ol pato i save kaikai klostu olgeta samting, olsem na em i no hat long ol i ken painim kaikai bilong ol yet sapos yu larim ol i go aut long banis eria na ol i ken wokabaut raun. Larim ol bikpela pato aut long haus na banis bilong ol planti taim. Putim na lokim ol insait long nait taim tasol!

Klinim kaikai dis bilong ol pato olgeta de. No ken givim ol tumas kaikai, nogut ol bai i no inap pinisim kaikai hariap na kaikai i bagarap na sting. Sapos ol pato i kisim kaikai i bagarap, bai ol i kisim sik na dai.



Kain kain kaikai i stap long graun, na tisa i skelim tingting na toktok wantaim ol manmeri

2. Wonem kain kaikai bai yu givim long ol liklik pato?

Lukaut gut taim yu givim kaikai long ol liklik pato.

Askim ol manmeri dispela askim, "Wonem kain kaikai ol liklik pato i mas kisim?" Raitim ol bekim long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long olgeta kain kaikai i stap aninit.

- Kaukau i kuk pinis long en, tapiok, taro na kon (strongpela (eneji) kaikai)
- Binatang, ol snek bilong graun, paua bilong drai pis, ol bin i kuk pinis long en (protein kaikai)
- Ol kumu i kuk pinis long en

- Stok fid em i gutpela kaikai tru sapos yu ken kisim (em miiks protin na eneji kaikai)
- Kaikai long plet bilong yu na yu no bin pinisim

Go bek gen:

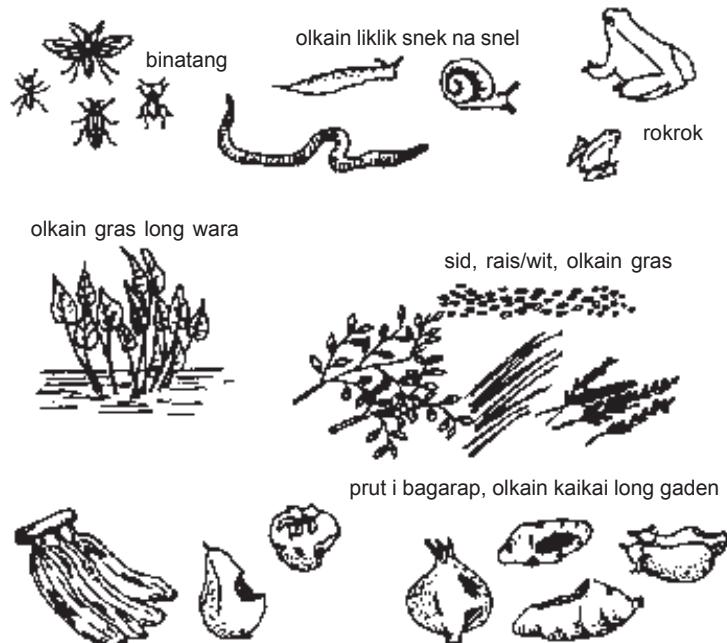
Klinim dis bilong kaikai olgeta de. No ken givim tumas kaikai long ol pato, nogut ol bai i no inap pinisim olgeta na kaikai bai bagarap. Sapos ol liklik pato i kaikai ol nogut kaikai bai ol i kisim sik na dai.

3. Wara

Ol Maskovi pato i laikim klinpela, nupela wara wantaim kaikai bilong ol. I mas i gat rot long ol i ken kisim wara olgeta taim.

Ol tu i laikim wara long mekim ai bilong ol i stap klin.

Planti ol liklik pato i save dai long wonem ol i pundaun long wara na dring wara na dai. Sampela i dai long wonem ol i kamap wet, na kol i kisim ol na ol i dai. Yu mas mekim wanpela samting bilong ol liklik pato i ken dring wara long en, we ol i no inap pundaun insait long wara na kamap wet o dring wara na dai.



Ol gutpela kaikai bilong ol liklik pato



Samting ol liklik pato i ken dring wara long en. Ol ston i pasim ol pato long pundaun insait long wara na kamap wet na kisim kol.



Samting ol bikpela Maskovi pato i ken dring wara long en

4. Sampela senis ol pato bai kamapim long gaden bilong yu

Ol pato i save laik long kaikai ol nupela kuru i gro, olsem na yu mas putim ol pato i go longwe taim gaden bilong yu i nupela yet. Taim ol samting i gro bikpela pinis, yu ken larim ol pato i ken raun na painim kaikai bilong ol long baret, long wonem ol i no inap bagarapim tumas ol bikpela samting, tasol ol bai helpim long daunim gras nogut na ol binatang nogut.

Em i gutpela long larim ol pato i go insait long gaden bihain long yu kamautim ol kaikai bilong yu pinis. Ol pato bai painim planti ol gutpela kaikai bilong ol yet na bai i no inap bagarap nating.

5. Laimston - em ston i gat waitpela das (limestone)

Em i bikpela samting tru long ol pato i mas kisim laimston long mekim strong sel bilong kiau. Sapos ol i sot long laimston ol bai stat long kaikai kiau bilong ol yet. Mipela lukim pinis dispela i bin kamap long pato bilong planti fama.

Hia em sampela rot long helpim ol pato bilong yu i ken kisim inap laimston: -

- Sel bilong kiau. Sapos yu kaikai sampela kiau, givim ol sel bilong kiau long ol pato. Putim ol insait long tin klostu long ples paia, larim ol i drai gut, nau brukim ol liklik liklik na ol pato i no ken lainim long kaikai kiau bilong ol yet.
- Givim ol sampela waitpela paura (kambang) ol man i save yusim long taim bilong kaikai buai. Yu ken putim sampela paura antap long kaukau o tapiok bilong ol pato.
- Sapos yu stap klostu long solwara, givim ol pato sel bilong solwara o bruk koral.
- Givim ol laimston yu bin skrapim pinis, sapos i gat laimston klostu long ples yu stap long en.

6. Givim pato aut long ol manmeri

Mipela ting, nau em i gutpela taim long givim aut ol pato long ol manmeri husat i pinisim gut ol wok yu bin givim ol (haus pato, bokis bilong putim kiau, bokis bilong putim ol bebi pato, na banis). Insait long skul mipela save givim 1-pela man pato na 2-pela meri pato long ol manmeri.

Sampela tingting bilong givim skul

Dispela lesion bilong givim kaikai long ol pato em i bikpela lesion tru. Plantii fama i painim hat long givim kaikai gut long ol pato bilong ol. Olsem na em i bikpela samting long go bek long dispela lesion na sekim gut ol i klia long ol samting yu bin skulim ol. Em i gutpela sapos yu tokim ol manmeri long stat wantaim liklik namba bilong abus na lukautim ol gut pastaim, na sapos ol i lainim gut pinis, bihain bai ol i ken lukautim planti abus.

Tingting bilong helpim fisa

Long mekim skul bilong yu i kamap gutpela na ol manmeri i ken amamas; na pilim

Taim ol manmeri i kam sindaun long ol lesen bilong yu, ol i mas pilim -

1. Olsem ol i pilim i orait strait na amamas. Yu mas mekim naispela pasin na ol i no pilim sem, long wonem samting ol i mekim i rong. Insait long skul yu no ken traim long kamap bos tumas.
2. Olsem ol i save long ol samting ol i mekim. Olgeta taim yu mas mekim sampela gutpela toktok long amamasim wok bilong ol. Long dispela rot bai ol i ken save na tu wok bilong ol i no go nating.
3. Olsem ol i lainim sampela gutpela samting i wok long kirapim bel bilong ol. Traim long mekim lesen i kamap niupela o i ken givim tingting o amamasim ol wantaim sampela prais.
4. Olsem ol i ken helpim woksop i kamap gutpela. Sapos i gat rot, tokim ol manmeri i ken tokaut long wonem ol i ting. Salim ol i go kisim kain kain kaikai i kam ol i ting i gutpela bilong ol pato, na ol i ken tokaut long wonem as ol i ting dispela kaikai i gutpela.
5. Olsem ol i wok long lainim sampela samting inap helpim ol. Ol manmeri i mas kisim save na klia gut long ol samting yu skulim ol na long ol samting yu soim ol long mekim, inap ol bai ken go mekim bihain. Dispela save ol i bin kisim i mas helpim ol long mekim laip bilong ol i kamap gutpela moa.



Ol pato i kaikai na dring wara

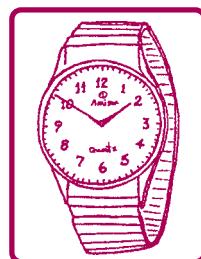


Leson 10: Kaikai bilong ol man (nutrisen)



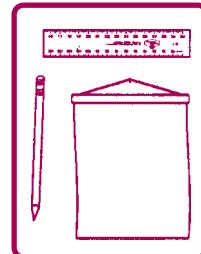
Mak yu laik sut long en na as tingting

- Yumi mas save long kaikai i gat wonem wok
- Yumi mas save wonem kaikai bai yumi kaikai long wanwan de
- Yumi mas save wonem kaikai i gutpela long yumi
- Yumi mas save long wonem yumi laikim wara



Taim

- 1 aua



Samting bilong yusim

- Waitbot
- Ol kain kain kaikai



Samting long mekim

Insait long dispela lesion em i bikpela samting long ol manmeri i tokaut long yu long ol kain kain kaikai. Ol manmeri i save long wonem kaikai i gutpela long ol. Helpim ol long tokaut long ol samting ol i save pinis na givim sampela moa tok save bilong kaikai long ol.

1. Ol kaikai i gat wonem wok?

Askim ol manmeri olsem, “Ol kaikai i gat wonem wok”? Lukim sapos ol i tokaut long ol wok i stap aninit.

- Kaikai i save helpim yumi long gro na kamap bikpela
- Kaikai i save helpim yumi long stap strong na no kisim sik
- Kaikai i helpim yumi long mekim wok
- Kaikai i helpim yumi long stap gut na amamas

2. Hamas kaikai yumi mas kisim long wanwan de?

Askim ol manmeri olsem, “Hamas kaikai wanpela man o meri i mas kisim long wanwan de?” Raitim bekim bilong ol long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long ol poin i stap long hapsait.

- Ol liklik pikinini i laikim gutpela kaikai planti taim long wanelpa de. Susu bilong mama em gutpela tru bilong ol bebi.
- Ol yangpela manmeri i laikim planti kaikai, long wonem ol i gro yet.
- Husat manmeri i save wok hat o ol mama i givim susu long bebi i laikim planti kaikai.
- Husat manmeri i save pilai kat olgeta de o ol lapun, ol i no mas kisim tumas kaikai. I no olsem ol lain bilong wok hat o mama i givim susu long bebi.
- Planti tumas kaikai o kaikai i no helpim gutbodi bilong yu em i no gutpela. Ol manmeri i fat ol i save kisim sik hariap, olsem na ol i mas was gut long wonem kain kaikai na hamas kaikai ol i save kisim, inap hevi bilong ol i ken kam daun.
- Mipela i no mas kisim tumas kaikai i gat planti gris long wanwan de, sipsip (lamb flaps) na arapela kaikai i gat planti gris em i no gutpela long bodi bilong yumi.

3. Wonem em gutpela kaikai i helpim bodi i no kisim sik?

Planti ol kaikai i gutpela long helpim bodi bilong yumi sapos yu no kisim wankain kaikai tasol. Tripela kain kaikai em gutpela long helpim bodi bilong yumi: kaikai bilong strongim bodi (eneji kaikai), kaikai bilong helpim bodi (protein kaikai) na ol kaikai i save pait long sik.

Askim ol manmeri long mekim tripela grup. Kolim namba wan grup ‘helpim bodi grup’ (protein grup), namba tu grup ‘long strongim bodi’ (eneji grup) na namba tri grup ‘grup bilong pait long sik’.

Nau askim wanwan grup long go aut na painim kaikai i makim grup bilong ol. Givim ol olsem 10 minit long bungim olkain kaikai. Taim ol manmeri i kam bek, askim ol long putim long floa ol kaikai ol i painim.

Nau wanwan grup i ken soim kaikai ol i bin painim na tokaut olsem wonem wanwan kaikai i save helpim bodi.

Wok bung wantaim ol grup na lukim sapos ol i bin painim ol kaikai long wanwan grup i stap pinis aninit.

Eneji kaikai

Eneji kaikai i olsem disel o petrol bilong bodi bilong yumi. Eneji i save helpim bodi long wok strong na stap hot. Liklik pikinini i mas kisim planti kaikai long strongim bodi (eneji) long gro na pilai na go long skul. Ol mama husat i gat bel o wok long givim susu long bebi i mas kisim planti eneji kaikai.



Lukluk long ol eneji kaikai ol manmeri i bin kisim i kam na askim ol long givim yu sampela moa nem bilong sampela arapela kaikai i bilong eneji grup. Raitim bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long ol kaikai i stap aninit .

Kaukau	Nudel	Kapiak
Taro	Majarin	Yam
Potato	Plaua	Gris pik
Bret	Kon	
Kokonas krim	Tapiok	
Suga	Oil (gris)	
Saksak	Rais	
Banana		

Kaikai long helpim bodi gro (Protin kaikai)

Kaikai long helpim bodi i gro (protin) i olsem ol material taim yu wokim wanpela haus (timba, mambu, pitpit na brik). Kaikai long helpim bodi i gro i save helpim long wokim ol sel na masol insait long bodi bilong yumi. Long wonem ol pikinini i wok long gro ol i nid long wokim planti sel, olsem na ol i laikim planti kaikai long helpim bodi i gro o kaikai bilong wokim bodi.

Pikinini husat i no kisim gut ol protin kaikai em inap kisim sik na inap i dai. Kain pikinini i olsem wanpela haus i pundaun long strongpela win na ren long wonem haus i no gat strong.

Kaikai long helpim bodi i gro i helpim tu long stretim hap bodi bilong yumi i bagarap (sapos yumi katim skin, o sua i kamap na kain samting olsem).

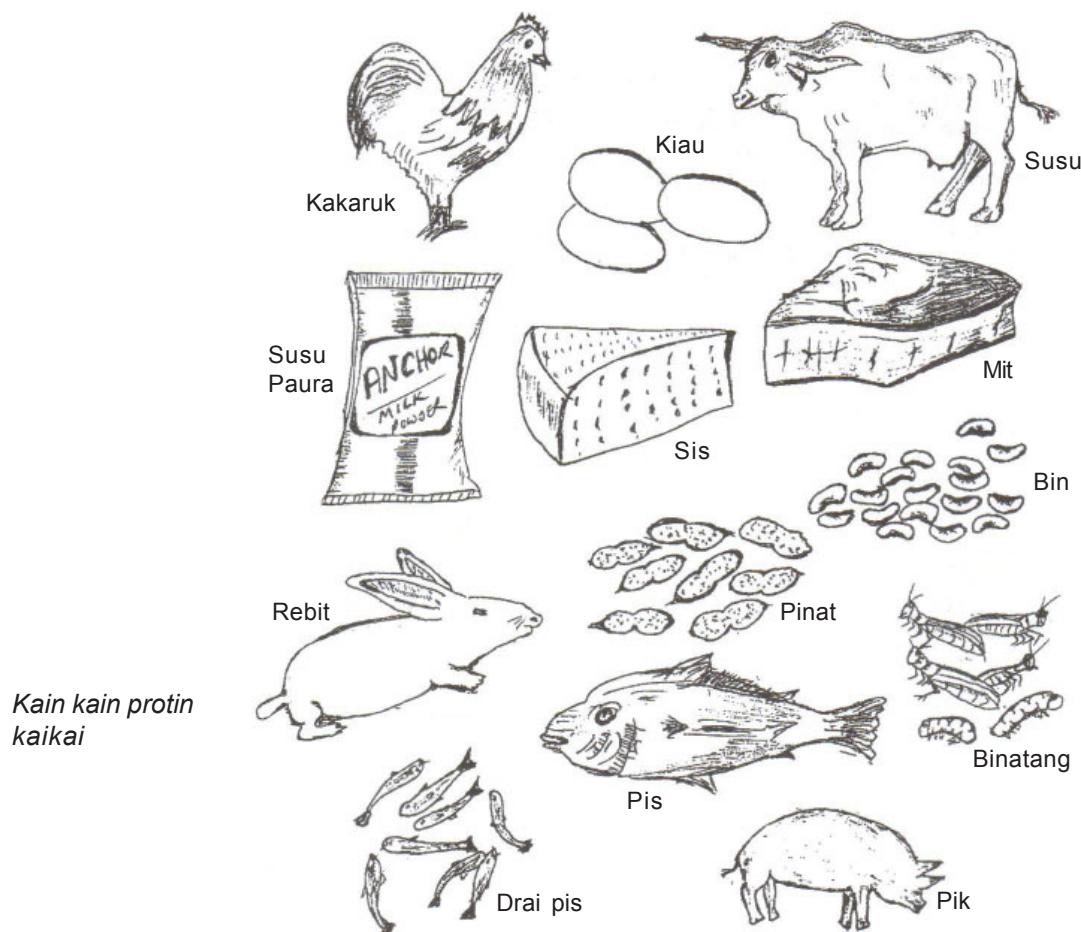
Lukluk long ol protein kaikai ol manmeri i bin kisim i kam na askim ol long givim yu nem bilong sampela arapela kaikai bilong dispela grup. Raitim ol bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long olgeta kaikai i stap aninit.

Protin kaikai i kam long ol abus

Susu
Mit
Pis
Kiau
Kindam, rokrok na prons
Sis

Protin kaikai i kam long ol plan o gaden

Bin
Pinat
Kain kain nat
Pi
Kokonas



Ol kaikai bilong pait long sik

Kaikai bilong pait long sik i helpim yu na sik i mas pinis hariap. Nem bilong samting bilong pait i stap insait long ol dispela kaikai em vaitamin na minerel. Plantu ol kaikai i stap long dispela grup long pait long sik i helpim yumi long sik i no ken kamap long yumi.

Lukluk long ol kaikai bilong pait long sik ol manmeri i kisim i kam na askim ol long kolim nem bilong arapela kaikai bilong dispela grup. Raitim ol bekim long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long olgeta kaikai i stap aninit.

Sayor

Lip pamkin

Aibika

Kabis

Kain kain lip na kumu long bus

Kerot

Pamkin

Tomato

Prut

Popo

Guawa

Mango

Mandarin na Orens

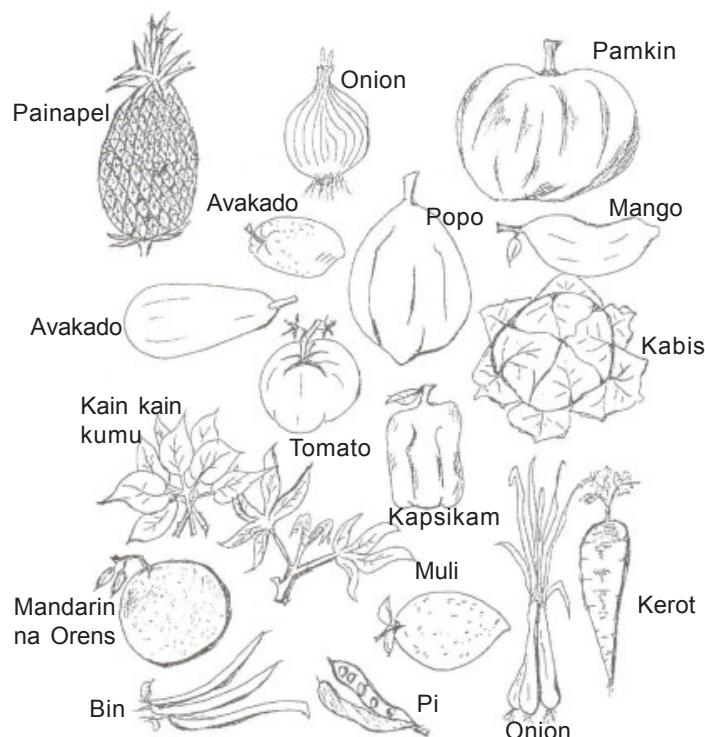
Muli

Banana mau

Painapel

Olgeta prut na sayor i ken helpim mipela.

*Kain kain kaikai
bilong pait long sik*



Askim tupela manmeri long tokaut gen sotpela wonem ol i lainim pinis long ol grup kaikai na wonem kaikai i bilong wonem grup. Ol i mas save olsem planti kaikai i no bilong wanpela grup tasol. Nogat. Ol i gat kain kain gutpela samting insait na ol i bilong moa long wanpela grup.

Long arere bilong lesion no ken lusim tingting long tokaut gen long bodi bilong yumi i mas kisim planti kain kain kaikai, na mipela i mas kisim kaikai long tripela grup. Olsem tasol yumi ken stap strong na yumi no kisim sik. Ol pikinini i mas kisim planti protin kaikai (moa long ol bikpela manmeri) na planti kaikai bilong ol arapela grup kaikai tu. Balens kaikai tasol bai helim yumi stap gut na strong.

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Grupwok

Wok bung wantaim olsem wanelala grup, em i wanelala rot bilong mekim isi long ol bikpela manmeri long lainim samting, na tu, em i gutpela rot bilong wok. Wonem samting i kamap insait long grup, em wankain liklik olsem ol samting i wok long kamap long olgeta de. Taim ol manmeri i wok olsem wanelala grup ol inap long yusim gutpela save bilong wanwan grup memba, na ol i ken mekim samting i kamap gutpela na i winim samting wanelala i mekim long em yet. Grup i wok bung wantaim long painim rot bilong mekim wok ol i gat. Em bai i gat moa amamas long wok insait long grup, long wonem, wanwan memba bilong grup i no laik long save long olgeta samting. Na wok resis namel long tupela grup i ken kamapim moa amamas long lainim samting.

Sapos yu laik skulim ol man na meri long wokim wanelala kain wok na long yusim nupela save bilong mekim samting, larim ol long wok insait long liklik grup na traime nupela save na painimaut ol bekim long askim. Dispela em i gutpela rot tru bilong mekim ol i lainim samting. Insait long PNG we ol manmeri i save pinis long wok bung wantaim long wanelala grup, long wonem em go wantaim tumbuna pasin bilong ol, ol bai wok gut tru long dispela kain rot. Wanwan taim tasol ol manmeri i lainim samting long ol yet. Ol i pilim amamas taim ol i ken wok bung wantaim na serim hevi bilong wok.

Tisa i ken putim ol manmeri long grup wantaim ol pren bilong wonem em isi long wok wantaim ol lain ol i save pinis, na ol bai lainim gut ol samting. Ol hatpela wok bai i go isi. Sapos yu, olsem tisa, i lukim sampela memba i no wok gut wantaim long wanelala grup, yu mas putim ol i go i kam long narapela grup inap olgeta i ken lainim gut ol samting.

Taim yu tingting long husat bai i go long wonem grup, em bai gutpela sapos yu putim ol long wankain krismas i go long wankain grup, o putim ol man wantaim o ol meri wantaim. Larim ol manmeri i ken go long grup ol yet i laikim, tasol lukaut gut na helpim ol dispela lain i no painim grup hariap, inap ol tu i ken joinim wanelala grup na wok gut wantaim ol arapela memba bilong grup.

Leson 11: Kilim na kukim pato



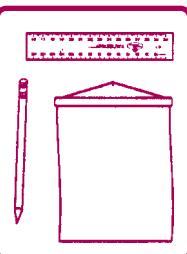
Mak yu laik sut long en na as tingting

- Skulim yu we yu save kilim abus
- Skulim yu long we bilong kilim pato
- Skulim yu we bilong kukim pato



Taim

- 30 minit skul insait long klasrum na mekim wok long lainim han (praktikal)



Oi samting bilong yusim

- Oi pato bilong kilim
- Naip
- Baket
- Hot wara
- Oi kumu long kukim wantaim pato sup



Samting long mekim

1. Olsem wonem bai yu kilim pato

I gat planti rot bilong kilim wanpela abus, tasol planti rot ol bai givim pen tru long ol abus. Mipela painim gutpela rot bilong kilim pato hariap em long katim het (nek) bilong en wantaim busnaip.

Taim yu katim het pinis na blut i no ran moa, putim pato insait long wara i hot tru na i boil. Dispela i helpim long mekim wok bilong rausim ol gras bilong pato go isi. Nau yu ken redim pato wankain olsem yu save redim kakaruk long kukim.

2. Olsem wonem bai yu kukim pato

Pato yu ken kukim wankain olsem yu save kukim kakaruk. Tasol mit bilong pato i strongpela moa olsem mit bilong kakaruk. Long dispela as yu mas kukim pato longpela taim, na i winim taim yu save kukim kakaruk.

Sampela tingting bilong givim skul

Kilim wanpela abus em i wanpela spesol wok. God i wokim dispela abus, na em i wok bilong yumi long kilim em hariap long rot i no givim planti pen long em.

Sapos yu kilim em hariap na yu no givim planti tumas pen long em, dispela i helpim gut long narapela samting tu. Sapos abus i pilim planti pen long taim em i dai, em i save larim homon (hormones) i go insait long mit. Dispela i mekim mit i kamap strong na i no gutpela tumas long kaikai. Olsem na yumi mas lainim long holim isi abus na long kilim em i dai hariap bai em i no ken pilim planti pen .

Hia em wanpela isi rot long kukim mit bilong pato.

Pato na kumu wantaim kokonas krim

Yu mas kisim:

- 1-pela pato
- 2-pela tebol spun oil
- 2-pela ti spun sol
- 1¼ kap kokonas krim
- 3-pela tebol spun bata
- 4-pela han pulap long kumu

Rot long kukim:

1. Rausim ol bun bilong pato na katim mit i go liklik olsem sais bilong bikpela pinga
2. Mekim oil i go hot insait long sospen, putim mit bilong pato i go insait na kukim inap em kamap braun
3. Putim sol na ¼ kap kokonas krim
4. Karampim na kukim isi isi long 30 minit
5. Taim mit bilong pato i wok long kuk yet, meltim bata (o yu ken yusim oil, sapos yu no gat bata) long narapela sospen na putim kumu i go insait
6. Karamapim na em i ken kuk isi isi
7. Bungim mit bilong pato i tan pinis na dispela 1-pela kap kokonas milk i stap yet wantaim kumu, larim em i boil sotpela taim tru na sevim wantaim kaukau o rais

Tingting bilang helpim tisa

Yusim olgeta samting yumi gat bilong lainim nupela samting (using all our senses)

Taim yumi kamap long wanelpa nupela samting, yumi save painimaut long en olsem. Yumi lukluk long en wantaim ai, yumi harim wantaim ia, yumi smelim wantaim nus, yumi tasim em long pinga bilong yumi na sampela taim yumi traime wantaim tang bilong yumi tu. Bihain long yumi bin yusim ol dispela rot long luksave long wanelpa samting, yumi save tingting long dispela samting yumi bin lukim, harim, smelim, tasim o testim. Sapos narapela taim yumi bungim dispela wankain samting gen bai yumi save pinis long en. Sapos yumi bin yusim planti rot long luksave long wanelpa samting, orait bai yumi no inap lusim tingting hariap na bai yumi save gut long en. Sapos yumi yusim ia tasol long harim nupela samting na yumi no lukim wantaim ai bilong yumi o pilim wantaim han bilong yumi, bai yumi no inap tingim na save gut long dispela samting.

Lanim samting i gat mining olsem. Yumi save yusim wanelpa o sampela rot bilong luksave long wanelpa samting. Taim yu redim wanelpa lesan yu mas oltaim traime long larim ol manmeri i ken yusim planti rot long luksave na lainim dispela nupela samting yu laik skulim ol. I gat planti rot long skulim ol manmeri long kilim pato. Sampela rot i olsem:

1. Yu holim pato na soim ol long ples bilong kilim
2. Yu yet i kilim wanelpa pato na soim ol,
3. O, mobeta yet, pastaim yu tokim ol olsem wonem bai ol i ken kilim pato, na bihain yu soim ol na ol i ken lukluk taim yu mekim. Na las tru, yu tokim ol wanwan manmeri i stap long skul long kilim wanelpa pato em yet. Sapos ol i ken kaikai pato ol yet i kilim, ol bai yusim narapela samting (sense) yet we i ken helpim ol long lainim dispela wok gut tru.

Sapos yu larim ol manmeri i yusim planti rot (senses) bilong lainim wanelpa samting (lukim rot 3 long antap), dispela i helpim ol na ol bai save gut tru long mekim dispela wok bihain. Sapos yu tokim ol tasol (lukim rot 1 long antap), ating ol bai i paul na em i hatwok tru long ol bai kilim pato bihain.



Oi manmeri i kilim wanpela Maskovi pato



Larim pato i ken lusim blut



Kapsaitim hot wara antap long pato



Klinim pato na katim em i go liklik

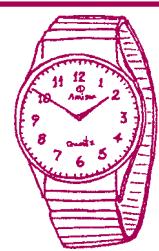


Leson 12: Kamapim ol bebi pato na lukautim ol



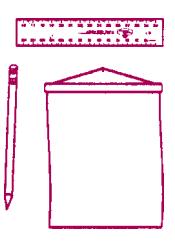
Mak yu laik sut long en na as tingting

- Yu bai save gutpela papa na mama pato em olsem wonem
- Lanim wonem taim pato i stat long putim kiau na olsem wonem bai yu luksave olsem ol kiau i gutpela long kamapim bebi pato
- Yu lukautim ol liklik pato olem wonem



Taim

- 1 aua



Ol samting bilong yusim

- Blakbot o waitbot
- Sok o waitbot maka
- Sapos i gat, wanpela gutpela man pato na sampela gutpela meri pato



Samting long mekim

1. Mi bai save olsem wonem long gutpela papamama pato?

Taim ol pato i winim 4-pela mun, ol i bikpela pinis na i stap gutpela sais nau. Long dispela taim fama bai makim ol pato bilong holim bek bilong kamapim ol liklik pato na ol pato bilong kaikai o salim.

Askim ol manmeri long tokim yu olsem wonem bai ol i ken save wonem pato inap kamap gutpela pato papa o mama. Raitim bekim bilong ol long waitbot na toktok wantaim ol long ol bekim. Lukim sapos ol i tokaut long olgeta bekim i stap aninit. (Sapos i gat, karim i go wantaim ol man na meri pato i gutpela na i nogat sik long soim long ol manmeri.)

- Bai ol i stap strong na nogat sik
- Ol bai fatpela na hevipela pato na i winim ol arapela pato yu save lukautim (hevi bilong ol meri pato olsem 2.5 kg / hevi bilong ol man pato moa olsem 3 kg).
- Bel bilong pato bai i pundaun i go daun klostu long graun.

Em i gutpela long holim liklik lain pato tasol, na namba bilong ol i no ken winim 10-pela. Sapos yu holim planti pato na namba i winim 10-pela, em bai bikpela hatwok na hevi long painim kaikai na kumu bilong dispela bikpela lain pato long gaden bilong yu. Lukautim wanpela man pato tasol. Sapos yu holim tupela o moa man pato, pait bai i kamap namel long ol na dispela i no gutpela long ol meri pato i ken kamapim gut ol nupela bebi pato.

Yu ken holim ol meri pato inap long 3-pela krismas. Tasol ol man pato yu mas rausim na kisim nupela olgeta namba 2 krismas.



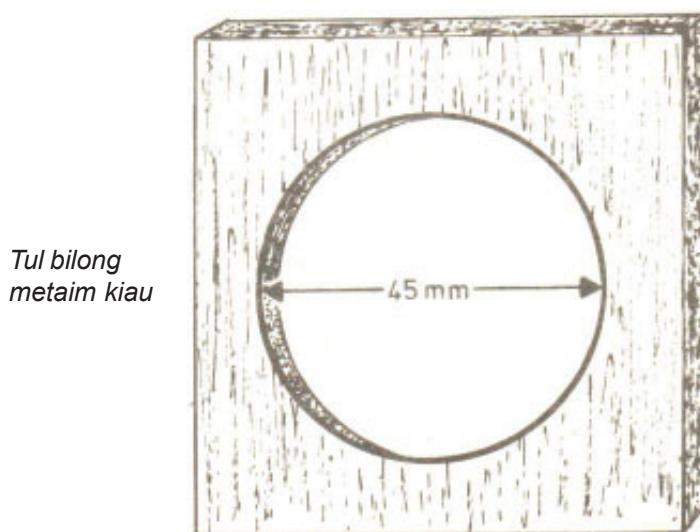
*Gutpela na strongpela pato man na meri i nogat sik
na i redi long kamapim bebi pato*

2. Wonem taim ol pato i stat long putim kiau na wonem kain kiau bai i gutpela long bruk na kamapim liklik pato?

Ol pato bai stat long putim kiau taim ol i winim 9 – 12 mun. Ol namba wan kiau pato i givim ol bai i liklik na yu no mas yusim long kisim ol liklik pato.

Sapos pato bilong yu i no putim kiau bihain long em i winim 12-pela mun pinis, sampela samting i mas rong. Ating yu no bin givim kaikai gut long pato, na em i sot long protin. Hevi bilong wanelala gutpela Maskovi meri pato i mas winim 2 kg. Sapos em i no stat long givim kiau paslain long em i winim 18-pela mun, mobeta yu kilim na kaikaim em.

Ol kiau bilong pato raunpela (diamita) bilong ol i 45 mm o moa, ol dispela kiau tasol inap long yusim bilong kisim ol bebi pato. Sapos yu yusim ol kiau i liklik, ol bebi pato bai i dai o ol tu bai i liklik na nogat strong. Mekim wanelala raunpela hul long 45 mm insait long wanelala plaiwut (triplan). Sapos kiau i ken fit insait long hul, em bai i liklik tumas na yu mas kaikai o salim.



Pato bai putim 10 - 20 kiau insait long sampela wick na em bai stop long putim kiau na sindaun antap long kiau na mekim ol bebi pato i kamap. Taim ol bebi pato i kamap pinis em bai stat long putim kiau gen. Em save kisim samting olsem tupela o tripela mun namel long wanwan taim meri pato i save putim ol kiau na taim ol bebi pato i kamap.

Mipela kisim planti ripot long manmeri long ples olsem Maskovi pato bilong ol i kaikai kiau bilong ol yet.

Rot bilong stopim dispela hevi i olsem. Mekim tupela o tripela giaman kiau bilong pato wantaim kle (graun malumalum) na putim ol insait long bokis bilong putim kiau, taim ol i kamap drai na strong pinis. (Yu ken penim ol i kamap wait wantaim waitpela pen o sampela waitpela paura.) Taim meri pato i putim kiau bilong en long bokis bilong putim kiau, yu rausim ol dispela kiau bilong em na putim ol long wanelala ples i kol na sef (safe) insait long haus bilong yu. Larim ol giaman kiau tasol yu bin wokim long kle insait long bokis bilong putim kiau. Meri pato i no inap bagarapim ol giaman kiau yu bin wokim long kle. Taim meri pato i stat long stap insait long bokis na sindaun antap long ol dispela giaman kiau, yu rausim ol na putim ol trupela kiau bilong em yet i go bek long bokis na em i ken sindaun antap long ol.

Klinim ol kiau pastaim wantaim laplap i wet liklik na bihain tasol putim ol aninit long mama pato bilong em i ken kamapim ol bebi pato.



Kiau ol i wokim long kle (graun malumalum)

*Namba stret bilong ol kiau
yu ken putim aninit long mama pato*

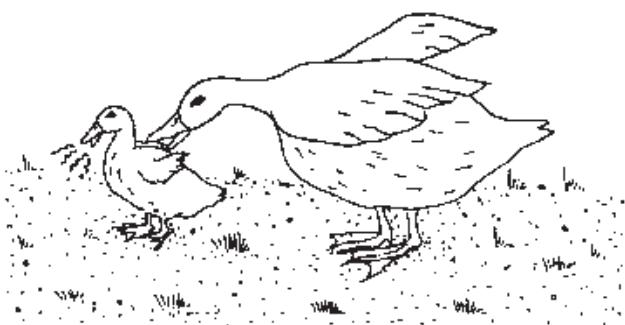


*Klinim ol kiau pastaim na putim ol aninit
long pato i ken sindaun antap long ol*

Em i gutpela long putim bokis wantaim pato na ol kiau bilong en i go insait long ples bilong ol bebi pato o putim em longwe long ol arapela pato na ol i no ken bagarapim gutpela sindaun bilong mama pato o brukim kiau bilong em.

Sapos yu lukautim ol pato na kiau bilong ol gut na bihainim dispela ol rot mipela bin skulim yu long en long antap, dispela bai i karim kaikai olsem: -

- Mama pato o ol arapela pato i no inap kaikai ol kiau insait long haus pato.
- Ol dok, rat, snek na ol pikinini o ol arapela abus bai i no inap stilim o brukim kiau.
- Wanpela mama pato inap long sindaun na kamapim bebi pato long 12-pela kiau tasol. Sapos namba bilong kiau pato i bin putim i winim 12, yu ken kaikai ol arapela kiau.
- Larim ol bikpela kiau long mama pato i ken sindaun long en na kamapim ol bebi pato, na yu kaikai ol liklik kiau. Ol bikpela kiau i gutpela tru na i winim ol liklik kiau bilong kamapim ol bebi pato.
- Taim ol liklik pato i brukim kiau na kam ausait, ol man pato na ol arapela pato i no inap kilim ol, long wonem ol i stap hait insait long ples bilong ol stret.



Lukautim ol yangpela pato longwe long ol arapela pato, bai ol man pato na ol arapela pato i no ken kilim ol

Oi Maskovi pato i gutpela long mekim pikinini i kamap. Kiau i save kisim 5-pela wik (35-37 de) long bruk. Yu no ken traím long helpim ol bebi pato long kam ausait long kiau. Em i gutpela long larim ol yet i ken hatwok na kam ausait long sel bilong ol.



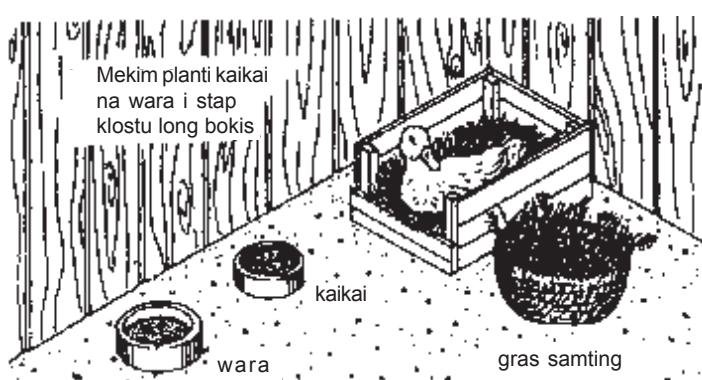
Kiau nogut wantaim blupela mak long han kais na gutpela klinpela kiau long han sut

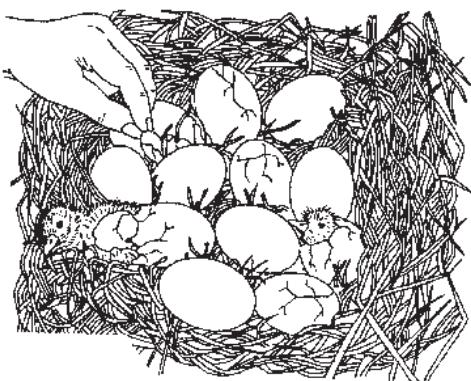
Sapos kiau i luk klin (shiny) na wait na sapos em i hot liklik yet bihain long mama pato i lusim bokis sotpela taim, orait em wanpela gutpela kiau. Oi kiau nogut i save kol hariap, taim mama pato i lusim bokis na go aut.

Sapos kala bilong kiau i kamap blu o i gat kain kain blupela mak, orait kiau em nogut pinis na yu mas tromoi em.

Kaikai na wara i mas i stap klostu long pato. Sapos mama pato i mas wokabaut i go longwe long painim kaikai na wara, ol kiau inap kamap kol long taim em i no stap, na ol bebi i no inap brukim sel.

Taim olgeta kiau insait long bokis i bruk pinis, rausim ol sel bilong kiau, klinim bokis bilong ol bebi pato na putim sampela klinpela gras samting insait. No ken lus tingting long givim dispela olpela sel long ol pato i ken kaikai.





*Rausim sel bilong kiau long bokis
bihain long ol bebi pato i kamap pinis*

3. Olsem wonem bai yu lukautim ol bebi pato

Yu mas lukautim ol liklik pato gut tru. Em i gutpela long lukautim ol longwe long ol arapela pato. Sapos nogat, sampela taim ol man pato na ol arapela pato bai pikim ol wantaim sap nus bilong ol na kilim ol bebi pato taim ol i kam ausait long bokis bilong ol.

Dispela as na mipela i bin lainim yu long mekim bokis bilong lukautim liklik pato (lukim lesion 5, pes 41). Taim ol liklik pato i kamap pinis, putim bokis bilong ol klostu long paia insait long haus bilong yu o long narapela haus.

Stok fid o kuk kaikai na wara bilong ol bebi pato i mas i stap redi olgeta taim. Sapos ol bebi pato i no gat planti gutpela kaikai na wara, ol bai i dai.

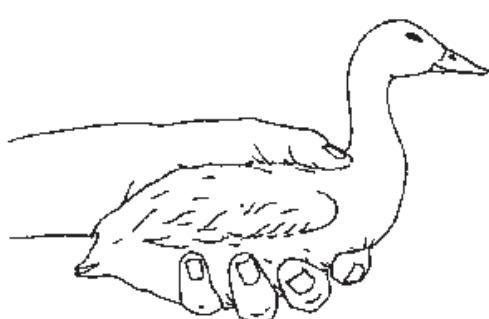
Taim ol bebi pato i winim tupela o tripela wik pinis, orait rausim mama pato i go aut na larim ol bebi pato tasol i stap insait long bokis long sampela taim yet, long yu ken givim gut kaikai long ol na mekim ol i stap hot liklik.

Long nait i kol yu mas karamapim bokis bilong ol liklik pato wantaim olpela bek, taim mama pato i no moa stap wantaim ol.



*Bokis bilong ol bebi pato i karamap wantaim bek
na hap laplap*

Wanwan de yu mas larim mama na ol bebi pato i go ausait long bokis bilong ol na ol i ken raun sampela aua long san, tasol yu mas was gut long ol. Wokabaut raun long san bai helpim ol liklik pato long kisim strong. No ken lus tingting olsem ol dok, pusi, pik, pisin, na ol rat inap long kaikaim ol bebi pato bilong yu. Tingim tu, ol yangpela pato inap kisim sik na dai sapos ren i wasim ol na ol i kisim kol.



*Pato i winim
6-pela wik*

*Sais bilong ol liklik pato i ken lusim
bokis na kam long haus pato*

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Kamap klia long wok bilong wanwan

Taimyu skulim ol bikpela manmeri na askim ol long helpim yu long mekim ol leseni kamap gutpela, sampela taim ol bai traime long kamap bos liklik long trening skul o ol bai tokaut long wonem samting ol i mas lainim insait long skul. Em i bikpela samting long yu na ol manmeri i klia olsem. Ol dispela lain manmeri i kam long skul, ol i ken tokaut long wonem samting ol i laik lainim na mekim, tasol em wok bilong tisa long mekim disisen long wonem samting bai i helpim ol gut na i gat laik long ol i mas lainim insait long skul. Tru, yu olsem tisa i mas putim yau long tingting bilong ol manmeri na senisim skul liklik, sapos dispela tingting bilong ol bai i mekim skul i kamap gutpela tru.

Oi manmeri i kam long skul na ol tisa i mas stap wantaim na toktok gut wantaim. I mas i gat pasin bilong harim tok na behainim namel long ol. Inap dispela i ken kamap, em i bikpela samting long ol tisa i mas i stap klostu wantaim ol manmeri insait long klas na ausait long klas tu.

Mipela i gat rul olsem. Taim mipela go lukim wanelala ples o mekim trening wantaim ol fama, mipela mas stap wantaim ol planti aua liklik. Dispela i gat minin olsem yu bai stap wantaim ol na slip long ples wanelala nait o moa. Sapos yu sindaun wantaim ol na toktok wantaim ol taim yupela no stap long klas, dispela bai i helpim long ol i no pret long toktok wantaim yu na

- Askim yu ol hatpela askim
- Tokaut sapos ol i no wanbel wantaim wanelala poin yu bin skulim ol
- Ol bai harim tok bilong yu taim yu autim tingting bilong yu long wanelala tingting ol i bin autim.

Slip long ples na kaikai wantaim ol manmeri i kamapim pasin wanbel na pasin bilong harim tok na behainim. Dispela bai i helpim long mekim skul i kamap gutpela, na ol manmeri bai i redi long lainim ol samting yu skulim ol. Ol bai amamas long lainim samting na bihainim na traime aut ol nupela tingting, save, na pasin yu bin skulim ol long dispela skul.

Leson 13: HIV/AIDS



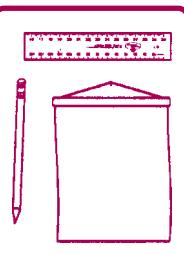
Mak yu laik sut long en na as tingting

- Tokim ol manmeri long HIV/AIDS em i wonem samting tru
- Skulim ol manmeri olsem wonem HIV/AIDS i save kalap long ol arapela manmeri
- Skulim ol manmeri long rot bilong stopim HIV/AIDS na em i no ken kalap long ol arapela.



Taim

- $1\frac{1}{2}$ aua (90 minit)



Oi samting bilong yusim

- Waitbot o blakbot o bikpela wait pepa
- Oi pepa bilong HIV/AIDS (lukim ol pepa i stap long sampa 11.2)
- Kain kain ol pepa i tokaut long HIV/AIDS yu ken kisim long ol ProvinSEL HIV/AIDS opis o yu ken odaim ol long Seketeri bilong Nesenel AIDS Kaunsil (lukim ol adres i stap long sampa 9.1). Oi i no gat pe.



Samting long mekim

Em i bikpela samting long yu bai mekim planti toktok wantaim ol manmeri insait long dispela lesion. Plantii taim ol manmeri i save sampela samting long HIV/AIDS, tasol ol i no klia tumas na ol i pret long em. Helpim ol long tingim wonem samting ol i save pinis, tokim ol sapos dispela samting ol i save i rong na i no tru, na givim ol sampela moa tingting sapos i gat nid.

1. HIV/AIDS em wonem samting tru?

Askim ol manmeri long wokim grup long 5-pela manmeri. Wanwan grup i ken painim bekim long dispela askim, "HIV/AIDS em i wonem samting tru?"

Askim wanwan grup long ripot na tokaut long bekim ol i bin painim long grup bilong ol. Raitim ol bekim long bikpela pepa. Givim ol 10 minit long kamap wantaim bekim. Lukim sapos ol i tokaut long olgeta poin i stap duanbilo?

- HIV em i nem bilong liklik jems (virus) i save kamapim AIDS.
- HIV i i gat mining olsem:

H > Human

I > Immuno

V > Virus

- AIDS i gat mining olsem:
 - A** > acquired
 - I** > immune
 - D** > Deficiency
 - S** > Syndrome
- I no gat marasin bilong helpim ol manmeri i kisim sik AIDS long kamap orait.
- Wanelpa i ken i gat HIV/AIDS, tasol sampela taim dispela sik i no kamap ples klia long planti krismas.
- HIV/AIDS i ken kalap long narapela long taim bilong manmeri i slip wantaim.

2. Olsem wonem HIV/AIDS i save kalap long narapela, na olsem wonem yu ken stopim na em i no inap kalap?

Askim ol manmeri long go bek long grup bilong ol gen long givim bekim long nupela askim i stap antap.

Sapos ol i save long rait, askim wanwan grup long raitim long bikpela wait pepa olsem wonem HIV/AIDS i save kalap long narapela na olsem wonem yu ken stopim na em i no inap kalap? Givim ol 10 minit long raitim bekim bilong ol.

Wanwan grup i ken tokaut long bekim bilong ol long olgeta grup. Lukim sapos ol i gat olgeta bekim i stap aninit?

HIV/AIDS i kamap long	HIV/AIDS i no kamap long
1. Taim manmeri i slip wantaim	1. Taim yu sek han
2. Mama inap givim sik long bebi taim bebi i kamap	2. Yusim wankain toilet
3. Long nidel bilong wokim tatu	3. Taim binatang i kaikaim yu
4. Long tul ol i yusim bilong katim skin	4. Taim bilong kus
5. Susu bilong mama i gat sik i go long pikinini	5. Long tasim na holimpas arapela
6. Long sirins na nidel ol i bin yusim pinis	6. Long yusim wankain plet na kap samting o wankain klos, kaikai, wara na kain samting olsem.

3. Olsem wonem long mekim HIV/AIDS i no ken kamap?

Askim ol manmeri long go bek gen long grup bilong ol na givim bekim long askim i stap antap.

Askim wanwan grup long raitim bekim long bikpela wait pepa. Givim ol 10 minit long painim bekim bilong ol.

Wanwan grup i ken tokaut long bekim ol i painim long olgeta grup. Lukim sapos ol i gat olgeta poin i stap aninit?

- **A** bstinence (no ken slip wantaim man o meri)
- **B** e faithful to one sexual partner (stap tru long man o meri bilong yu)
- **C** ondom (yusim kondom taim yu slip wantaim man o meri. Sapos yu stap wantaim man o meri bilong yu na yutupela i save olsem wanelpa i no kisim dispela sik pinis, orait i no ken yusim kondom.)

4. Olsem wonem HIV/AIDS i senisim hauslain?

Askim ol sumatin long sindaun na tingting na toktok long olsem wonem ol dispela sik i senisim gutpela sindaun bilong ol insait long hauslain.

(Olgeta kain kain pasin insait long hauslain bai senis:pasin bilong famili na stap wan bel, planti pikinini bai nogat papamama, liklik lain bai wok long gaden na kirapim kaikai, liklik lain bai wok long painim moni na planti save manmeri bai dai na save bilong ol bai i no inap stap moa long hauslain, na planti narapela samting tu.)

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Yu sim ol gutpela askim bilong kamapim amamas; long lainim samting na bilong go ova long ol samting

Taim yu wok long painim ol gutpela askim, yu yet bai lainim samting na ol manmeri tu. Ol gutpela askim i save helpim ol manmeri long tingim ol samting ol i save pinis long en na bungim dispela save wantaim ol nupela save yu wok long skulim ol. Kain askim olsem i kirapim ol manmeri long

- Traim long painimaut bilong wonem samting i save kamap
- Traim long putim long praktikel ol tingting ol i harim long en
- Traim long sekim sapos samting em tru o nogat
- Traim long lukim sapos wanpela samting em gutpela na i winim narapela samting
- Traim long painim rot bilong tokim ol arapela long wonem samting ol bai lainim.

Tebol long hapsait i soim sampela gutpela askim. Dispela ol askim bai helpim ol manmeri na ol i no inap lusim tingting hariap long oll samting ol i bin lainim.

Lukim narapela pes long ol kain kain gutpela askim.

Kamapim gutpela piksa long ol gutpela tingting i kam out long ol askim

Wonem em narapela piksa bilong?

(*Wonem em narapela piksa bilong gutpela kaikai bilong ol pato?*)

Bai yu mekim wonem sapos yu laik usim ?

(*Wonem samting yu inap long mekim sapos yu laik putm pekpek bilong pato long gaden bilong yu?*)

Wonem samting inap kamap sapos.....?

(*Wonem samting bai kamap sapos yu gat planti man pato long wanpela haus?*)

Wonem em gutpela na nogut bilong?

(*Wonem em i gutpela poin na poin nogut bilong ol Maskovi pato?*)

Wonem samting yu bin harim pinis long en?

(*Wonem ol sampela samting yu save pinis long HIV/AIDS?*)

Tok klia long wonem as ..., Tok klia bai mekim olsem wonem...?

(*Tok klia long wonem as em i bikpela samting yu mas i gat banis i raunim haus pato.*)

Wonem em narakain mak namel?

(*Wonem em narakain mak yu inap lukim namel long Maskovi pato na tru pato?*)

Bai yu inap stopim dispela hevi olsem wonem?

(*Bai yu stopim ol pato long no ken kaikai kiau olsem wonem?*)

Yu ting olsem ol dispela tok ol i tok pinis em i stret o rong.....?

(*Yu ting ol meri i kamap bilong stap klostu na helpim ol man?*)

Bilong wonem em i bikpela samting.....?

(*Bilong wonem em i bikpela samting long yumi putim ol liklik pato longwe long ol arapela pato?*)

Olsem wonem em i kamapim.....?

(*Olsem wonem HIV/AIDS i kamap bikpela na karamapim olgeta ples?*)

Yu ting wonem samting i ken kamapim dispela hevi.....? Bilong wonem.....?

(*Yu ting wonem samting i mekim ol pato i kaikai kiau bilong ol yet? Bilong wonem as.....?*)

Leson 14: Bungim wok fam wantaim wok gaden



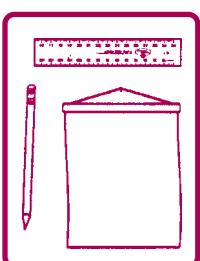
As tingting

- Long lukluk long we na pasin ol tumbuna i bin mekim gaden bipo
- Long lukluk long we na pasin bilong mekim gaden nau
- Long lukim sapos i gat we bai yumi inap senisim we bilong mekim gaden nau
- Lainim long mining bilong bungim wok fam wantaim wok gaden



Taim

- 1 aua



Ol samting bilong yusim

- Waitbot o blakbot



Samting long mekim

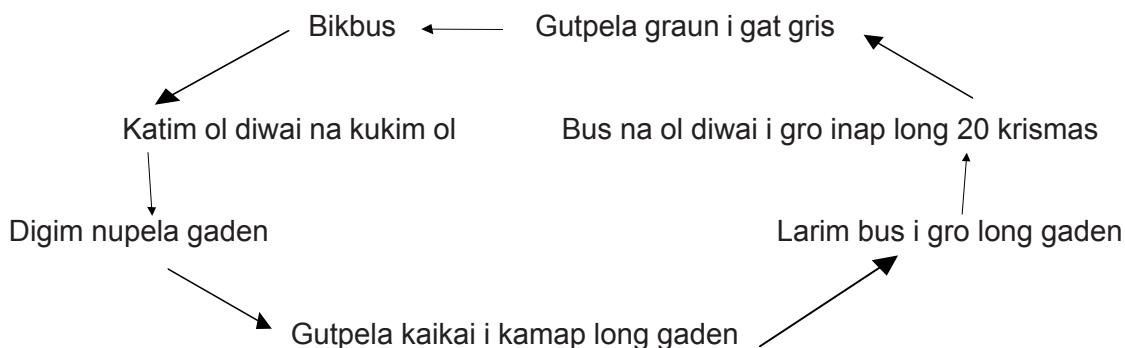
1. Gaden bilong ol tumbuna i luk olsem wonem long taim bilong ol?

Askim ol manmeri dispela askim, "Wonem kain gaden ol tumbuna bilong yumi i bin wokim?" Larim ol i ken stori long ol tumbuna bilong ol. Raitim ol bekim bilong ol manmeri long waitbot na toktok wantaim ol long ol dispela bekim. Lukim sapos ol i bin stori pinis long ol poin i stap aninit?

- Long taim bilong ol tumbuna bilong yumi i bin gat planti graun na bik bus samting bilong olgeta man i ken yusim.
- Ol i gat planti gutpela graun i pulap long gris
- I no bin gat planti tumas manmeri long ples, tasol tude planti i stap.
- I bin gat bikpela bikbus na ol diwai long planti ples.
- Graun i bin kamapim ol gutpela kaikai taim ol i katim bikbus na klinim graun bilong wokim gaden.
- I bin gat planti wel abus insait long bikbus.
- Ol tumbuna i save hatwok tru long katim daun ol diwai wantaim ston akis ol i bin gat, olsem na ol i no katim tumas bikbus bilong wokim gaden.

- I no bin gat somil long baim ol diwai ol man i bin katim daun na givim mani long ol
- I no bin isi tumas long statim wanelpa bus paia long wonem i no gat masis long dispela taim. (Ol yangpela bilong tude i save mekim planti paia long bus na kukim ol bus, ol yangpela diwai na ol bikbus)

Rot bilong wokim gaden long taim bilong ol tumbuna

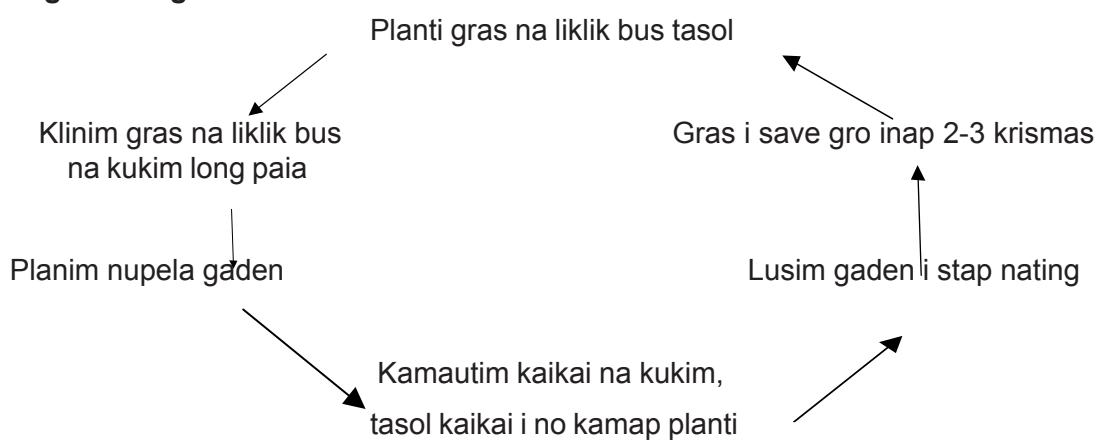


2. Wonem samting i kamap long rot yumi save wokim gaden tude?

Askim ol fama wonem samting i kamap tude long gaden bilong yumi? Larim ol i mekim toktok long ol yet. Raitim long waitbot. Lukim sapos ol i tokaut long ol poin i stap aninit?

- I no gat planti tumas bikbus, bus na graun i gat gris.
- I gat planti manmeri i stap long PNG.
- Long sampela hap bilong kantri we planti manmeri i stap, i no gat planti diwai na bikbus moa.
- Ol nupela samting bilong wok olsem strongpela ain akis, senso na somil i mekim isi long katim ol diwai.
- I gat planti ples we i gat gras tasol.
- Ol i save yusim gaden gen bihain long sotpela taim na gaden i malolo liklik taim tasol o i no gat malolo.
- Gras i no gat planti gris na liklik kaikai tasol i kamap.
- I hat long painim ol paiawut na ol diwai bilong wokim ol haus bilong yumi

Rot bilong wokim gaden tude



3. Olsem wonem long rot bilong wokim gaden i ken kamap gutpela moa?

I gat sampela samting yumi ken mekim long helpim gaden i kamapim moa kaikai. Wanpela samting i olsem:

➤ **Yu no ken kukim gras na bus**

- Taim yu wokim paia long graun i gat gras na bus, yu kilim i dai ol liklik diwai i gro insait long gras. Ol dispela diwai em bikbus bilong bihain. Yumi laikim ol dispela diwai long ol pikinini bilong yumi i ken yusim long wokim haus na banis, taim ol kamap bikpela.



Graun i gat gris namel long diwai yar (Casuarina)

- Taim yu kukim gras, gris bilong graun i lus. Em i gutpela long hipim ol gras na lip taim yu klinim gaden, o karamapim ol wantaim graun. Ol dispela lip bai sting na kamap gutpela kompos long yusim olsem gris long gaden bilong yu.

*Planim diwai tu,
taim yu planim
ol kaikai long
gaden*



➤ **Planim ol diwai long nupela gaden long taim yu planim ol kaukau, tapiok o kumu**

- Planim sampela ol liklik yar o arapela diwai bilong bus baksait long haus bilong yu long yu ken planim long gaden bilong yu bihain.

- Taim yu planim nupela gaden, planim sampela yar o arapela liklik diwai namel long kaukau, tapiok, banana o kumu. Taim yu go statim nupela gaden long narapela ples bihain long 2-pela krismas, ol liklik diwai bilong yu bai kamap bikpela pinis. Ol yar diwai bai helpim long givim gris long olpela gaden bilong yu na stopim ren i no ken wasim gutpela graun i go out.



Ol liklik yar diwai i stap neseri baksait long haus



Planim yar diwai wantaim ol arapela kaikai insait long gaden

➤ Yusim pekpek bilong abus

Miksim pekpek bilong abus wantaim graun bai i helpim yu long groim ol strongpela na gutpela liklik plant (seedlings) long neseri bilong yu. Miksim pekpek bilong pato wantaim gutpela graun (1-pela spet graun na 1-pela spet pekpek bilong pato). Yu ken putim pekpek bilong abus stret antap long gaden bilong yu.

Long yusim pekpek bilong abus long gaden bilong yu, miksim wankaim olsem bilong neseri (1-pela spet graun na 1-pela spet bilong abus pekpek). Wokim hul long graun wantaim spet na pulimapim wantaim miks graun. Planim pikinini kaikai (seed) o liklik plant (seedling) yu bin neserim insait long miks graun.

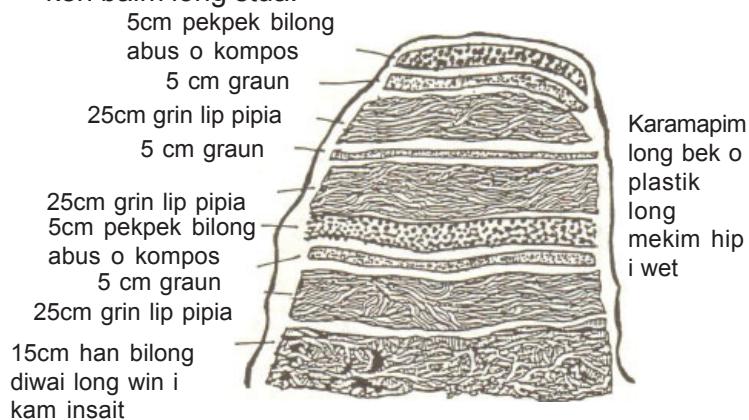


Long dispela kabis ol i no bin givim pekpek bilong abus bilong soim em bai gro narakain tru na stap liklik tasol, i no olsem kabis i kisim pekpek bilong abus

Dispela kabis i bin kisim pekpek bilong rabit

➤ Mekim kompos

Yu ken mekim kompos long lip/rabis bilong olgeta kain plant. Taim lip/rabis bilong plant i senis na kamap stingpela kompos pinis, em i gutpela long yusim long gaden na i winim marasin yu ken baim long stua.



Yusim stingpela kompos wankain olsem yu yusim pekpek bilong abus (lukim tok i stap long hapsait).

Narapela rot long yusim lip/rabis bilong plant em long digim hul long graun na pulimapim wantaim ol dispela gras samting. Putim sampela graun antap na planim banana o diwai insait long hul we i gat lip/rabis bilong plant insait.

➤ Yusim pasin bilong kontrolim graun i bruk (irosen)

Yu ken kontrolim irosen long rot bilong: -

Karamapim graun wantaim gras (mulching)

Taim yu karamapim graun wantaim planti lip, gras, han bilong diwai na kain samting olsem, ol i save kolim dispela malsing (mulching).

Malsing i helpim long:

- Wara i ken stap long graun
- Stopim irosen (gutpela graun i no go lus)
- Stopim gras nogut long gro

Planim strongpela gras (Vetiver Grass) olsem banis



Sapos yu planim strongpela gras (Vetiver grass) i raunim arere bilong gaden bilong yu, dispela bai helpim na wara i no ken karim gutpela graun i go pinis. Em tu helpim long graun i no ken bruk. Planim dispela gras klostu klostu. Em tu gutpela long planim strongpela gras olsem banis i biahainim maunten o olsem banis arere long wara long stopim wara i no ken karim graun i go.

Banis bilong strongpela gras i helpim long: -

- Stopim graun i no ken bruk na ran i go daun long maunten, taim yu digim gaden long maunten ples.
- Stopim bikpela ren i no ken wasim gutpela graun bilong gaden i go insait long bikpela wara.
- Givim yu lip bilong putim antap long gaden bilong yu o kunai long putim long haus bilong yu.
- Wokim banis long makim eria bilong gaden o haus.

2. Bungim wok fam wantaim wok gaden i gat wonem as?

Bungim wok fam wantaim wok gaden i gat as olsem. Planim ol kain kain diwai na kaikai long gaden bilong yu na lukautim ol abus long fam bilong yu na wanwan samting i helpim narapela. Em bai olsem. Ol abus i kamapim abus fetelaisa na dispela i helpim ol kaikai long gaden bilong yu i kamapim gutpela kaikai long givim long ol abus.

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Kamapim kaikai hariap

Plantu manmeri i no gat taim long westim. Ol i laik yusim taim bilong ol long stadiim samtiimg i helpim ol nau tasol. Ol i laik lukim kaikai long ol stadi bilong ol i kamap hariap tru. Taim skul i no kamapim kaikai hariap, em i hat long ol manmeri i pinisim gut dispela skul. Ol bai lusim na i no moa kam long lesu bilong yu. Olsem na wanwan skul o lesu yu skulim ol i mas i gat samting i kamapim kaikai wantu. Nau tasol ol i laik yusim wonem samting ol i lainim.

Insait long lesu bilong bungim fam wok wantaim gaden wok yu ken kisim sampela ol liklik yar diwai wantaim yu long ples bilong trening na planim long gaden yupela wok long en. O yupela ken mekim wanpela kompos hip. Taim yu go bek long mekim narapela woksop gen o yu go visitim ol, yu ken poinim long diwai yupela i bin planim o long kompos hip yupela bin mekim na strongim tok skul yu bin givim long ol. Long dispela rot yu soim ol, samting ol i bin lainim na mekim i no lus nating.

Leson 15: Man na meri



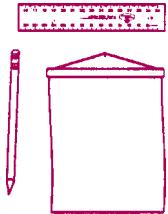
Mak yu laik sut long en na as tingting

- Luksave long wonem wok ol man i gat insait long komyuniti na wonem em i wok bilong ol meri
- Long kirapim pasin bilong harim na behainim tok bilong narapela narapela
- Long lukim hevi we man na meri i ken bungim tingting na han wantaim na mekim wok insait long famili na hauslain



Taim

- 1 aua



Ol samting bilong yusim

- Waitbot o blakbot



Samting long mekim

1. Wokim pilai

Redim wanpela pilai wantaim sampela manmeri i stap long skul. Long dispela pilai man i mekim planti tok nogut long meri bilong em na krosim em. Em bai holim han bilong meri na pulim em i go i kam long ples we ol manmeri i bung i stap.

Man i no mas tokaut long wonem as em wok long mekim olsem. Em bai sutim tok long meri tasol.

Nau askim ol manmeri olsem,

- Yu lukim wonem samting?
- Wonem samting i kamap long meri?
- Yu ting, bilong wonem man i belhat long meri?

Nau tokaut long ol manmeri long wonem as man i belhat long meri. As em i olsem. Meri i no givim kaikai long ol abus long moning.

Nau askim ol manmeri olsem,

- Em i orait long man i belhat long meri, a?
- Ating man i ken mekim arapela samting, a?

2. Raitim dispela tebol long blakbot o long waitbot

Askim ol manmeri long tokaut long wok bilong ol man na wok bilong ol meri na wonem tupela wantaim i ken mekim, na pulimapim tebol long blakbot.

<i>Wok bilong man</i>	<i>Wok bilong meri</i>	<i>Wok tupela i ken mekim</i>
<ul style="list-style-type: none"> • Wokim banis • 	<ul style="list-style-type: none"> • Givim susu long pikinini • 	<ul style="list-style-type: none"> • Wokim gaden •

Toktok wantaim ol manmeri long dispela tripela grup. Wonem i narakain long wok bilong ol man na long wok bilong ol meri?

Sapos yu kolim wanpela wok olsem ‘wok bilong ol meri’, dispela i save soim olsem dispela wok i no bikpela samting na i no wanpela wok i gat nem, olsem na ol man i pilim sem long mekim dispela wok o long helpim meri long mekim. ‘Wok bilong ol meri’ yumi no save tingim tumas na yumi ting em liklik samting tasol, na i no gat as long yumi toktok planti long en. Em i ‘samting nating! Tasol yet wanpela i mas mekim ol dispela wok!

Yumi save tingim wonem long “Wok bilong ol meri”, na olsem wonem yumi save lukluk long em?

- Yumi save givim nem i daun na yumi ting long em i no bikpela samting.
- Yumi no save lukluk long dispela wok o kaunim em, nogat. Tru, dispela wok i mas kamap, tasol mipela no tingim em.
- Yumi no save tingim wok bilong ol meri, long wonem, planti taim i no gat nid long kisim bikpela skul o save bilong mekim dispela wok.
- Long ol dispela as tasol, planti taim ol liklik meri i no save go long skul.

3. Askim wanpela man o meri i save gut long rit i ken ritim dispela stori long ol arapela

Taim meri i kirap, olgeta samting long olgeta hap long graun i save kirap wantaim

Testimani bilong Robert Lafanama, Provinsele Litrisi Opisa, Simbu Provins, Jun 1994

Mi bai stori long ol wok mama bilong mi save mekim we mi nau luksave. Stori bilong mi bai inap helpim yu tu long luksave long ol wok ol meri insait long famili o komyuniti klostu o arere long yu, i save mekim.

Mama bilong mi em i save statim wok bilong em long bik moning tru, wankain olsem ol narapela meri i save mekim...long wokim kaikai long moning, redim ol skul pikinini long go long skul, givim kaikai long man bai em i ken go aut na mekim ol wok bilong em long olgeta de. Bihain mama i klinim na stretim olgeta samting long haus pinis em i go long gaden long mekim ol wok bilong em.

Mama bilong mi i no bin go long wanpela skul. Em i meri bilong ples stret olsem ol tumbuna meri. Em i no save long rit na rait. Em i no save long Tok Pisn. Em i save tasol long tok ples bilong em yet. Sampela taim mi no save tingting gut na mi save tok olsem mama i no save long wanpela samting. Tasol long wokim gaden, planim kaikai na redim ol kaikai bilong famili... na mekim ol narapela planti samting moa – Mama i pulap tru long kain kain save na pasin.

Olgeta de taim mipela kam bek long skul, mama i save mekim olgeta wok pinis na kaikai tu redi i stap long mipela. Mipela i no save kros long wanpela samting, long wonem, mipela i no painim wanpela asua, long wonem olgeta samting i stap redi pinis bilong mipela. Mipela i lainim pinis long dispela kain pasin bilong mama long lukautim mipela na mipela i no save tingting tumas long ol hatwok em i save mekim long plenim na mekim olgeta dispela wok.

Taim mipela i save pilim olsem mipela laik slip, mama i no save slip yet. Em i save stap na wokim bilum. Maski mi slip i stap yet o slip idai tru na taim mi tanim long bet bilong mi, mi save lukim olsem mama i no slip yet. Em i sindaun na wokim bilum. Taim em wokim bilum, i no dispela wanpela samting tasol em i save mekim. Mi save harim ol plet na spun i pairap. Mi save ting olsem ating mama i kaikai yet long nait, tasol bihain mi painimaut olsem dispela i no tru. Em i save mekim ol narapela wok long haus long biknait.

Dispela em ol sampela samting mi lukim na tingim na skelim long planti krismas. Mi save lukim olsem long olgeta de mama i save kirap hariap long moning. Maski mama i go slip bihain long mipela, tasol em bai kirap long moningtaim tru na mekim ol wok taim mipela olgeta i slip yet long bet. Taim mi harim plet na sospen i pairap, mi save slip yet na bihain tasol mi save kirap. Taim mama i opim dua na go ausait long haus, mi save harim ol abus tu i kirap na stat long mekim nois.

Taim mi bin stap liklik pikinini yet, mi save tingting na askim mi yet, Mama bilong mi i save slip tu o nogat? Mi bin askim papa bilong mi na papa i tokim mi olsem, “taim mama i kirap, olgeta samting long olgeta hap long graun i save kirap wantaim”. Planti taim mi bin traime long kirap long bikpela moning long painimaut sapos dispela toktok i tru. Tasol mi bin painim olsem em i hat tru long bihainim mama na kirap long bik moning tru olgeta de.

Bihain taim mi bikpela pinis mi save kirap pastaim long mama long wanwan taim na mi luksave olsem taim mama i kirap nambawan samting em i save mekim em i save opim dua. Olgeta taim em opim dua mi save harim ol dok i singaut, ol pik i mekim nois na ol pisin i singsing. Olgeta abus ausait i kirap na mipela save pilim olsem olgeta samting i kirap na kisim laip. Man! Samting papa i bin tokim mi, em i tru olgeta. Long wonem mama tasol i save opim dua na lait kam insait long haus na bihain em i kirapim mipela na tok:

“Dispela em nupela de. Kirap na amamas long em”.

Mama tasol i save mekim dispela pasin na nogat narapela lain long famili i save mekim.

Bipo mi save ting olsem ol wok mama i save mekim i no bikpela samting tumas. Tasol taim mi kamap bikpela liklik mi sindaun na skelim wonem samting tru i save kamap. Taim mi kamap bikman na wok long sampela developmen ogenariesen na go long ol

trening mi stat long luksave na kisim klia tingting wonem samting i save kamap insait long haus na famili bilong mi. Long dispela mi bin stat long luksave olsem ol meri ol 'baksait bun' na as bilong olgeta samting.

Maski taim mipela i gat liklik kaikai o nogat kaikai tru i stap long haus, mama i save painim na kukim kaikai we i save inapim stret olgeta lain insait long famili. Olsem na taim mama i stap long haus, mipela save pilim amamas na seif. Mipela i save pilim olsem haus i hot na gutpela, na i gat 'man' i lukautim mipela. Mipela pilim isi na orait taim mama i save lukautim mipela na tu lukautim olgeta samting long haus. Maski taim haus i stat long kol long nait, haus i save kamap hot gen taim mama i kirap wokabaut, wok na redim ol samting long mipela.

Lukautim pik em i as wok na pasin kastam bilong mipela long ples. Na long ol pik, mama i save lukautim ol gut. Sapos papa na ol pikinini i traيم long lukautim ol o go klostu long ol, ol pik i no inap harim tok bilong ol na bai ol i ranawe. Sampela taim ol pik bai traيم long kaika'im ol. Tasol taim mama i kam long lukautim ol, em narapela stori. Mama i save mekим olgeta wok long givim kaikai long ol pik, kisim ol pik i go ausait long haus pik long moning na kisim ol i go bek insait long haus long olgeta apinun. Ol pik i luksave na smelim pinis skin bilong mama na ol save mekим nois olsem ol pikinini i save sindaun na mekим long mama.

Na insait long gaden tu, em i wankain stori. Ol mama i save mekим planti wok na ol i poroman tru wantaim olgeta samting long gaden. Em i tru ol mama i poroman tru wantaim olgeta samting long graun.

Dispela em ol nambawan samting mi stadi na mi kam long mak we mi luksave long ol wok na helpim bilong mama. Taim mi luksave long olgeta dispela samting mi pilim gutpela tru na i kirapim tru bel bilong mi, we ol narapela man i no save lukim gut. Tasol mi luksave olsem ol samting ol mama i save mekим em i spesol na i nambawan na bikpela samting tru long laip bilong yumi olgeta.

4. Ol askim bilong toktok wantaim ol manmeri i stap long skul

- Yupela i save mekим kain pasin olsem long ol meri bilong yupela?
- Yu laikim wonem kain pasin ol man tambu bilong yu i mas mekим long ol pikinini meri bilong yu?
- Ol man i ken mekим wonem samting, na sindaun bilong ol meri bai i kamap gutpela moa?
- Ol meri i ken mekим wonem samting, na sindaun bilong ol man bai i kamap gutpela moa?

Ol poin bilong skul

Tingting bilong helpim tisa

Wokim pilai

Yumi ken wokim pilai long samting i save kamap long laip bilong yumi (role playing). Lida i tokim ol lain bilong mekим dispela pilai, ol i husat na ol i mas soim wonem samting. Nau ol lain bilong wokim pilai i traيم long soim wonem ol bai mekим, sapos dispela samting i kamap long ol.

Wokim pilai i i givim ol manmeri sans long traيم ol nupela tingting, save na pasin ol i bin lainim long lesion na woksop. Wokim pilai i helpim ol man bilong pilai na ol lain i lukluk i stap tu, long kisim klia tinting na piling long aidia na pasin yu bin skulim ol. Em tu i helpim long ol i no ken lusim tingting long samting ol i bin lainim.

Mipela ting em i gutpela long yusim dispela pasin bilong wokim wanpela pilai long dispela lesion bilong lainim olsem wonem man na meri i ken sindaun gut wantaim. Em bai helpim ol lain bilong lukluk na ol lain bilong pilai tu long ol i ken klia moa long tingting bilong ol arapela na wonem ol i save pilim.

Sampela taim em i gutpela long stopim pilai long namel na olgeta wantaim, lain bilong pilai na lain bilong lukluk, i ken toktok long samting i bin kamap insait long pilai na painim bekim olsem wonem dispela hevi ol i bin lukim i ken pinis na kamap gutpela. Wokim pilai i opim rot long ol manmeri i no sem long toktok na autim tingting bilong ol long wanpela hevi o samting ol i bin lukim. Sapos yu laik toktok wantaim ol long samting tru tru i kamap, ol bai pasim maus. Tasol yupela i mekим long pilai tasol, ol bai amamas long toktok long dispela samting na autim tingting bilong ol.

Leson 16: Go bek, traim save na lukim skul i go olsem wonem



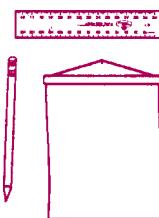
Mak yu laik sut long en na as tingting

- Go bek gen wonem samting ol i bin lainim insait long dispela tripela de bilong skul na traim save ol manmeri i bin kisim.



Taim

- 1 aua na 30 minit



Oi samting bilong yusim

- Pepa bilong askim (lukim sapta 8, pes 120)
- Pepa bilong traim save (lukim sapta 8, pes 123)
- Ripot pepa bilong pulimapim (lukim sapta 8, pes 125)



Samting long mekim

1. Go bek na askim

Oi fama i ken mekim tupela grup. Wanwan grup i makim wanpela mausman long toktok long grup bilong ol. Askim grup 1 wanpela askim na givim ol sotpela taim long toktok namel long ol yet long painimaut wonem bekim i stret. Mausman i tokaut long bekim bilong ol. Sapos bekim i stret, dispela grup i kisim wanpela poin. Sapos bekim i rong, namba 2 grup i kisim sans long givim bekim long dispela wankain askim, na sapos bekim bilong ol i stret, ol i kisim poin. Nau mekim askim long grup 2 na bihainim wankaim rul bilong givim bekim. Taim yu askim ol askim pinis, wonem grup i kisim planti poin na i winim namba bilong arapela grup, dispela lain i kamap win lain. (Lukim ol kain askim long sapta 8, pes 120)

2. Traim save

Yusim traim save pepa long sapta 8, pes 123 we ol askim na lista bilong ol bekim i stap. Long wanwan askim wanpela bekim tasol i stret. Oi manmeri i mas makim dispela bekim i stret.

Tok klia olsem wonem ol manmeri i mas wok long dispela traim save pepa. Yusim namba wan askim olsem tok klia long mekim ol manmeri i klia gut long rot bilong bekim ol askim.

Oltaim askim ol manmeri sapos ol inap long rit. Sapos i gat sampela i no inap rit gut, kisim ol i go arere na pulapim dispela traim save pepa long rot bilong askim ol askim na larim ol i givim bekim bilong ol long yu.

Bungim olgeta traim save pepa na makim ol. Givim bek ol pepa yu makim pinis long ol manmeri

na toktok wantaim ol long askim na givim ol stretpela bekim long ol. Dispela em narapela rot bilong toktok gen long wonem samting ol i lainim pinis long lesion.

3. Sekim olgeta lain i ting wonem long skul

Nau em taim long ol tisa na ol manmeri i ken toktok na lukluk long wonem samting ol i bin wokim long skul hap 1 na hap 2 na painimaute wonem ol manmeri i pilim long skul.

Tingim gut ol bekim bilong ol manmeri. Ol dispela bekim bai inap helpim yu long mekim narapela skul i kamap gutpela moa yet. Em tu i wanpela rot bilong ol manmeri i ken tokaut long tingting bilong ol long wonem samting ol i bin lainim. Taim yu tok tenkyu long ol i givim tingting bilong ol na long ol i bin helpim long mekim skul i kamap gut, yu soim amamas long ol.

Tokim ol manmeri long i no ken raitim nem bilong ol long ripot pepa/askim pepa we ol i ken raitim wonem ol i ting long dispela skul.

Yu ken yusim dispela ripot pepafom/askim pepa i stap long sapta 8.3, pes 125 o yu yet ken wokim wanpela askim pepa bilong kisim tingting bilong o manmeri.

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Tok amamas bilong gutpela wok

Tok amamas long wanpela i bin mekim gutpela wok i mas stap wanpela bikpela samting tru. Mobeta yu no givim kain tok olsem olgeta taim. Yu givim wanwan taim tasol, sapos wanpela i mekim wanpela gutpela wok tru. Hia em ol sampela tingting long yusim long tok amamas insait long lesion.

- Taim yu tok amamas long wanpela samting, yu no ken mekim nating tasol. Em i mas i gat as, na dispela samting yu tok amamas long em i mas wanpela gutpela wok tru. Yu mas tok amamas stret long taim gutpela wok i kamap na i no ken wet na givim bihain tasol. Tok amamas bilong yu long ol manmeri i no mas wankain long olgeta taim. Em i bikpela samting long yu tok amamas, sapos yu ting wanpela samting ol i bin mekim i gutpela na gutpela tru.
(Eksampel: Sapos wanpela i bin wok hat tru na em i bin helpim gut long mekim haus pato, orait yu ken tok olsem, "Yu bin hatwok gut tru long wokim haus pato").
- Em i gutpela long mekim tok amamas taim wanpela wok i pinis na kamap gut.
(Eksampel: Yupela mekim gut tru long traime save pepa. Plantu namel long yupela i bin mekim 1-pela o 2-pela rong tasol.)
- Em i gutpela long mekim tok amamas taim wanpela man o meri i wokim samting gut na i soim olsem em i kisim save pinis bilong mekim dispela wok.
(Eksampel: Yu wokim gut tru bokis bilong putim kiau. Sais bilong em i stret na bokis i strong. Na tu, yu wokim em long somting long bus tasol.)



Leson 17: Givim setifiket na pasim trening skul



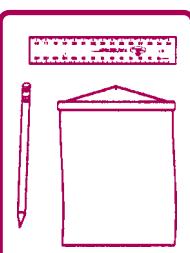
Mak yu laik sut long en na as tingting

- Givim aut ol setifiket
- Pasim trening skul



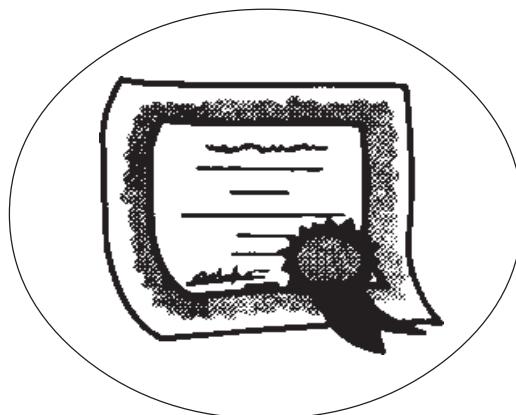
Taim

- 30 minit



Ol samting bilong yusim

- Setifiket



Samting long mekim

1. Setifiket

Givim aut ol setifiket. (Yu ken painim eksampel bilong setifiket long sampa 8.3)

2. Pasim skul

Pasim skul gut na tokim ol manmeri long ol piling bilong yu na long amamas yu bin kisim long ol samting ol i bin mekim.

Tokim ol manmeri gen olsem skul em i wanpela stat tasol na i gat planti samting yet ol i mas lainim na mekim, sapos ol i laik kamap gutpela pato fama. Tokim ol olsem yu ting ol bai inap lukautim gut ol abus bilong ol.

Tokim ol tu long yu bai kam bek gen bilong lukim ol na painimaut olsem wonem ol i bin wok long lukautim ol pato bilong ol. Toksave long wanpela woksop bai i kamap gen bihain long 9 -12 mun i stat long nau.

Sampela tingting bilong givim skul

Tingting bilang helpin tisa

Pinişim şkul gut

Olgeta samting i gat stat na pinis bilong en. Sapos yu pinisim skul gut, ol manmeri bai tingim yet na yusim wonem samting ol i bin lainim na ol bai amamas long kam bung gen long skul i kamap bihain. Em bai i helpim tu long strongim pasin wanbel na gutpela sindaun namel long ol manmeri na ol tisa. Em i bikpela samting long pinisim skul gut, long wonem, yumi bai laik wok gen wantaim dispela grup long taim bihain.

Bilong pinisim skul gut, yu ken tok tenkyu long ol manmeri long wonem ol i bin mekim long taim bilong skul. O sapos i gat rot, yu ken givim aut setifiket wantaim liklik pati. Sampela rot bilong pinisim skul gut i olsem.

- Wokim pati. Olgeta lain i save laikim pati na ol bai pilim amamas sapos ol arapela i paitim han long ol long ol gutpela wok ol i bin mekim long taim bilong skul.
 - Tokim ol manmeri olsem ol i mekim gut tru long skul. Yu no mas mekim longpela tok. Mekim liklik tok bilong amamasim ol na tokaut long gutpela wok ol i bin mekim. Narapela rot i olsem. Yu ken mekim tok amamas taim yu givim aut ol setifiket. As tingting bilong pati o bilong tok yu mekim taim yu pinisim skul i mas olsem. Yu laik tok amamas long olgeta gutpela wok i bin kamap long taim bilong pato skul. Ol tisa na ol manmeri wantaim i ken mekim tok amamas.

HAP 3

Trening skul i kamap gen na i bihainim wanwan step

Redim samting bilong namba 2 skul bilong pato

Taimtebol bilong namba 2 skul bilong pato

Leson plan bilong namba 2 skul bilong pato



6 Trening skul ibihainim wanwan step - Namba 2 trening skul bilong lukautim Maskovi Pato

Namba 2 trening skul bilong lukautim Maskovi pato inap kamap 9-12 mun bihain long namba 1 skul i bin kamap. Yu mas go lukim ol fama wanpela taim o moa namel long tupela skul bilong sekim sapos ol i lukautim gut ol pato bilong ol na hamas kiau i save kamap na hamas bebi pato ol i bin kisim, na bilong helpim ol fama long lukautim ol pato bilong ol.

6.1 Redim samting bilong namba 2 hap skul bilong pato

Sampela wik pastaim long yu mekim skul, yu mas tokim ol manmeri olsem bai yu kam long mekim namba 2 skul. Ol manmeri husat i bin kam long namba 1 skul ol inap kam long dispela skul gen. Long dispela namba 2 skul yu bai givim ol kain kain tok ol i mas save sapos ol i laik kamap gutpela pato fama. Olsem na yu mas tokaut strong liklik long ol i mas kam long dispela skul gen.

Oi material samting yu mas kisim bilong Maskovi pato trening skul namba 2 hap i stap long lista long sapta 10.3. (Oi samting yu mas kisim long mekim na sekim fama na sot skul i stap long lista long sapta 10.3)

6.2 Taimtebol bilong namba 2 hap skul bilong pato

Namba 2 trening skul i save kisim 2-pela de tasol.

Long namba 1 de bilong skul, lida i ken lukluk long ol pato bilong wanwan fama, long haus bilong pato bilong ol, long samting bilong givim wara, long bokis bilong ol bebi pato na long bokis bilong kiau. Askim ol fama tu long hamas kiau na hamas liklik pato i bin kamap.

Long namba 2 de ol fama i bung na autim “pato stori” bilong ol. Raitim ol stori long wanpela bikpela pepa. Taim olgeta i stori pinis long ol pato bilong ol, tisa na ol fama i lukluk long pepa na traum painimaut ol bikpela hevi ol fama i bin gat.

Olgeta lain i toktok long ol dispela hevi na traum long lukim, ol i ken mekim wonem samting long stretim ol dispela hevi. No ken tingim ol hevi tasol. Tingim tu ol gutpela samting i bin kamap long laip bilong ol manmeri na long pato fam bilong ol, na yupela amamas wantaim long ol dispela samting.

Taim	De namba 1	De namba 2
8.00 - 8.30		Moning lotu
8.30 - 10.00	Lesson 18 Toktok long ol pato fama. Lukluk long ol haus pato, ol bokis bilong putim kiau, ol bokis bilong lukautim ol liklik pato na ol samting bilong givim wara.	Lesson 19 Tok i go pas long namba 2 trening skul, welkam, kolim nem, na ol fama tokaut long “pato stori” bilong ol
10.00 - 10.30		Kisim win
10.30 - 12.00	Painimaut hamas kiau ol pato i karim na hamas liklik pato i kamap na hamas kiau fama i kaikai wantaim famili bilong en. Lukim tu long ol gaden ol i wokim bilong kamapim kaikai bilong ol pato. Painimaut ol pato i save kisim kaikai na wara gut long wanwan de.	Lesson 20 Painimaut long ol hevi ol fama i bin gat na traum long stretim ol dispela hevi.
12.00 - 13.00		Belo
13.00 - 14.15		
14.15 - 14.45		
14.45 - 16.00		Lesson 21 Lukluk gen long ol lesion ol i bin lainim

6.3 *Leson plan bilong namba 2 hap skul bilong pato*

Leson 18: Sekim ol pato fam

Mak yu laik sut bilong en na as tingting

- Long go lukim ol pato fama na lukluk long haus pato bilong ol
- Long harim stori bilong ol fama, olsem wonem ol i bin lukautim ol pato bilong ol
- Long sekim sapos ol abus i bin painim sik
- Long lukim ol pato i givim gut kiau na hamas liklik pato ol i bin kamapim
- Long tisa i ken save ol fama i bin lukautim gut ol pato bilong ol o nogat
- Long helpim tisa i ken save wonem trening ol pato fama i laikim long narapela de bilong skul



Taim

- 1-pela de



Ol samting bilong yusim

- Lista bilong ol manmeri long namaba 1 pato trening skul (hap 1 na hap 2)
- Sevei pepa bilong visit (Lukim tok piksa long sapta 11, pes 135)

Samting long mekim

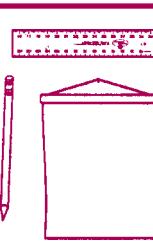
1. Go lukim ol fama

Go lukim olgeta pato fama bilong ol manmeri na pulimapim sevei pepa bilong visit i stap long sapta 11, pes 135

• Visitim olgeta manmeri husat i bin lainim samting long trening skul hap 1 na hap 2. Yu tu go lukim ol dispela lain fama olgeta pato bilong ol i dai pinis, na dispela lain husat i salim o kaikaim ol pato. Em i bikpela samting long yu painimaut bilong wonem bisnis bilong ol i no go gut o bilong wonem ol i senisim tingting bilong ol na stop long lukautim pato. Dispela bai helpim yu long kisim save long pasin bilong kamap pato fama long dispela hap.

- Long ol fama husat pato bilong ol i pinis olgeta, traim long painimaut wonem samting i bin kamap long ol pato bilong ol.
- Lukluk long haus pato, lukim sapos ol pato i gat sik o nogat na painimaut hamas liklik pato i bin kamap pinis.
- Pulimapim bekim long ol askim i stap long sevei pepa
- Kisim hevi bilong ol bikpela pato na sapos i gat rot, raitim tu wonem taim ol i bin kamap. Dispela bai soim yu hamas taim em i bin kisim long ol i kamap bikpela.

Askim ol fama long wonem rot ol i bin lukautim ol pato bilong ol. Askim ol long wonem samting ol i save pinis na i go gut na long wonem samting ol i mas lainim moa yet inap wok i go gutpela moa. Em i gutpela long harim tok bilong ol fama, na tu, long kisim tingting bilong man na meri.



Askim askim long tupela na putim yau gut tru long bekim bilong man na meri wantaim. Sapos ol pikinini tu i wok long lukautim pato, amamasim ol long wok ol i bin mekim na dispela bai strongim ol long mekim moa wok.

Sampela tingting bilong givim skul

Ol stori yu kisim long:

- go lukim wanwan fama
 - ol sevei pepa
 - ol stori yu bin bungim
 - na long ol samting yu bin lukim, ol dispela samting i helpim yu gut tru long redim ol lesom yu bai givim long namba 2 trening de, na ol lesom bai helpim tru ol fama. Ating yu bai mas skulim ol gen long givim kaikai long ol pato, long kamapim pikinini pato, long wokim haus o long ol arapela het tok. Sampela taim em gutpela long go bek gen long sampela lesom i stap pinis long namba 1 trening skul.
-
-
-
-

Tingting bilong helpim tisa

Painimaut tingting bilong na olsem wonem yu ken helpim ol fama

Sapos mipela laik ol fama i go mekim ol samting mipela bin skulim ol long en, orait mipela i mas painimaut

- wonem samting tru ol i mas lainim bilong kamap gutpela pato fama
- sapos i gat wanpela samting ol i wok long mekim, tasol i gat wanpela rot i gutpela moa long ol i ken mekim dispela wok
- sapos ol i gat olgeta samting ol i mas kisim long lukautim ol pato bilong ol (inap manmeri long lukautim ol pato, save tru bilong mekim wok, klinpela wara, olkain gutpela kaikai long givim long ol bikpela na liklik pato, hauslain i wanbel long ol i ken lukautim pato, na kain samting olsem).

Long painimaut ol bekim bilong ol askim i stap antap, mipela mas lukluk na harim gut pastaim. Mipela no ken ting long mipela save pinis ol bekim. Dispela pasin bilong lukim gut na harim gut i bikpela samting long ol manmeri i ken lainim tru ol samting. Oltaim askim askim long ol. Mipela mas putim ai na lukluk olsem wonem ol i lukautim ol pato o ol arapela abus bilong ol. Mipela i mas go long haus bilong ol, long haus abus na long gaden bilong ol na lukim wonem samting ol i wok long mekim. Mipela mas painimaut long samting ol i save pinis. Sapos mipela harim na lukim na yusim ol dispela toktok mipela kisim pinis, mipela bai inap long givim gutpela helpim tru long ol fama i ken lukautim gut ol pato bilong ol. Sapos yu bihainim dispela rot, ol fama bai amamas long skul yu givim. Ol bai pilim ol i no westim taim bilong ol.

Painimaut gut wonem samting i gat laik long skulim ol, em i bikpela samting long namba 2 trening skul.



Visitim ol pato fama long strongim na sapotim ol. Sevei pepa i stap long pes 135 i helpim ol ikstensen ofisa bilong mipela long sekim wok bilong ol fama olsem wonem ol i bin lukautim ol pato na bilong sekim tu long sik bilong ol abus

Leson 19: Namba 2 hap bilong pato skul - Tok i go pas



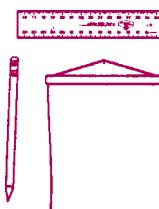
Mak yu laik sut bilong en na as tingting

- Kisim save gen long ol fama na ol fama tu i kisim save gen long yu
- Long tok klia long as tingting bilong namba 2 hap bilong pato skul



Taim

- 1 aua



Ol samting bilong yusim

- Lista long ol nem bilong ol manmeri bilong namba 1 skul



Samting long mekim?

1. Opim trening skul wantaim sotpela tok bilong God na prea

Opim na pasim trening skul wantaim prea. Samting bilong spirit em i bikpela samting long ol PNG manmeri na em i hap bilong bilip na save bilong ol.

2. Kolim nem

Yusim lista long ol nem bilong namba 1 skul na painimaut hamas manmeri i kam bek long namba 2 hap bilong skul.

3. Toksave long yu yet na ol arapela tisa

Tokaut gen long yu yet na long ol arapela tisa, sapos i laik. Sapos yu givim sotpela tok bilong yu yet long ol manmeri, dispela bai i helpim long ol i bilipim ol tok skul bilong yu na ol bai amamas long yu. Ating yu ken tokim ol kain samting olsem.

- Wonem samting yu bin mekim long taim namba 1 hap bilong skul i pinis inap nau.
- Wonem yu bin pilim, taim yu go lukim ol long fam bilong ol asde
- O tokim ol long sampela gutpela samting yu bin lukim long hauslain o long ol manmeri i kam long skul long taim yu kamap long ples.
- Yu no ken lusim tingting long dispela samting: Sapos yu laik skulim ol arapela long lukautim ol pato, yu mas i stap pato fama yu yet. Taim yu yet lukautim ol pato, yu bai kisim ol gutpela tingting na save, na bihain yu ken serim dispela save wantaim ol arapela. Nogut yu toktok tasol long ol samting yu bin ritim long buk, na yu yet i no painimaut ol dispela samting i tru o nogat. Tingim gut, mipela ol tisa i mas mekim wonem samting mipela skulim ol arapela.

4. Mak yu laik sut long en na taimtebol bilong namba 2 hap bilong pato skul

Raitim ol mak yu laik sut long en na taimtebol bilong namba 2 hap bilong pato skul long waitbot o blakbot o raitim ol paslain long stok fid bek (lukim 4.2, pes 17). Yusim wonem yu bin lukim na harim asde bilong makim ol poin yu laik skulim long dispela de. Ating yu bai makim kain poin olsem:

- Toktok wantaim ol manmeri i lukautim ol pato long pasin bilong givim kaikai long ol pato, na helpim ol inap dispela wok i ken kamap gutpela moa yet.
- Toktok wantaim ol long pasin bilong kamapim ol liklik pato, na painim rot bilong pinisim ol hevi i bin kamap taim ol i bin mekim dispela wok.
- Toktok wantaim ol long lukautim na stretim gut ol haus pato na ol i ken kamap gutpela moa.
- Toktok wantaim ol long ol hevi ol i bin gat. Yupela olgeta wantaim i wok long painim rot long winim ol dispela hevi.

Raitim taimtebol na ol het tok yu ting bai i go fit wantaim ol mak yu laik sut long en long waitbot. Hia yu ken lukim klia long wonem samting yu bai mekim long namba 2 hap bilong pato skul.

Taim	Het tok bilong trening de
8.00 - 8.30	Moning lotu
8.30 - 10.00	Leson 19 Tok i go pas long namba 2 hap bilong pato skul, welkam, kolin nem, bungim ol stori bilong pato long wanwan fama
10.00 - 10.30	Kisim win
10.30 - 12.00	Leson 20 Panimaut long wonem samting ol fama i laik kisim helpim
12.00 - 13.00	Belo
13.00 - 15.00	Leson 21 Leson long ol het tok ol fama i laikim moa helpim. Ating kain kain het tok olsem: Givim kaikai, kamapim ol liklik pato, stopim ol pato i no ken kaikaim kiau bilong ol yet

Sampela tingting bilong givim skul

Tingting bilong helpim tisa

Givim gutpela skul bilong helpim ol manmeri long kamapim gutpela laip na long mekim gutpela wok fam

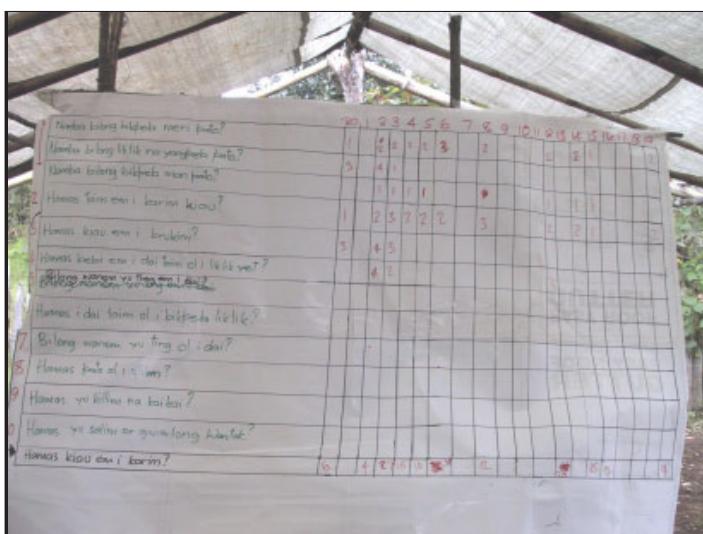
Ol man na meri i amamas taim ol i pilim wonem samting ol i wok long lainim bai i helpim ol na ol i ken yusim long mekim laip bilong ol i go gut moa. Skul bilong yu i mas opim ai bilong ol long lukim i gat kain kain rot long mekim ol samting, na ol i mas lainim long skelim wonem rot i gutpela tru na i winim ol arapela rot. Ol samting ol i lainim i mas helpim ol long mekim moa gut ol samting olsem ol i bin mekim bipo. Wonem mipela skulim ol i mas helpim ol long winim wari bilong lukautim famili, o long kisim biknem o stap gut namel long ol arapela manmeri insait long ples. Dispela ol hevi ol manmeri i save tingting na toktok long en, em ol i bikpela samting tru na mipela no ken lusim tingting taim mipela skulim ol.

Taim mipela skulim ol manmeri, dispela skul i mas kamapim senis long ol dispela hevi ol i gat. Mipela mas tingim olsem ol manmeri i kam long skul i no pato fama tasol, nogat, ol tu i memba bilong wanpela hauslain na hap bilong wanpela famili, na ol i wari long mekim laip bilong ol yet na bilong famili bilong ol i kamap gutpela moa. Ol i laik lainim long wonem rot ol i ken kisim mani bilong inapim ol laik bilong ol, na ol i laik kisim save bilong kamap gutpela memba bilong hauslain na kisim nem long ples bilong ol.

Olsem tisa, yu mas tingim ol dispela samting taim yu skulim ol manmeri na toktok wantaim ol. Yu mas traum long givim ol wonem samting ol i laik long save.

Olsem tisa, yu mas lukaut, nogut yu strong long ol manmeri i mas mekim o bilipim samting. Ol yet i mas painimaut, wonem samting i helpim ol tru, na em i samting bilong ol, ol i mekim wonem na bilipim wonem samting. Sapos yu strong long ol i mas bihainim tingting bilong yu, ol inap kamap kros na i no amamas, na ol bai no harim tok bilong yu. Yu ken tokim ol wonem samting yu ting i gutpela long mekim, tasol yu no ken tok strong long ol i mas mekim olsem tu.

Yu no mas toktok long politik long lesion bilong yu. Plantu manmeri i gat strongpela tingting long dispela het tok, na sapos tingting bilong yu i no wankain olsem tingting bilong ol, ol bai belhat long yu.



Pepa i soim wok bilong fama long lukautim ol pato

Leson 20: Bungim “pato stori” bilong ol manmeri



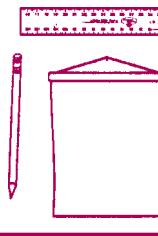
Mak yu laik sut bilong en na as tingting

- Painimaut wonem samting i bin kamap long pato bilong wanwan manmeri bihain long namba 1 hap bilong pato skul



Taim

- 1 aua na 30 minit



Oi samting bilong yusim

- Pepa



Samting long mekim

1. **Painimaut wonem samting i bin kamap long ol pato bihain long namba 1 hap bilong pato skul?**

Askim wanwan manmeri long kam long fran na autim “stori” long wonem samting i bin kamap long ol pato bilong ol. Yusim ol askim i stap aninit long helpim long bungim ol stori bilong ol manmeri:

1. Hamas Maskovi meri pato yu lukautim?
2. Hamas Maskovi man pato yu lukautim?
3. Hamas liklik pato yu wok long lukautim?
4. Hamas taim ol mama pato bilong yu i bin sindaun antap long kiau?
5. Oi i bin sindaun antap long hamas kiau?
6. Hamas bebi pato i bin brukim kiau na kam ausait?
7. Hamas liklik pato i bin dai pinis?

8. Bilong wonem ol liklik pato i dai?
9. Hamas bikpela pato i dai?
10. Bilong wonem ol i dai?
11. Hamas kiau yu kaikai?
12. Hamas kiau yu salim?
13. Hamas pato yu kilim bilong kaikai?
14. Hamas bikpela pato o liklik pato yu salim o givim long ol famili memba?
15. Hamas bikpela o liklik pato ol stilman i stilim?
16. Wonem kain kaikai na hamas yu givim long ol bikpela na liklik pato bilong yu?
17. Husat i save lukautim ol pato long moningtaim?
18. Husat i save lukautim ol pato long belotaim?
19. Husat i save lukautim ol pato long apinun na lokim gut ol pato insait long haus?

Raitim olgeta stori/bekim long bikpela pepa na ol manmeri i ken lukim.

Hia em pepa mipela save yusim:

Askim bilong fama	1	2	3	4	5	6	7	8	9	10	Total
1 Namba bilong ol meri pato											
2 Namba bilong ol man pato											
3 Namba bilong ol liklik pato											
4 # blg ol mama pato i kamapim bebi pato?											
5 # blg ol kiau?											
6 # blg ol liklik pato i kamap?											
7 # blg ol liklik pato i dai?											
8 Bilong wonem ol i dai?											
9 # blg ol bikpela pato i dai											
10 Bilong wonem ol i dai?											
11 # blg kiau ol i kaikai pinis?											
12 # blg pato ol i kaikai pinis?											
13 # blg pato ol i salim pinis o givim long wantok?											
14 # blg pato ol stilman i bin kisim											

Ol poin bilong skul

Dispela pepa bai givim gutpela tingting long yu na ol manmeri long wonem samting i bin kamap long ol pato. Yupela bai inap painimaut wonem samting ol i bin mekim gut taim ol i lukautim ol pato, na wonem samting i no go gutpela tumas. Wantaim dispela pepa na stori yu bin kisim taim yu go lukim na toktok wantaim wanwan fama long namba 1 de bilong dispela skul, yu inap i gat gutpela tingting long wonem samting i bin kamap long ol pato stat long namba 1 skul i kam inap nau.

Tingim long toktok wantaim ol fama na makim gut husat i mekim wok bilong lukautim pato. Em i bikpela samting long putim olgeta wok i go long han bilong ol meri insait long hauslain.

Tingting bilong helpim tisa

Lainim samting long rot bilong mekim samting

Em i bikpela samting long yu opim rot long ol manmeri i ken mekim samting long taim bilong lesion na i no ken harim tok bilong yu tasol. Dispela bai i helpim ol long tingim yet samting ol i wok long lainim. Em bai isi long ol i yusim samting ol i bin lainim pinis long taim bihain. Taim yumi skulim ol manmeri, yumi ken larim ol i ken mekim sampela samting insait long lesion, na yumi no ken larim ol i sindaun tasol na harim. Taim ol manmeri i strong long lainim samting, insait long ol liklik grup o tim ol i no save laik long stopim wok taim mipela askim ol long malolo. Ol i lusim tingting long ol yet, long kisim win na dring ti o long malolo long belo. Ol i amamas tru na laikim wonem samting ol i wok long lainim. Taim dispela i kamap, ol i lainim tru samting. Sapos i no kamap olsem, ol manmeri i no lainim tumas samting.

Taim ol manmeri i baim skul fi, yu ken save olsem ol i gat laik long wonem samting yu plenim long skulim ol na ol inap long mekim sampela samting insait long lesion bilong ol. Larim ol manmeri i ken mekim sampela samting insait long taim bilong lainim olgeta lesion bai i gat gutpela kaikai bilong en.

Taim ol manmeri i wok long lainim samting long rot bilong mekim samting, insait long liklik grup o insait long tim ol i no laik stopim wok taim mipela askim ol long kisim malolo. Ol i lusim tingting long ol yet... ol i amamas na laikim tumas wonem ol i wok long lainim. Taim dispela i kamap, ol i lainim tru samting. Sapos i no kamap olsem, tingting gen olsem wonem yu wok long skulim ol. Ating em taim long statim narapela wok o plenim narapela samting. Sapos ol i kamap les long lainim samting, dispela i save kilim i dai pasin bilong kisim gutpela save.

Leson 21: Painimaut hevi ol pato fama i gat na rot bilong stetim ol dispela hevi



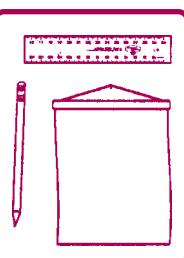
Mak yu laik sut bilong en na as tingting

- Painimaut long bikpela hevi na hatwok ol pato fama i gat
- Lukluk long rot bilong stetim ol dispela hevi
- Painimaut wonem helpim ol fama i laikim



Taim

- 60 minit



Ol samting bilong yusim

- Waitbot o blakbot



Samting long mekim

1. Lukluk long pepa na tingting long ol hevi em i soim

Lukluk long pepa wantaim ol manmeri. Askim ol long tokim yu wonem ol hevi i givim hatwok tru long ol long lukautim pato.

2. Toktok long ol bikpela hevi bilong lukautim ol pato

Raitim ol bikpela hevi na wonem i kamapim ol dispela hevi long narapela sait o antap long waitbot o blakbot olsem tok i stap long hapsait i soim. Ol manmeri bilong wanwan grup yu skulim, ol inap i gat kain kain hevi bilong ol yet. Tasol ol bikpela hevi mipela bin painim insait long namba 2 hap bilong pato skul i olsem:

Tebol i soim klia tasol. Ol grup yu skulim, ol inap i gat kain kain arapela hevi i no stap long lista

Bikpela hevi	Samting i kamapim dispela hevi	Ol poin bilong helpim
Planti kiau i lus	* Ol pikinini i stilim na kaikaim kiau	* Skulim ol pikinini bilong wonem yu lukautim ol pato na bilong wonem ol i no mas stilim kiau (yu inap givim panismen tu, sapos ol i no laik harim tok bilong yu)
	* Ol rat i wok long kaikaim kiau (yu bai painim sel bilong kiau klostu long hap mama pato i bin putim kiau)	* Putim trap bilong rat * Kisim wanelala pusi long kaikaim ol rat ... tasol yu mas haitim ol liklik pato long pusi
	* Ol mama pato i kaikaim kiau bilong ol long taim ol i sindaun antap long ol	* Givim inap kaikai klostu long bokis bilong kiau tupela taim long wanelala de
	* Ol snek	* Boilim sampela kiau na putim long ples we snek inap kisim ol. Sapos snek i kaikai kiau i tan pinis, em bai i dai.
	* Ol pato i kaikaim kiau bilong ol bihain tasol long ol i putim ol na paslain long ol i sindaun antap long ol	* Taim pato i putim kiau, kwiktaim yu rausim ol na putim ol long narapela ples i kol na sev. Putim kiau yu bin wokim long kle insait long bokis long kisim ples bilong ol trupela kiau. Taim pato i stop long putim kiau na i sindaun gut antap long kle kiau, yu ken rausim ol na putim trupela kiau i go bek long bokis bilong em i ken sindaun antap na kamapim bebi pato.
Kiau i kamap blak	* Yu bin larim yangpela pato i sindaun antap long nambawan kiau em i bin putim	* Kaikai ol namba wan kiau yanpela pato i putim, long wonem ol i liklik na i no gutpela long kamapim ol liklik pato.
	* Ol kiau pato i sindaun long en ol i liklik tumas	* Givim kaikai gut long pato long em i ken putim ol bikpela kiau. Yu no ken larim em i sindaun long ol liklik kiau.
	* Yu no givim kaikai gut long ol pato, olsem na ol i lusim bokis longpela taim long painim kaikai bilong ol yet. Ol kiau i kamap kol na liklik pato insait long kiau i dai.	* Givim planti kaikai long ol pato klostu long bokis bilong kiau long taim ol i sindaun antap long kiau. Putim kiau bokis insait long haus we yu kaikai long em, na dispela bai i helpim yu long tingim long givim kaikai long ol pato taim yu yet kisim kaikai.

Bikpela hevi	Samting i kamapim dispela hevi	Ol poin bilong helpim
I no planti liklik pato i kamap long ol kiau mama i sindaun antap long em na long planti kiau i no gat bebi pato i kamap she	<ul style="list-style-type: none"> * Pato i no kisim kaikai gut long taim em i sindaun antap long kiau. Olsem na em i lusim bokis longpela taim long go painim kaikai na kiau i kamap kol. Dispela i mekim ol liklik pato insait long kiau i dai. * Ol kiau i liklik tumas na ol liklik pato insait i no gat strong. * Em i namba wan taim long yangpela mama i traيم long sindaun antap long ol kiau bilong em * Man pato i no bung gut wantaim meri pato 	<ul style="list-style-type: none"> * Givim inap kaikai long mama pato long em i no ken lusim ol kiau longpela taim. * Putim drai gras insait long bokis na em bai i mekim isi long pato i ken mekim ol kiau i stap hot. * Mama pato i laikim planti kaikai long putim ol bikpela kiau * Mama pato i save kamap gutpela long sindaun antap long kiau taim em i kamap olpela * Man pato i mas kisim kaikai gut longem i ken gro gut (sekim hevi bilong em) na bung gut wantaim meri pato
Planti liklik pato i daibihain long ol i brukim sel pinis na kam aut	<ul style="list-style-type: none"> * Ol kiau i liklik tru na ol liklik pato i kamap i no gat strong * Ples i kol tumas long ol liklik pato * Ol liklik pato i waswas long ren o wara na ol i dai, long wonem, ol i kisim kol * Ol liklik pato i no kisim kaikai gut * Ol birua i kisim ol liklik pato (pik, dok, tarangau, rat, snek) 	<ul style="list-style-type: none"> * Givim gut kaikai long mama taim em i putim kiau na em inap putim bikpela kiau * Lukautim mama na ol liklik pato insait long wapel bokis i drai gut, na em bai isi long ol i stap gut na i no kisim kol * Yusim gutpela samting long ol liklik pato i ken dring wara na ol i no ken kamap wet * Yu mas givim planti gutpela kaikai long ol liklik pato * Lukautim ol liklik pato na mama insait long bokis wantaim banis i raunim bokis na i haitim ol long ol birua
Meri/man pato i liklik tumas na ol i nogat hevi bilong ol	<ul style="list-style-type: none"> * Ol i no kisim kaikai gut * Pato i gat liklik binatang insait long bel (intestine) 	<ul style="list-style-type: none"> * Givim moa gutpela kaikai long ol pato * Givim marasin long ol bilong kilim ol binatang insait long bel

Bikpela hevi	Samting i kamapim dispela hevi	Ol poin bilong helpim
	* Ol pato i sik	* Putim ol sik pato long narapela hap na givim gut kaikai long ol. Yu ken traim long givim ol antibiotics (amoxicillin 500mg, 1 tablet long wanwan de inap long 3-5 de) Lukim sapos ol i kamap orait. Yu bai makim long yu laik kaikaim ol o givim marasin long ol.
Ol pato i lus	* Stilim * Ol dok na pik i kilim na kaikaim ol pato	* Toktok long hauslain na traim painim rot long stopim dispela hevi

3. Traim long painim rot bilong stretim ol hevi

Askim ol manmeri, ol i ken mekim wonem bilong pinisim ol hevi ol i bin painim long taim bilong lukautim pato.

Long pepa we yupela bin raitim ol hevi, pulimapim nau dispela hap “Ol poin bilong helpim” (o yusim blakbot o waitbot). Em i bikpela samting long ol manmeri yet i ken tokaut long ol rot bilong pinisim ol hevi ol i bin painim, i no yu i givim ol bekim. Long dispela rot ol manmeri i lainim gut samting.

4. Toktok gen long ol samting ol i lainim pinis bilong helpim long stretim ol hevi

Nau em i taim long toktok long sampela lesон yu bin skulim ol long namba wan skul. Sampela taim yumi mas tokim ol gen long wonem samting yu bin skulim ol.

Yu mas givim gutpela tok long strongim ol long go gen na mekim wok bilong ol, maski ol i no bin mekim olgeta samting gut. Nogat wanpela i save long olgeta samting bilong lukautim pato taim em i statim nupela. Ol gutpela pato fama em ol manmeri husat i traim yet, wok hat na oltaim traim long lainim moa na moa samting long lukautim ol abus.

Yu ken helpim ol manmeri long painim bekim olsem wonem ol i ken pinisim ol hevi bilong ol, tasol larim ol yet i mas tingting na givim ol bekim. Long dispela rot ol manmeri i lainim gut samting.

Tingting bilong helpim tisa

7-pela step bilong plenim samting

Yusim 7-pela isi step bilong plenim samting: Husat, bilong wonem, wonem taim, long wonem hap, wonem samting, olsem wonem na long wonem as. Mipela yusim dispela 7-pela step long kamapim trening skul i stap insait long dispela buk, na dispela ol step i helpim mipela tu long mekim plan yumi ken bihainim taim yumi laik skulim ol man na meri long lukautim ol pato.

* **Husat:** Husat i laik lainim samting? Hamas fama bai kam long skul? Ol i gat wonem kain pasin (kalsa, stap olsem wonem, na kain samting olsem)? Wonem samting ol i save pinis? Wonem samting ol i mekim pinis, ol i man o meri, na ol i gat hamas krismas? Wonem samting yu save pinis long? Ol i gat wonem ol arapela wok? I gat sampela taim long krismas we ol hevi/salens i save kamap?

* **Bilong wonem:** Bilong wonem dispela trening skul i kamap? Wonem samting/hevi i mekim, na em as long dispela trening skul i ken kamap? Bilong wonem ol manmeri i laik kam long trening?

* **Wonem taim:** Wonem taim bai dispela trening skul i kamap (wiken, namel long wik, o arapela taim)? Hamaspela de skul bai stap? Ol manmeri i amamas long dispela taim na long longpela bilong skul? Olgeta samting bilong skul bai i redi?

* **Long wonem hap:** Long wonem hap bai trening i kamap? Wonem samting i stap pinis long ples bilong trening na yu ken yusim (klasrum, haus lotu, na moa)? Tingim, gutpela trening tru i save kamap long gaden na ausait wantaim ol abus ... i no insait long klasrum tasol.

* **Wonem samting:** Wonem samting bai kamap long dispela skul? Wonem samting bai stap insait long ol lesson?

* **Olsem wonem:** Wonem kain rot bilong trening bai yu yusim? (Bai yu mekim olgeta toktok; bai yupela olgeta wantaim i toktok na serim tingting bilong yupela; bai yu yusim ol poto; bai yu larim ol manmeri i ken mekim samting na i no yu tasol i mekim olgeta samting; na olkain poin olsem) Wonem kain save bai yu yusim long ranim dispela skul (pasin bilong harim, pasin bilong toktok, pasin bilong mekim samting)? Wonem kain samting bai yu yusim long skul?

* **Wonem as:** Wonem senis bai trening skul i kamapim long ol manmeri? Wonem nupela wok ol bai inap long mekim bihain long skul? Wonem em as tingting bilong trening skul? Taim skul i pinis, ol manmeri i mas save long wonem samting? Yu bai mekim wonem samting inap yu ken save ol manmeri i lainim pinis ol samting yu bin skulim ol?



Ol rot insait long PNG inap kamapim bikpela hevi long kirapim gut ol wok yu plenim

HAP 4

OI material i helpim gut long mekim trening skul

Moning lotu

Go bek askim gen

Traim Save Pepa

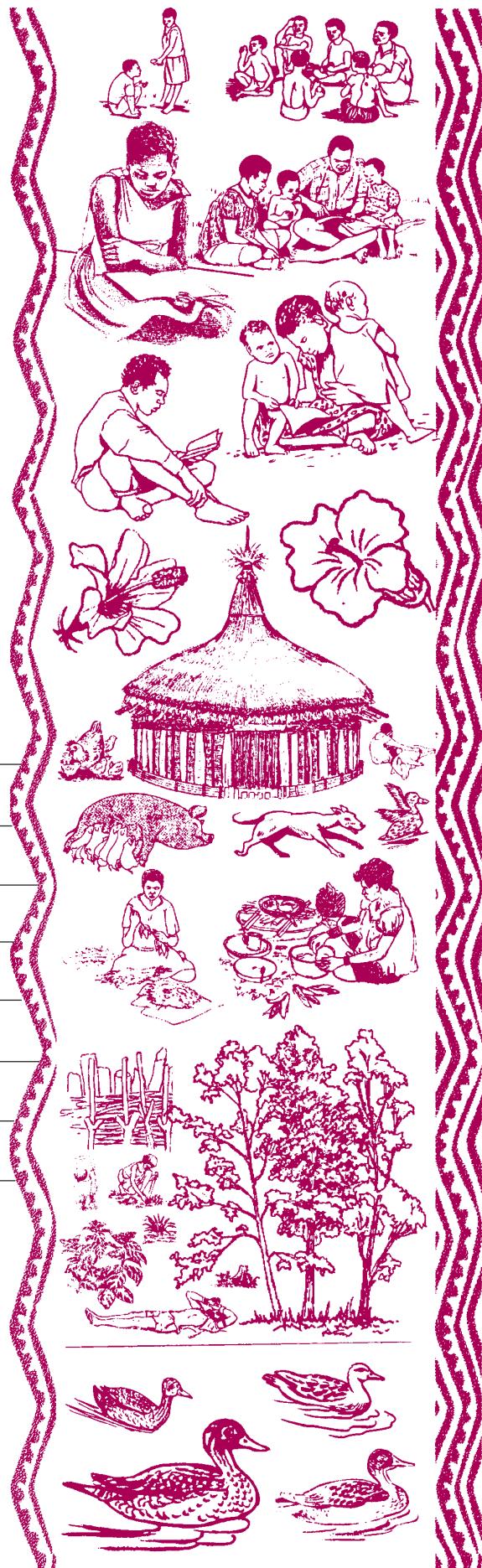
Ripot Pepa / Askim Pepa

Setifiket

Infomesen bilong lukautim Maskovi pato

Tul bokis na ol lista bilong sekim ol material

Ol arapela material bilong yusim



7 Moning lotu

Oi morning lotu i stap aninit bai givim yu sampela tingting bilong ol samting yu inap toktok long en wantaim ol manmeri.

Sapos ol pasto i stap long ples yu mekim skul, mipela ting yu inap askim ol long helpim yu long moning lotu. Sapos ol i no inap mekim long wanwan moning, orait askim ol long mekim moning lotu long wanpela moning tasol.

Sapos i no gat pasto, o sapos yu yet i wanpela pasto, ol dispela tingting i stap aninit inap helpim yu long redim moning lotu long stat bilong wanwan de.

Mipela kisim sampela gutpela tingting bilong moning lotu i stap aninit long wanpela moning lotu buk i kamap long Inglis, nem bilong en “Footsteps”. Sampela moning lotu i toktok long “ol manmeri husat i laik helpim arapela long sindaun gut na kisim gutpela laip” o “Oi Kristen lida”. Mipela bilip olsem ol manmeri husat i kam long kain trening skul, ol i gat tingting long mekim laip bilong ol yet na bilong ol arapela i kamap gutpela, na ating ol i lida bilong hauslain.

7.1 *Moning lotu namba 1: God i save wari long yu*

God i save tingting long yumi na em i laikim tru long yumi stap gut long spirit bilong yumi, long piling bilong yumi na long bodi bilong yumi tu. Em i save wari long yumi gat sik o stap i orait. Em i laik save wonem samting mipela tingting long Em, na long ol arapela, na long ol samting i stap klostu long yumi na tu long yumi yet.

Ritim Stat 2.7 na 3.9: Olsem wonem Spirit bilong God i save givim strong long yumi

Stat 2.7: God i wokim yumi long “das bilong graun.” Bodи bilong yumi em i stap nating sapos yumi no gat spirit. God i winim win bilong laip insait long yumi na yumi kisim laip. Taim God i rausim win bilong laip long bodi bilong yumi, mipela i save dai, bodи bilong yumi i save go bek long graun na kamap graun gen. Olsem na laip bilong yumi na olgeta gutpela samting bilong yumi i kam long Spirit bilong God. Yumi no kisim ol gutpela samting bilong yumi long wok yumi yet i mekim, nogat. Olgeta gutpela samting i kam long God olsem presen. Em i bin makim yumi long kisim laip.

Stat 3.9: Long ol dispela ves God i soim yumi olsem em i laik felosip wantaim yumi. God i wokim man na meri long stap pren bilong en. Namba wan as tingting bilong God em i olsem. Man i mas save long em na laikim em. God i save laikim yumi. Em i bin wokim yumi long yumi ken toktok wantaim em na harim tok bilong em, na long litimapim em na givim biknem long em. Em i laik yumi ken lukautim dispela graun wantaim em. Sin i soim Papa God olsem mipela i no laikim em moa. Mipela i dai long Spirit. Tasol Jisas, Pikinini bilong God, i opim rot long Papa God i ken lusim sin bilong yumi na yumi ken laikim em gen. God i bin soim pasin tru bilong laikim yumi long rot bilong givim Jisas long yumi. Sapos yumi kisim Jisas olsem Bikpela long laip bilong yumi na em i kamap Peman bilong yumi, em bai yumi kamap laip gen long spirit. God i laikim yumi mas stap laip long spirit.

Ritim Stat 2.18: Pilim gut insait long bel

God i bin wokim ol meri long man i ken gat wanpela gutpela pren em i ken laikim na toktok wantaim em. Na tu, em i wokim meri long helpim man long laip bilong en. Em i no bin gutpela long man i stap wanpis. Sapos yumi stap wanpis, dispela inap mekim yu kamap longlong. God i save em i bikpela samting long man na meri i pilim gut tru insait long bel bilong ol. Wok bilong God long wokim graun na man i no pinis inap em i wokim meri. Tingting bilong God em long man na meri i ken helpim wan na narapela long kisim gutpela piling long insait bilong ol. Yumi laikim famili na hauslain bilong yumi long yumi ken amamas na pilim gut insait long bel bilong yumi na helpim arapela long pilim wankain.

Ritim Stat 1.28 na 29: Yumi mas kisim wonem long mekim bodi bilong yumi pilim gut

God i bin givim kaikai long Gaden Eden. God i tokim man long as long ol samting em i bin wokim long gaden bilong en. God askim man na meri long helpim em long lukautim diwai samting na ol abus i stap long graun. Em i laikim yumi mas was long graun, na long win na wara i stap raun long yumi na long olgeta abus, na long ol diwai, plaua na gras samting i stap klostu long yumi. God i bin wokim dispela graun gut tru, na yumi mas was gut tu long wonem rot yumi lukautim em. God i save pinis long yumi mas kisim kaikai, wara na haus inap long yumi ken stap laip, olsem na em i givim dispela ol planti gutpela samting long yumi. Nau em i wok bilong yumi long yusim ol samting na yumi no ken bagarapim.

OI askim bilong toktok wantaim

- * Olsem wonem yu ken save long God i save lukautim yu long wanwan de long laip bilong yu?
- * Wonem samting yu wok long lainim insait long dispela trening skul inap soim yu olsem God i laikim yu na em i save lukautim yu?
- * Ating dispela trening skul em bilong givim amamas long spirit bilong yu, o long mekim gut long piling bilong yu, o em bilong helpim bodi bilong yu, a? (Mipela bilip olsem trening skul em bilong helpim tripela hap wantaim:
 - * Amamas long spirit: Helpim yumi kisim long moning lotu na skelim tok wantaim ol brata na susa insait long Krais
 - * Wonem yumi pilim insait: Yumi ken kisim helpim long taim yu skelim tok wantaim ol arapela, na long taim yumi wok bung wantaim na lainim long kamap pren bilong ol arapela
 - * Bod i pilim wonem: Yumi ken kisim helpim taim yumi lainim olsem wonem yumi ken kamapim kaikai na mekim laip i kamap gutpela moa)

7.2 Moning lotu namba 2: Putim God namba wan

Sapos yumi laikim wok bilong yumi long helpim laip bilong ol arapela i kamap gutpela moa, yumi mas putim God i go pas long olgeta samting yumi mekim. Tasol planti rot i stap long narapela samting i ken kamap god bilong yumi. Sampela rot i olsem. Kisim mani o biknem namel long ol manmeri long ples bilong yumi. Mobeta yumi bihainim tok i stap long buk bilong Gutpela Sindaun, em wanpela buk i gat planti tok long helpim laip bilong yumi ken stap gut. Dispela buk i tokaut long planti rot i ken helpim yumi long wok gut wantaim Papa God na ol arapela.

Ritim Gutpela Sindaun 3.1-10

Yumi mas bilip strong long God wantaim olgeta bel na tewel bilong yumi na yumi no ken bilip long ol arapela man o long ol samting yumi yet ken mekim. Wonem samting i kamap long laip bilong yumi, yumi mas goan na bilip long God na prea long em na bihainim tok bilong em. Sapos yumi mekim olsem, dispela bai helpim yumi long stap amamas na strong.

Ritim Gutpela Sindaun 4.7-9

Sapos yumi laik helpim tru ol arapela, orait yumi mas yusim olgeta gutpela tingting na save bilong yumi na mekim wok. Na sapos yumi yusim olgeta save bilong yumi long helpim ol arapela, orait bai yumi inap mekim gut ol samting long haus bilong yumi, na long ples bilong wok, na long hauslain. Wonem samting yumi save i stat wantaim wonem God i bin givim yumi. Em i bin givim yumi kain kain gutpela save olsem save bilong ol samting i stap long dispela graun, na save long ol ples bilong dispela graun na long histori. Tasol nambawan save tru yumi ken kisim, em dispela save bilong laikim God na ol arapela man.

Yumi mas yusim gut ol save God i bin givim yumi, olsem na yumi kamap manmeri bilong gutpela tingting na save.

Ritim Gutpela Sindaun 9.10-12

Gutpela tingting na save em long lukluk long God pastaim na putim em namba wan long laip bilong yumi. God i save long olgeta samting na em i save gut tru long yumi. Plant manmeri i save putim famili bilong ol i go pas, na ol i laik stap bikpela long hauslain bilong ol, na ol i no putim God i go olsem namba wan. Sapos yumi putim God olsem namba wan long laip bilong yumi, orait bai yumi inap mekim gutpela wok, long wonem, God wanpela inap givim gutpela tingting na save long yumi bilong helpim ol arapela. Dispela gutpela save God i save givim yumi, em bai helpim yumi long mekim gut ol samting em i laikim yumi long mekim.

Ritim Gutpela Sindaun 16.3 and 9

Dispela tupela ves i tokim yumi olsem wonem bai yumi givim namba wan ples long God long laip bilong yumi. Em bai soim yumi olsem wonem yumi ken mekim ol samting long laip bilong yumi i kamap gut, long bikpela samting na long liklik samting tu.

Wok bilong yumi bai i no inap kamap gut na i no inap karim gutpela kaikai, sapos yumi no putim God i stap namba wan long olgeta projek bilong yumi. I no gat as long kirap moningtaim tru na wok hat i go inap long nait, sapos yumi no mekim olgeta wok long God wanpela tasol (Buk Song 127.1-2).

Oi askim bilong toktok wantaim

- * Yu save tanim i go pastaim long husat taim yu gat trabel?
- * Ating yu larim famili bilong yu o pasin bilong kisim biknem long hauslain i ken kirapim yu long mekim wok, a?

7.3 Moning lotu namba 3: Kisim mani

Ritim 2 Tesalonaika 3.6-13

Aposol Pol i bin wari tru taim em i harim ripot olsem sampela memba bilong sios long Tesalonaika i no mekim ol wok ol i mas mekim. Oi i wok long toktok nabaut tasol long olgeta samting bilong ol arapela man, em i no samting bilong ol (v 11) olsem na ol i no gat inap kaikai na samting bilong ol yet. Dispela i givim hatwok long ol arapela manmeri bilong hauslain husat mas givim kaikai samting long ol i ken stap laip (1 Tes 4.2). Olsem na Pol i tok long ol dispela manmeri i mas mekim wankain olsem em bin mekim, na ol manmeri long Tesalonaika i mas wok gut wantaim long kisim inap mani long baim kaikai samting bilong ol yet (v 12). Nau yumi laik lukluk long wonem Pol i bin mekim. Yumi ken lainim long pasin bilong em na mekim wankain olsem em i bin mekim.

Pol, olsem misinari, inap askim ol kongrigesen long mani samting (v 9). Tasol em i no mekim olsem, nogat. Em i wok hat long lukautim em yet, na em i soim ol manmeri long wok hat tu inap ol i ken lukautim ol yet. Em wantaim ol pren bilong en i wok long 'nait na de' long ol i no ken givim hevi long ol memba bilong sios na ol i mas lukautim ol long kaikai samting (1 Tes 2.9).

Pol i mekim dispela wok em i save gut long mekim na em i kisim mani long dispela wok. Em i bin lainim long wokim haus sel bilong ol manmeri i ken slip insait long en, na em i mekim dispela wok taim em i stap long Korin (Aposel 18.3). Yumi tu mas save wonem wok yumi inap long mekim gut, na yumi mas mekim dispela wok long kisim inap mani long baim ol invois bilong yumi na long ol skulfi na olkain samting yumi gat laik long en.

Pol i wok wantaim ol arapela husat i save long wokim haus sel. Em i wokim wok bilong en wantaim Akwila na Prisila (Aposel 18.1-3, 2 Tes 3.9 'mipela wok de na nait'). Yu olsem pato fama inap wok wantaim husat i save long lukautim pato o ol arapela abus.

Pol i yusim mani em i kisim long wok bilong en long lukautim em yet wantaim ol pren bilong en. (Aposel 20.34). Em i wari tu long ol lain i no gat mani na kaikai. Em i askim ol kongrigesen long Efesus long mekim wok na ol i ken helpim na givim samting long ol lain i sot long ol samting (Ef 4.28). Em i wok long kirapim ol sios i no lain Juda long amamas na helpim ol manmeri long Jerusalem husat i lain Juda, na i gat liklik samting tasol (Rom 15.26-27).

Olsem na yumi ol lain bilong God i mas wok hat na mekim dispela wok yumi save gut long mekim. Long dispela rot yumi ken kisim mani bilong yumi yet, na yumi ken wok olsem grup tu bilong lukautim yumi na helpim ol arapela husat i sot long samting, ol Kristen na ol arapela tu.

Mekim wok long kisim mani o samting yumi laikim long laip bilong yumi em i bikpela samting tru long famili bilong yumi. Long dispela taim nau, em isi long lusim tingting long famili bilong yumi taim yumi wok hat tru long helpim husat i no gat samting. Ol mama na papa i mas lukautim gut ol pikinini na givim ol samting ol i laikim (2 Kor 12.14), na pikinini inap helpim mama na papa bilong ol taim ol i kamap lapun (1 Tim 5.4).

Em bai hat tru long helpim famili bilong yumi, na sios, na hauslain bilong yumi o yumi yet, sapos yumi no lainim long sevim liklik hap mani long wanwan wik. Sapos yumi no sevim mani, olgeta hatwok bilong yumi bai i lus nating. Sapos Josep i no bin bungim kaikai long Isip insait long 7-pela krismas bilong planti kaikai, em wantaim famili bilong en long Isip na Kenan, ol inap dai taim ples i drai na nogat kaikai (Stat 41.33-57). Sapos wanpela hauslain i wok bung wantaim long sevim mani, em isi long stap wanpela hauslain i gat ol samting em i laikim. Em long dispela as mipela i gat, long planti ples, manmeri i wok bung wantaim long putim mani long beng o long wanpela sosaiti i save lukautim gut mani bilong ol. Mani hauslain i sevim wantaim i helpim insait long dispela hauslain long stap gut. Sapos yumi wok hat long kisim mani na sevim sampela, yumi yet ken i gat gutpela laip na yumi gat samting long helpim ol arapela tu.

Ol askim bilong toktok wantaim

- * Wonem samting mi inap long mekim gut? Olsem wonem mi ken yusim ol dispela samting long kisim inap samting long lukautim mi yet?
- * Olsem wonem mi ken helpim famili bilong mi yet na ol arapela famili long hauslain bilong mi?
- * Husat ol manmeri long hauslain i sot long samting ol i laikim? Olsem wonem mi ken helpim ol, na hauslain bilong mi ken helpim ol olsem wonem?
- * Olsem wonem yumi ken yusim mani bilong yumi yet na mani grup bilong yumi i gat long bringim gutpela save na tingting bilong God long ol arapela?

7.4 Moning lotu namba 4:

Sapos yu gat inap samting, dispela i winim wanpela pati

Tok bilong God i gat planti samting long lainim yumi long samting bilong kaikai. Em i skulim yumi olsem wonem yumi ken kisim inap kaikai, na olsem wonem yumi ken putim sampela i stap bilong yusim bihain. Em tu i soim yumi ol gutpela samting i stap insait long kaikai na bilong wonem em i gutpela long skelim kaikai wantaim ol arapela.

Ritim Buk Song 65. Dispela tok i soim yumi long God i gutpela, na em i save givim yumi olgeta samting yumi laikim. Dispela Buk Song i toktok long God i givim yumi ren inap long ol gaden, na kaikai i ken gro gut na karim planti kaikai long yumi ken kaikai. Long Buk Song 68.104 na 107 yumi ken ritim wankain tok.

Josep (Stat 41) i bin kisim gutpela tingting long bungim kaikai long taim bilong planti ren, olsem na ol i no sot long kaikai long taim bilong san. Man i raitim Buk Saveman i tok 5-pela taim olsem long yumi mas kaikai na dring na amamas, long wonem, kaikai em i presen i kam long God. God i givim ol wel pisin (quail) long kaikai na ol arapela kaikai olsem bret (mana) long ol Israel long ples nating. Ritim Kisim Bek 16.

God i mekim wankain long yumi na givim yumi planti kaikai tude. Em isi tru long lusim tingting olsem kaikai yumi groim o mani yumi kisim long baim kaikai i kam long God. Yumi inap kisim traيم long bungim planti mani na kaikai. Taim yumi gat planti kaikai o mani bilong yumi yet, yumi no mas lusim tingting olsem dispela ol samting i kam long God. Yumi laik givim samting long ol manmeri i stap klostu raun long yumi na i sot long samting. Long stori bilong ol Israel (Lo 6 na 8) Moses i givim tok lukaut long ol manmeri na i tok olsem, "Taim yupela i kaikai na pulap, yupela no

ken lusim tingting long Bikpela em God bilong yupela". Long stori bilong maniman (Luk 12) Jisas i tokim yumi olsem yumi no mas bungim tumas mani o samting long yumi yet, na yumi no mas lusim tingting long helpim ol arapela.

Em i gutplea olsem insait long dispela trening skul, mipela i tingting long mekim samting inap long yumi ken i gat inap kaikai, inap long olkain kaikai i helpim bodi gut, na yumi mas plenim gut samting pastaim. Dispela wok bilong kisim inap kaikai long yumi yet na long ol arapela, long kain ples olsem PNG we sampela taim i gat planti kaikai na narapela taim kaikai i sot, em i hap wok God i laikim yumi long mekim.

Yumi mas laikim God tru na dispela bai i kirapim yumi long helpim ol pren na wanlain bilong yumi i no mas sot long kaikai na ol samting, na ol tu i ken givim tenkyu long Papa God.

Oi askim bilong toktok wantaim

- * Long stori i stap long Kisim Bek sapta 16, painimaut olsem wonem ol binatang nogut i bin pulap long kaikai God i bin givim long ol Israel na ol i no inap kaikai sapos ol i holim i stap longpela taim. Yumi mas tingim wonem long holim bek ol kaikai yumi no mas kisim?
- * Ritim 2 Korin 8.13-15. Tingim na toktok long husat i gat planti kaikai long hauslain bilong yu na husat i sot long kaikai. Toktok olsem wonem yupela i ken seklim gut ol kaikai na wanpela bai i no mas sot na olgeta i ken stap gut.
- * Prea long God i ken kirapim yumi long helpim husat i sot long kaikai insait long kantri bilong yumi na long ol arapela kantri tu.

7.5 Moning lotu namba 5:

Mekim hauslain i kamap gutpela ples bilong i stap

Planti Kristen grup i wari long kristen laip na long bodi bilong ol.

- * Wonem bikpela samting mipela Kristen inap wari long en?
- * Yumi lainim wonem samting insait long Baibel long dispela samting?

Wonem ol bikpela wari bilong Jisas? Ritim Luk 4.18-20.

Hia Jisas i tokaut nambawan taim long wonem as em i bin kam long graun olsem man. Profet Aisaia tu i bin raitim dispela tok planti handet krismas bipo long Jisas i kamap (Aisaia 61.1-2). Wonem em i as tru long Jisas i bin kam long dispela graun? Jisas i bin tok wonem? Ating em i tok long em i bin kam bilong helpim ol manmeri long samting bilong spirit, a? O em i bin kam bilong helpim ol long samting bilong bodi, olsem kaikai na dring? O em i laik helpim tupela wantaim?

Wonem em bikpela wari bilong yumi? Ritim Luk 10.27.

Oi Kristen lida husat i wok long mekim hauslain i kamap gutpela mas tingim wonem Jisas i bin tok na mekim, na traime long mekim wankain tu. Yumi laikim God olsem wonem? Dispela tok long laikim narapela man i stap klostu long yu long wankain pasin olsem yu laikim yu yet i gat wonem mining? Yumi wari tru long ol arapela i stap olsem wonem, ol i stap gut na strong long bodi na long spirit wantaim?

Jisas i bin wari long bodi na sol bilong ol man wantaim. Em i oraitim sik bilong ol man, na em i autim tok na skulim ol manmeri. Yumi tu mas wari long bodi na sol bilong ol man. Taim Jisas i salim 12-pela disaipel bilong en long go autim tok, na skulim na lukautim ol arapela, em i tokim ol long oraitim sik na helpim ol arapela na painimaut ol i orait o nogat, na tu, ol i mas autim gutnius bilong Jisas Kraist long ol.

Bai yumi mekim dispela olsem wonem? Ritim Matyu 28.19-20.

Dispela hap tok em soim wok misin long yumi. Em i samting ol Kristen i mas mekim. God i tokim yumi long mekim na yumi mas bihainim dispela tok! Yumi laik traime long mekim laip bilong

ol manmeri i kamap gutpela insait long hauslain. Na tu, yumi laik serim wantaim ol wonem mipela save na bilip long God, inap ol tu i ken kisim save long em.

Em i gutpela long traيم long kamapim gutpela rot bilong ol manmeri i ken lukautim ol yet na hauslain bilong ol. Na yumi laik tokim ol tu long laikim bilong God. Tupela wantaim i bikpela samting long yumi mas mekim. Sapos yumi traيم long mekim wanpela bilong ol dispela wok tasol, na yumi no mekim narapela tu, mipela bai no inap mekim gutpela wok tru. Tupela i mas kamap wantaim.

OI askim bilong toktok wantaim

- * Wonem ol samting i bikpela long yu?
- * Tingim olsem wonem yu inap mekim samting bilong helpim gut long famili na hauslain bilong yu.

7.6 Moning lotu namba 6: Lukautim samting God i bin mekim

Long Stat 1.22 God i bin tok olsem, "Yupela ol kain kain samting bilong solwara, yupela i mas kamap planti na pulapim olgeta hap bilong solwara. Na yupela ol pisin, yupela i mas kamap planti long graun." God i pulimapim skai, graun, na solwara wantaim planti kain kain samting i gat laip! "Bikpela, yu bin wokim planti samting. Yu gat bikpela save na yu mekim olgeta dispela samting. Ol samting yu bin wokim i pulap tru long dispela graun" (Buk Song 104.24). Long wonem long olgeta gutpela samting God i bin wokim, olgeta samting i gat laip i laik litimapim em na tok olsem em i Bikpela. (Buk Song 148).

Ritim Jon 3.16 na Buk Song 104

Olsem wonem God i save laikim olgeta samting em i bin wokim?

Ritim Stat 6-9

God i mekim wonem, taim man i stat long mekim samting i rong?

Em i promisim laip i stap gut oltaim oltaim long ol manmeri i bilip tru long Jisas (Jon 3.16), tasol em i tok long bagarapim ol manmeri i bagarapim graun (Kamapim Tok Hait 11.18).

God i laik long yumi mas lukautim samting em i bin wokim.

Ritim Esekiel 34.17-19

Dispela tok i soim yumi wonem samting? Na olsem wonem bai yumi lukautim samting God i bin wokim? Olsem wonem bai yumi tingim na helpim long ol arapela manmeri na ol arapela samting i gat laip?

God i wokim olgeta samting na holim olgeta samting wantaim insait long Jisas (Kolosi 1.15-20), olsem na olgeta samting i bilong em yet. God i save bringim mipela long gutpela kaikai na klinpela wara (Buk Song 23). Dispela graun em i bilong God wanpela tasol (Buk Song 24.1). Yumi no ken holim bilong yumi yet ol samting em i bin givim long yumi. Yumi mas traيم long serim wantaim olgeta lain na yumi no ken holim bilong yumi yet. God i givim ol dispela samting long yumi olgeta na i no bilong wanwan tasol.

Yumi mekim wonem bilong lukautim olgeta samting i gat laip na God i bin wokim? Yumi laik kisim olgeta samting long yumi yet tasol? (Matyu 6.33). Olgeta plaua, na pisin, na ol arapela abus i save stap long graun, ating ol i ken stap yet long graun bilong yumi o long hauslain bilong yumi, a? Yumi save was na olgeta kain kain diwai samting papa na mama bilong yumi i bin yusim pastaim olsem kaikai na marasin i gro yet? Ating gaden bilong yumi em i ples we olgeta samting i gat laip na God i bin wokim i ken stap na gro gut? Sapos yumi save lukautim ol samting gut, dispela i soim long yumi laikim God tru na yumi amamas tru long olgeta samting em i bin wokim.

OI askim bilong toktok wantaim:

- * Wonem sampela samting i ken bagarapim graun bilong yumi na yumi no mas mekim?
- * Yumi ken mekim wonem na yumi no bagarapim graun bilong yumi?

8 Go ova na askim gen, Traim save pepa, Ripot pepa na Setifiket

8.1 Oi askim bilong sekim save bilong ol manmeri - Hap 1

Oi askim long lukim sapos ol manmeri i tingim yet wonem ol i bin lainim long hap 1 bilong trening skul (bekim i stap long breket)

- I gat wonem kain pato long PNG? (Rouen, Khaki Campbell, White Campbell, Maskovi)
- Hamas kiau wanpela Maskovi meri pato inap putim insait long wanpela krismas? (90)
- Givim 3-pela as bilong wonem Maskovi pato i gutpela bilong ol PNG ples? (Strongpela, gutpela long sindaun antap long kiau, gutpela long lukautim kaikai bilong ol yet, ol i no usimg raun wara long bung gut)
- Tokaut long 4-pela gutpela samting baiyu kisim sapos yu luakutim Maskovi pato? (Kiau, mit, pekpek bilong ol, mani)
- Tokaut long 4-pela samting ol pato fama i mas mekim sapos ol i laik kamap gutpela fama? (Givim kaikai tupela taim long wanpela de, givim inap wara long ol pato, haus bilong pato i mas i stap klin (pekpek bilong ol i go insait long gaden long helpim lip bilong grin krop long gro strongpela), lainim samting long ol arapela pato fama, tokim wanpela long lukautim pato bilong yu sapos yu go long narapela hap long stap sampela de)
- Hamas bikpela pato yu ken lukautim insait long 2m x 2m haus pato bilong yu? (10-pela)
- Wonem 4-pela bikpela hevi inap bagarapim pato bisnis bilong yu? (Stilim pato, yu no givim kaikai gut, taim ol liklik pato i kamap wet, ol mama pato i kaikaim kiau bilong ol na man pato i kilim ol liklik pato)
- Tokaut long 5-pela as bilong wonem yu laikim haus pato? (Long ol pato i no ken bungim birua (ol pik, ol pisin), pato ino pret taim em sindaun antap long kiau bilong en, haitim ol long stilman, haitim ol long san, haitim ol long wet na kol graun, isi long bungim kiau long moning)
- Bilong wonem ol mama pato i laikim bokis bilong putim kiau? Givim 2-pela as. (Arapela pato i no ken brukim kiau, mama pato i save laikim ples i tudak na i nogat nois long sindaun antap long kiau bilong en)
- Bilong wonem yu laikim bokis bilong kamapim ol bebi pato? Givim 3-pela as. (Haitim ol liklik pato, isi long ol ken stap hot liklik, isi long givim gutpela kaikai long ol na long lukautim ol gut)

8.2 *Oi askim bilong sekim save bilong ol manmeri - Hap 2*

Ol askim long lukim sapos ol manmeri i tingim yet samting ol i bin lainim long hap 2 bilong trening skul

- Wonem hap yu ken holim pato? (long nek)
- Yu bai luk save luksave olsem wonem em i man pato na em i meri pato taim ol i liklik yet? (Long man pato samting bilong pispis (kok o penis) i olsem sais bilong nidel long rot bilong pekpek)
- Pato i bikpela pinis. Yu bai lukim wonem na save husat em i man na husat em i meri pato taim ol i bikpela? (Man pato i bikpela na i winim bikpela bilong meri pato, man pato i gat strongpela retpela bilas)
- Ol liklik pato i mas kisim wonem kain kaikai? (Kaukau i kuk pinis, tapiok o taro (eneji kaikai), binatang, ol liklik snek bilong graun, bin i kuk pinis, na sapos i gat, stok fid (protin kaikai), olkain kumu i kuk pinis (kaikai bilong pait long sik)
- Wonem kain kaikai i save helpim meri pato long strongim sel long kiau? (Paura bilong waitpela ston (limestone), olpela na drai sel bilong kiau, waitpela ston bilong solwara (corals), wesan bilong wara)
- Bilong wonem planti liklik pato i save dai long ples? (wet na kol, ol dok)
- Wonem kain kaikai i save helpim bodi bilong yumi long gro? (protin kaikai)
- Wonem kain kaikai i save givim strong long bodi bilong yumi long mekim wok? (eneji kaikai)
- Wonem kain kaikai i save helpim bodi bilong yumi i no ken kisim sik? (kaikai bilong pait long sik)
- Bihain long hamas mun ol pato i save kamap bikpela pinis? (4-pela mun)
- Bihain long hamas mun ol meri pato i save stat long putim kiau? (8 -10 mun)
- Hamas kiau wanwan meri pato i save putim pastaim long em i sindaun antap long ol kiau? (10-20 kiau)
- Yu ken mekim wonem long stopim mama pato long kaikaim ol kiau bilong em yet? (wokim giaman kiau long kle na putim kiau tru i go longwe inap pato i redi long sindaun antap long kiau)
- Olsem wonem yu ken luksave sapos i gat wanelpa o sampela kiau nogut namel long ol planti gutpela kiau we mama pato i wok long sindaun long en bilong kamapim ol liklik pato? Na yu bai mekim wonem long ol kiau nogut? (Kiau nogut i gat blupela o blakpela mak na yu mas tromoi ol i go)
- Bilong wonem yu mas wokim wanelpa bokis bilong putim ol bebi pato? (Bilong haitim ol long ol arapela bikpela pato na long olkain birua, long holim ol long wanelpa ples i hot na long givim gutpela kaikai long ol long taim ol i kamap inap long ol i gat 4-6 wik)
- Hamas taim yu lukautim plem i statim nupela. Ol gutpela pato fama em ol manmeri husat i traيم yet, wok hat na oltaim traيم long lainim moa na moa samting long lukautim ol abus.
- Hamas taim yu lukautim ol liklik pato insait long bokis bilong ol? (4-6 wik)
- HIV i makim wonem samting? (Human Immuno Virus)
- AIDS i makim wonem samting? (Acquired Immune Deficiency Syndrom)
- Olsem wonem bai yu stopim HIV/AIDS? (Stop long slip wantaim narapela man o meri, stap gut long man o meri bilong yu yet, yusim kondom (gumi)
- Olsem wonem yu ken mekim gut long graun bilong yu? (Yusim kompos, yusim pekpek bilong ol abus, mekim malsim, planim ol diwai i save mekim gut long graun (yar, kasuarina)

8.3 Traim save pepa - Hap 1 (*lukim ol bekim i stret long pes136*)

Traim save pepa, hap 1 bilong pato skul

Nem: _____

1. Wonem kain pato em i isi long lukautim long ples?

- a) Maskovi
- b) Khaki Campbell
- c) Rouen
- d) Olgeta kain pato

2. Husat long famili i mas lukautim pato?

- a) Man tasol
- b) Meri tasol
- c) Oi pikinini tasol
- d) Olgeta famili wantaim

3. Raitim 4-pela gutpela samtingyu bai kisim saposyu lukautim ol pato:

1. _____
2. _____
3. _____
4. _____

4. Raitim 4-pela samtingyu mas mekim long kamap gutpela pato fama:

1. _____
2. _____
3. _____
4. _____

5. Yu bai tingim long wonem samting taimyu wokim haus pato?

- a) Wara na kaikai
- b) Kaikai, ples kol, wara, lait, stilman, graun bilong husat, ol pik
- c) Lait insait long haus
- d) Oi stilman tasol

6. Wonem ol bikpela hevi inap bagarapim pato bisnis bilongyu?

- a) Stilim
- b) Yu no givim kaikai gutna ol pato i kaikaim kiau bilong ol yet
- c) Oi liklik pato i waswas long wara o ren na i dai long wonem ol i kisim kol
- d) Olgeta bekim i tru (stilim, i no kaikai gut, ol liklik pato i wetna kisim kol)

7. Bilong wonemyu mas i gat bokis bilong mama pato wantaim ol liklik pato?

- a) Long haitim ol mama pato na ol liklik pato long snek na rat
- b) Long helpim ol liklik pato i ken gro hariap
- c) Long haitim mama, kiau na ol liklik pato long arapela bikpela pato,
na long givim gut kaikai long ol
- d) Long was na lukluk ol i gro olsem wonem

8. Hamas bikpela patoyu ken lukautim insait long haus patoyu bin wokim (2 m x 2 m)?

- a) 2-pela
- b) 5-pela
- c) 10-pela
- d) 20-pela

8.4 Traim save pepa - Hap 2 (*lukim ol bekim i stret long pes 136*)

Traim save pepa, hap 2 bilong pato skul

Nem: _____

1. Olsem wonem yu save husat Maskovi pato em i pato man?
 - a) Gras bilong en i pundaun long tel
 - b) Em i gat retpela pes
 - c) Em i gat retpela lek
 - d) Em i gat retpela pes, longpela lek na i bikpela moa olsem meri pato
2. Hamas taim yu mas givim klinpela wara long ol pato?
 - a) Wanwan de
 - b) Wanwan wik
 - c) Taim ol pato i mekim nois
 - d) Taim ol pato i redi long putim kiau
3. Wonem kain kaikai bai yu givim long ol liklik pato bilong yu (liklik pato i gat 0 - 6 wik)?
 - a) Kaukau tasol
 - b) Nupela (fresh) pis o tin pis
 - c) Kon na kumu
 - d) Balens kaikai olsem kumu, kon, bin, na sapos i gat, stok fid
4. Wonem kain kaikai yu ken givim bilong stopim ol pato na ol i no ken kaikaim kiau bilong ol yet?
 - a) Gris na oil long stua
 - b) Poteto skin na sol
 - c) Sel bilong ol kiau yu bin kukim na kaikai
 - d) Kopi (Nescafe)
5. Meri pato bai winim hamas mun pastaim, na bihain tasol em i putim kiau?
 - a) 1 mun
 - b) 3 mun
 - c) 9-12 mun
 - d) 15 mun
6. Wonem ples i gutpela bilong putim bokis bilong ol bebi pato?
 - a) Insait long haus bilong yu we yu save kuk na kaikai long en
 - b) Insait long toilet haus bilong yu
 - c) Insait long gaden haus bilong yu
 - d) Insait long haus pato bilong yu
7. Ol gutpela kiau i luk olsem wonem taim mama pato i sindaun antap long ol?
 - a) Ol i blupela o i gat kain kain blupela mak
 - b) Ol i waitpela na klinpela
 - c) Ol i yelo
 - d) Ol i doti na i gat blakpela mak
8. Bilong wonem yu mas i gat bokis bilong mama pato wantaim ol liklik pato?
 - a) Long lukautim ol mama pato na ol liklik pato long snek na rat
 - b) Long helpim ol liklik pato i ken gro hariap
 - c) Long lukautim mama, kiau na ol liklik pato long ol arapela bikpela pato,
na long givim gut kaikai long ol
 - d) Long was na lukluk ol i gro olsem wonem
9. Wonem taim bai yu putim bokis bilong putim kiau insait long bokis bilong bebi pato?
 - a) Taim olgeta liklik pato i brukim sel pinis na kam ausait long kiau
 - b) Taim mama pato i sindaun antap long kiau
 - c) Pastaim long mama pato i stat long sindaun antap long kiau
 - d) Taim bokis bilong putim kiau i stap nating na i no gat kiau i stap insait long en

8.5 Ripot Pepa / Askim Pepa

Raitim tripela samting yu bin laikim long dispela pato skul.

1.

.....

2.

.....

3.

.....

Raitim wampela samting yu no bin laikim long dispela skul

1.

.....

.....

Wonem samting long dispela skul yu bai mekim gutpela moa sapos yu yet kamap tisa?

.....

.....

.....

.....



**The Salvation Army
Training Duck Farming**

Certificate

This is to certify that _____ has successfully

completed the training course in Duck farming in Oiyana,

29th July to the 2nd of August 2002.

Dispela pepai tok olsem, _____ em i bin trenim

na kamap guttpela tisa long lukautim pato.

Trening i bin kamap long Oiyana long de 29 long 7 mun i go long de 2
long namba 8 mun long krismas 2002.

Janet Nehaya
Teacher

Anis Libaba
Teacher

John Hagen
Program Assistant

9 OI toktok bilong lukautim Maskovi pato na arapela toksave long samting i stap insait long dispela hanbuk

9.1 OI adres

The Salvation Army Agricultural Development Program, P.M.B. 3, Kainantu,
Phone/Fax: (675) 737 1274, Email: salvo@datec.com.pg

The Salvation Army PNG Social Services, P.O. Box 1323, Boroko N.C.D.,
Phone: 321 6000 or 325 5522, Fax: 321 6008 or 325 3534

The Salvation Army HIV/AIDS Program, P.O. Box 1323, Boroko N.C.D.,
Phone: 321 6000 or 325 5522, Fax: 321 6008 or 325 3534

National Agricultural Research Institute, Headquarters, P.O. Box 4415, Lae 411,
Phone: 472 1751, Fax: 472 2242, Email: nari@datec.net.pg

National Agricultural Research Institute, Livestock Research Programme Labu, P.O. Box 1639,
Lae 411, Phone: 475 1066, Fax: 475 1248, Email: pikah@global.net.pg

Lutheran Development Services, P.O. Box 291, Lae 411,
Phone: 472 1122, Fax: 472 1638, Email:

Department of Agriculture and Livestock ERAP Research Development Center, P.O. Box 1984,
Lae 411, Phone: 474 9333, Fax: 474 9301, Email:

Department of Agriculture and Livestock, P.O. Box 417, Konedobu, National Capital District,
Phone: 320 2133, Fax: 321 4364, Email:

Liklik Book Information Centre Lae, ATCDI Unitech, PMB Lae,
Phone: 473 4781, Fax: 473 4303, Email:

PNG National AIDS Council Secretariat (NACS), P. O. Box 1345, Boroko N.C.D.
Phone: 323 6161, Fax: 323 1619, Email: nacs@nacs.org.pg

PNG University of Technology, Department of Agriculture, PMB Lae
Phone: 473 4451, Fax: 475 7373

9.2 Websites i helpim long PNG

AESOP ... <http://www.aesop.org.au>

AT projects ... <http://www.global.net.pg/atprojects>

ACIL ... <http://www.acil.com.au>

BESO ... <http://www.beso.org>

Conservation Melanesia ... <http://www.ngo.org.pg/conmel>

Eco-Forestry Forum ... <http://www.ecoforestry.org.pg>

ICRAF ... <http://www.ngo.org.pg/icraf/>

NANGO ... <http://www.ngo.org.pg/nango>

NRI ... <http://www.nri.org.pg/>

Partners with Melanesians ... <http://www.ngo.org.pg/pwm>

PNG Trust ... <http://accu.topica.ne.jp/literacy/pngtrust/j.htm>

POM City Mission ... <http://www.ngo.org.pg/pmcm/>

Timber and Forestry Training College ... <http://www.tftc.org>

Village Development Trust ... <http://www.global.net.pg/vdt/>
Volunteer Service Abroad ... <http://www.vsa.org.nz>
World Vision PNG ... <http://www.global.net.pg/wvision/>
VSO ... <http://www.vso.org.uk>
UNDP Papua New Guinea ... <http://www.undp.org.pg>
Papua New Guinea University of Technology Lae: www.unitech.ac.pg

9.3 OI buk

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Bostid, Microlivestock: Little-Known Small Animals with a Promising Economic Future, Chapter: 9 Maskovi,

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Email: footsteps@tearfund.org

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10 Tul bokis na ol lista bilong sekim ol material

10.1 Tul bokis

Gutpela tulbokis bilong mekim trening skul i gat ol dispela samting insait:

Ol tul bilong wok kamda

- 5 hama
- 3 plaias
- 2 sisis bilong katim tin
- 3 so
- 2 bus naip
- Nil long wokim haus pato,bokis bilong putim kiau na bokis bilong bebi pato

Ol samting long usim long skul

- Blakbot o waitbot
- Bikpela wait pepa
- Waitbot maka na ol maka tru
- Abus bilong soim
- Ol poto na droing
- Taimtebol bilong trening skul
- Ol rul bilong skul
- Ol not buk
- Hanbuk bilong tisa
- Ol pepa we yu bin raitim ol poin yu laik tokaut long en

Arapela tul

- 6 naip bilong kilim pato
- Kamera bilong kisim poto long skul

10.2 Lista bilong ol samting yu mas kisim long 20 manmeri long trening skul, Hap 1

Ol samting bilong tisa

- Blakbot o waitbot
- Sok o waitbot maka
- Pepa bilong karamapim mit i kat pinis
- Strongpela maka
- Trening skul taimtebol
- Trening skul rul
- Naip bilong kilim pato
- 20 nem tek
- Nem list bilong ol manmeri
- 20 traím save pepa
- 20 setifiket
- Kamera
- Sapos ol i laik, sel bilong wokim wanpela klasrum

Ol samting bilong ol manmeri

- Tul bokis bilong wok kamda (lukim poin 5.1.1)
- 20 not buk o eksasais buk
- 20 pen o pensil
- 20 liklik buk i gat stori bilong “Lukautim Pato”
- 20 paket nil bilong wokim haus pato. Wanwan paket i mas i gat:
25 x 4 ins nil, 30 x 3 ins nil na 30 x 2 ins nil.
- 20 paket nil bilong wokim bokis bilong bebi pato na bokis bilong putim kiau.
Wanwan paket i mas i gat: 30 x 3 ins nil, 30 x 2 ins nil, 50 x 1 ins nil
- Long wanwan manmeri, 4-pela liklik hap taia long wokim hinsis bilong dua
- 20 hap kakaruk mes waia (60 cm x 400 cm)

Belo kaikai bilong ol manmeri i stap long skul

- 4 kg rais long wanwan de
- 4 paket nudel long wanwan de
- 2 tin pis (500 gr) o 2 tin mit (500 gr) long wanwan de
- 100 ti bag long wanpela wik
- 1 kg suga bilong wanwan de
- 1 paket paura susu (250 gr)
- 2 kg plaua i gat beking paura insait long praim skon long wanwan de
- 1 lita oil long wanwan de
- Sol, soya sos
- Sapos ol i laik, Praipan, sospen, ol tul bilong kukim kaikai (naip), plet, kap na spun
(Moning na apinun kaikai bilong ol tisa i no stap insait long dispela lista,
ol i mas painim kaikai bilong ol yet)

Kago bilong tisa

- | | |
|---|--|
| <input type="checkbox"/> Han bek | <input type="checkbox"/> Toilet pepa |
| <input type="checkbox"/> Bek bilong slip insait o blanket | <input type="checkbox"/> Klos bilong sensis |
| <input type="checkbox"/> Pilo | <input type="checkbox"/> Tos |
| <input type="checkbox"/> Sop | <input type="checkbox"/> Kolmen Kerosin lam na spea mantel/generator |
| | <input type="checkbox"/> Kerosin |

10.3 Lista bilong ol material yu mas kisim long 20 manmeri long trening skul, Hap 2

Ol samting bilong tisa

- Blekbot o waitbot
- Sok o waitbot maka
- Pepa bilong karamapim mit ol i katim pinis
- Strongpela maka
- Trening skul taimtebol
- Trening skul rul
- 20 nem tek
- Lista bilong ol manmeri
- 20 traim save pepa
- 20 ripot pepa
- 20 setifiket
- Kamera
- Sapos ol i laik, sel bilong wokim wanpela sel haus

Ol samting bilong ol manmeri

- 40 meri pato na 20 man pato
- 20 plastik bek wantaim 1 kg stok fid
- HIV/AIDS infomesen material samting

Belo kaikai bilong ol manmeri i stap long skul

- 4 paekt rais long wanwan de (sapos yu givim belo kaikai)
- 4 paket nudel long wanwan de
- 2 tin pis (500 gr) o 2 tin mit (500 gr) long wanwan de
- 100 ti bag long wanpela wik
- 1 paket suga long wanwan de
- 1 paket susu paura (250 gr)
- 1 paket plaua i gat beking paura insait bilong wokim skon long wanwan de
- 1 lita oil long wanwan de
- Sol, soya sos
- Sapos ol i laik, praipan, sospen, ol tul bilong kukim kaikai (naip), plet, kap na spun
(Moning na apinun kaikai bilong ol tisa i no stap insait long dispela lista,
ol i mas painim kaikai bilong ol yet.)

Kago bilong tisa

- Han bek
- Bek bilong slip insait o blanket
- Pilo
- Sop
- Toilet pepa
- Klos bilong senis
- Tos
- Kolmen Kerosin lam wantaim spea mantel na jenereta
- Kerosin

10.4 Lista bilong sekim ol samting bilong namba 2 hap bilong pato skul

Ol samting bilong tisa

- Blekbot o waitbot
- Sok o waitbot makim pen
- Pepa bilong karamapim mit ol i katim pinis bilong raitim stori bilong pato
- Strongpela makim pen
- Trening skul taimtebol
- Lista bilong ol manmeri
- Kamera
- Sapos ol i laikim, sel bilong wokim sel haus

Material bilong ol manmeri

- Sampela meri na man pato bilong salim
- Sampela stok fid bilong salim

Belo kaikai bilong wanpela de (belo kaikai long 1-pela de tasol)

- 4 paket rais
- 4 paket nudel
- 2 tin pis (500 gr) o 2 tin mit (500 gr)
- Ti bag na suga bilong wanpela ti taim
- Sol, soya sos
- Sapos ol i laikim, praipan, sospen, ol tul bilong kukim kaikai (naip), plet, kap na spun

Kago bilong tisa

- Han bek
- Bek bilong slip insait o blanket
- Pilo
- Sop
- Toilet pepa
- Klos bilong senis
- Tos
- Kolmen Kerosin lam wantaim spea mantel na jenereta
- Kerosin

11 Ol arapela samting bilong yusim

11.1 Sevei pepa long yusim long taim bilong go lukim ol fama pastaim long namba 2 hap bilong pato skul i kamap

Pato Fama Sevei / Nem: _____ Viles: _____ De: ___ / ___ / ___

1. Hamas pato fama i wok long lukautim?

* Bikpela meri pato: _____

* Bikpela man pato: _____

* Ol liklik pato: _____

2. Hevi (kg) bilong ol meri na man pato i save kamapim ol liklik pato?

* Meri Pato 1: _____ Man Pato 1: _____

* Meri Pato 2: _____ Man Pato 2: _____

* Meri Pato 3: _____ Man Pato 3: _____

3. Ol bikpela na liklik pato i gat sik o nogat? Ol i luk naispela na strong?

4. Haus pato i gutpela o nogat?

Klin gut tru na naispela Klin na naispela Doti na pulap long pipia

Arapela tok yu laik mekim:

5. Fama i save larim ol bikpela pato i go ausait long haus pato?

Olgeta taim (moning i go apinun)

Sampela taim (2-4 aua long wanwan de)

Liklik taim (1-pela aua samting long wanwan de)

Arapela tok yu laik mekim:

6. Pinisim dispela tebol na raitim wonem yu bin lukim long ol kaikai samtinglong haus pato

	Planti kaikai	Liklik kaikai	Nogat kaikai	Kumu tasol	Kaukau Suga	Wara
Haus 1						
Haus 2						

7. Kain kain hevi bilong ol fama na tingting bilong ol

11.2 Oi bekim bilong Traim save pepa

Oi bekim i stret bilong traim save pepa hap 1:

- 1) a, 2) d, 3) lukim sapta 4.3.3, 4) lukim sapta 4.3.3, 5) b, 6) d, 7) c, 8) c.

Oi bekim i stret bilong traim save pepa hap 2:

- 1) d, 2) a, 3) d, 4) c, 5) c, 6) a, 7) b, 8) c, 9) b.

11.3 Tok save pepa bilong HIV/AIDS

Plis lukim tupela narapela pes

Ripot pepa i tokaut long hanbuk bilong pato

- 1. Toksave bilong yu yet** - yu no mas raitim nem na adres bilong yu (ol samting long poin 1) sapos yu no laik:

Nem bilong yu: _____

Wok bilong yu: _____

Ples wok bilong yu: _____

Adres: _____

Telepon: _____

Fax: _____

Email: _____

- 2. Yu yusim dispela hanbuk olsem wonem?**

- Ritim tasol
- Yusim long trening skul (o senisim liklik tasol)
- Yusim hap bilong hanbuk long narapela het tok bilong skul

Sapos yu bin yusim dispela hanbuk long ronim wanpela kain skul, inap yu salim dispela pepa wantaim wanpela kopi bilong plan o taimtebol bilong dispela trening skul, plis.

Plis raitim ol arapela tingting olsem wonem yu bin yusim dispela hanbuk: _____

- 3. Ol samting i stap long hanbuk**

- | | | | | |
|--|--------------------------|-----|--------------------------|-------|
| 3.1 Tupela hap bilong hanbuk i bung gut, a? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.2 I gat sampela hap i mas kamap sotpela moa? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.3 I gat sampela hap i mas kamap longpela moa? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.4 I gat sampela hap i no mas stap insait? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.5 I gat sampela het tok yu laik mipela putim insait yet? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.6 Ol tok i stap long buk inap kamap gutpela moa? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.7 Tok i stap long dispela buk i klia na yu kisim gut, a? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 3.8 Yu bin yusim tok Pisin buk, a? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |



Yu gat arapela tingting yu laik autim o yu laik tokaut long as bilong ol bekim bilong yu, a?
Plis raitim ol dispela tingting long hia:

4. Lukluk (layout) bilong hanbuk

- | | | | | |
|---|--------------------------|-----|--------------------------|-------|
| 4.1 Lukluk bilong hanbuk inap kamap gutpela moa? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 4.2 Raiting i gutpela na isi long ritim? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |
| 4.3 Ol piksa i gutpela na makim stret ol samting? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | Nogat |

Yu gat arapela tingting long lukluk (layout) bilong dispela hanbuk?

Sapos yes, plis raitim long hia:

5. Ol arapela toktok na tingting

Yu gat arapela toktok o tingting? Sapos yes, plis raitim long hia:

Plis salim dispela pepa i go long:

The Salvation Army

P.M.B. 3

Kainantu, EHP

Papua New Guinea

Email: salvo@datec.com.pg